



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

## Division of Wellness & Health Promotion January 2014

### Programs

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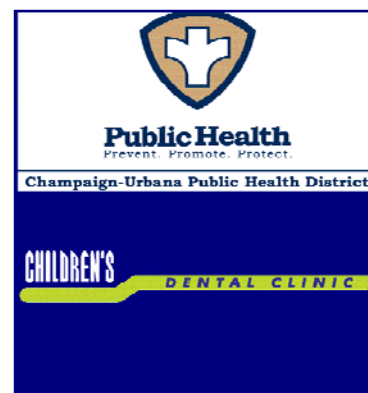
# CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

<b>Champaign Visits</b>	<b>CU and Co. Combined</b>
New Patient	90
Visits by Patients of Record	497
<b>Total Patient Visits</b>	<b>587</b>

**Total Procedures Performed** 2,800



**Number of Days Clinic Open** 19

# Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



<b>Urbana Visits</b>	
New Patient	14
Visits by Patients of Record	131
<b>Total Patient Visits</b>	<b>145</b>
Total Procedures Performed	410
<b>Number of Days Clinic Open</b>	<b>17</b>



## Mobile Program/School Sealants

January: Visited 3 Schools - 238 Exams, 128 Cleanings, 128 Fluorides, 337 sealants placed.



# Health Promotion

## Tobacco Programs

### Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

<b>CU</b>	# of Complaints	1
<b>County</b>	# of Complaints	0



### Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

### Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

<b>CU</b>	Checks	n/a	# of Sales	n/a
<b>County</b>	Checks	n/a	# of Sales	n/a

### Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

<b>CU</b>	Total # of people	n/a
<b>County</b>	Total # of people	n/a

### Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

<b>County</b>	# of times presented (Count complete programs, not sessions)	n/a	Total # of people served	n/a
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## Other Education Programs

### GERM BUSTERS



## Events

We finished Making Proud Choices for the County. The Program presented five times and had eighty-one participants.

We presented CATCH and the positive effects of physical activity on learning at Ludlow Elementary School. There were nine staff members who attended.

We presented at Urbana School Districts Winter Institute for Teachers.

We held a workshop at Fisher Grade School on how to pack a healthy lunch.

We held an amazing challenge kick-off at Parkland College.



## Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
<b>Number of Active clients</b>	328	193	425	286	<b>1232</b>
<b>New Clients Enrolled</b>	0	1	4	5	<b>10</b>
<b>Provider &amp; Community Outreach</b>	2	2	1	1	<b>6</b>

## January 2014

1/18/2014: January is Cervical Cancer Awareness Month. The Governor's Proclamation and links to Cervical Cancer Information were placed on the CUPHD website and provided to all local media.

1/9/2014: IBCCP presentation given for the 5 CUPHD WHP Health Education staff members.

\*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

of Champaign County women served.



Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Prairie & Southside Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- C-U Safe Routes to School Steering Committee
- Unity East & West, Leal, Thomas Paine, Wiley & Heritage Wellness Committee
- Urbana Bicycle Plan Steering Committee
- Coalition for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Coordinated School Health Grantee Meeting
- Healthy Champaign County
- Fisher Grade School Wellness Team Meeting



Please check out our informational websites.

[www.getcoveredillinois.gov](http://www.getcoveredillinois.gov)

<http://www.smoke-free.illinois.gov/>

[www.idph.state.il.us/about/womenshealth/ibccp/index.htm](http://www.idph.state.il.us/about/womenshealth/ibccp/index.htm)

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

[www.ifloss.org](http://www.ifloss.org)

[www.stock2forflu.com](http://www.stock2forflu.com)

[www.cdc.gov/cancer/nbccedp](http://www.cdc.gov/cancer/nbccedp)



# Wellness & Health Promotion Contacts

217-373-7901



<b>The Division of Wellness &amp; Health Promotion</b>	<b>Deb Fruitt</b> Director	531-2921
<b>Illinois Breast &amp; Cervical Cancer</b>	<b>Cathy Propst</b> Program Coordinator	531-2916
<b>Health Promotion</b>	<b>Nikki Hillier</b> Program Coordinator	531-2914
<b>Dental</b>	<b>Alicia Ekhoﬀ</b> Program Coordinator	531-4538
<b>Urbana School Health Center</b>	<b>Teresa Turner</b> Program Coordinator	531-2890

**Have questions about Wellness and Health Promotion?**

**Get more information on our website!**

<http://c-uphd/wellness-health-promotion.html>

<p><b>Nurses</b></p> <p>Judy Krumwiede Amy Johnson Bette Chapman</p>	<p><b>Dental Hygienists</b></p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Yasmin Gonzalez ,RDH</p>	<p><b>Health Educators</b></p> <p>Jennifer Jackson Talia Oakley</p> <p><b>Special Projects Coordinator</b></p> <p>Tara McCauley</p>
<p><b>Dentist</b></p> <p>Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS Yolanda Wright, DMD</p>	<p><b>Dental Assistants</b></p> <p>Marda Keys Lucero Olmedo</p>	<p><b>Administrative Assistant II</b></p> <p>Crystal Anderson Laura Shobe</p>
<p><b>Volunteers</b></p> <p>Nedra Brown</p>	<p><b>Interns</b></p> <p>Angela Lopez-HP Patricia Zavos-HP Samantha Mistar-IBCCP Syed Kausar-Dental Shashank Saxena-Dental Naimi Shah-Dental Vivian Castellanos-Dental</p>	<p><b>IBCCP Intake Specialists</b></p> <p>Leah Brunkow Christy Foster Cristina Dongo</p>
		<p><b>Dental Intake</b></p> <p>Karen Bryson Chauntiere Harden</p>