



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion November 2011

Programs

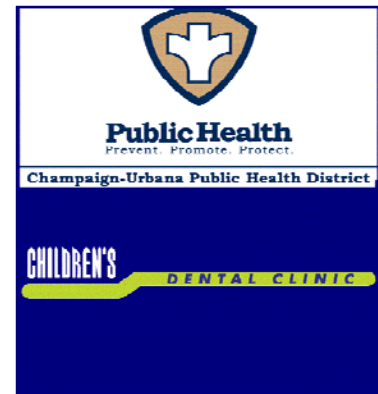
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	62	3
Visits by Patients of Record	385	7
Total Patient Visits	447	10
Treatment Provided		
Diagnostic & Preventative Care	1,051	
General Dental Care*	162	
	301	



Number of Days Clinic Open

19

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	24
Visits by Patients of Record	123
Total Patient Visits	147
Treatment Provided	
Diagnostic & Preventative Care	216
General Dental Care	61
	87
Number of Days Clinic Open	19

Oral Surgery

One Saturday morning each month, Cole Anderson, DMD, and Oral Surgery Resident to performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available. Dr. Anderson will complete his residency in May 2012 and Blake Kitamura, DMD, also an Oral Surgery Resident, will take his place with CUPHD.

November 5th Oral Surgery Clinic:

Priority was given to Urgent Treatment patients experiencing pain and/or infection. 6 patients were seen for 6 extractions. December 10th is the next Oral Surgery Clinic.

Special Events

C-U Cooperative Preschool:

Mansi Jailwala, UIUC Intern & Vivek Patel, UIUC Volunteer presented Taking Care of Your Teeth to 55 children and teachers at the C-U Cooperative Preschool.

Mobile Dental Clinics: 2011-12

During the 2011-12 School Year, Urbana Students in Grades PK - 6th and Champaign Students in Grades PK, K, 2nd and 6th will be eligible for Mobile Dental Services at their school. Through Medicaid Reimbursement and an IDPH Grant, students will receive an exam, dental cleaning, fluoride treatment, and dental sealants on the first and second permanent molars to seal out tooth decay.

During August School Registration all students in these grades will have the opportunity to complete a consent form allowing the CUPHD Mobile Dental Clinic to provide preventative dental care at school. Schools are contacted after registration to determine the best time to schedule their clinic.

All students treated during the clinics receive a Home Oral Health Care Kit that includes a toothbrush, toothpaste, and dental floss. Students are referred to CUPHD Dental Clinics to establish and Dental Home and receive continued follow up care.

Champaign, IL

Barkstall (EXT) September 7
Bottenfield March 26
BT Washington February 7
Carrie Busey February 15
Champaign EC Sept 27-30
Dr. Howard April 3
Edison Middle January 10
Franklin Middle January 17
Garden Hills December 13
Jefferson Middle January 24-26
Kenwood (EXT) September 13
Robeson April 10
South Side March 13
Stratton December 5-6
Westview February 21

Urbana, IL:

Leal Oct. 26, 27
ML King Oct. 12-14
Prairie Oct. 5-7
Thomas Paine Nov. 2, 3, 9
Urbana Middle Sept. 21-23
Washington (EC) Oct. 18-20
Wiley Elementary Nov. 16-18
Yankee Ridge Nov. 30, Dec. 1, 2

In November, 171 children were seen in their school for preventative dental care & 143 Dental Sealants were placed.

Adult Immunization

Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

Immunizations	C-U	Co	Other
Hepatitis A	1		
Hepatitis B	1	1	1
Polio	1		
Mumps, Measles, Rubella	6		
Tetanus and diphtheria	1		
Tetanus, diphtheria and acellular pertussis	5	3	
Hepatitis A and Hepatitis B	1		
Typhoid	1		
Varicella /chickenpox	5		
Flu/Pneumonia	12		
Total Immunizations for	34	4	1

39



Adult and Travel vaccines are available Monday & Wednesdays by appointment.
Call 531-2922
-Ask for Theresa



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	1
County	# of Complaints	1



Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.



CU	Total # of people	5
County	Total # of people	1

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	0	# of Sales	0
County	# of Attempts	6	# of Sales	3

Other Education Programs



CATCH Program

CATCH[®]

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

In the Media

Jennifer Jackson was interviewed on November 17 about the American Cancer Society's Great American Smokeout on WCIA. A link can be found here:

http://illinoishomepage.net/fulltext/?nxd_id=310817

Events

On November 3, Jennifer Jackson presented at the Human Services Council on the Illinois tobacco Quitline. Over 40 agencies were represented.

On November 3, we held a CATCH Refresher in-service for Unity West, all the faculty and staff were present.



A special event was held at Fisher Grade School. Volunteers from Alpha Phi Omega National Service Fraternity created signs requested by Fisher Grade School saying Eat More, Red, Green, Purple, etc., and the students wore those respective colors and posed for pictures.



On November 10, Booker T. Washington held a Wellness Fair. Fifty families attended. We had a display for germ and flu prevention. We also had a display to help students understand Go-Slow-and-Whoa foods.

The Great American Smokeout was November 17. Over 20 local agencies distributed over 400 Quit Kits in the area. The American Cancer Society's Great American Smokeout is an annual event that encourages smokers to stop smoking for just one day in the hopes they can build enough confidence to quit for more than a day.

Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	317			317				
Rescreened								
Threshold								
Referred	11			11				

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	236			236				
Rescreened								
Referred	13			13				
w/ Glasses	6			6				
w/ Glasses- Referred	1			1				

Schedule

December 2011 Preschool Hearing & Vision Screening Schedule

12/7- First Baptist Preschool

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	449	267	459	361	1536
New Clients Enrolled	9	2	6	8	25
Provider & Community Outreach	4	4	1	0	9

Events

November 2011

One IBCCP presentation was given this month for two of the U of I nursing student clinical groups. There were 20 attendees.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

number of Champaign County women served.

10

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	192	108	5	305
New clients enrolled	4	1	0	5
Number of clients completing an integrated visit	13	2	0	15
# of LSI classes held				7
Average number of women attending LSI class				3 Span: 5 Eng

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

The Spanish LSI-3 classes were held on Nov. 1, 8, 15, and 22
The English LSI-3 classes are scheduled for Oct. 25, Nov 1, 8, and 15.

Wellness & Health Promotion



Theresa Truelove in the news!

The coalition is a group of local health care providers and agencies that looked at the diabetes statistics — both local and national — and decided to work together to reduce its negative effects in the community over the next five years.

(Theresa is referred to as Angela Truelove in the article.)

Coalition formed to battle diabetes

<http://www.news-gazette.com/news/health/health-care/2011-11-15/coalition-formed-battle-diabetes.html>

Jennifer Jackson in the news!

Jennifer Jackson was interviewed on November 17 about the American Cancer Society's Great American Smokeout on WCIA. A link can be found here:

36th Annual Great American Smokeout 2011

http://illinoishomepage.net/fulltext/?nxd_id=310817

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



<p>The Division of Wellness & Health Promotion</p>	<p>Deb Fruitt Director</p>	<p>531-2921</p>
<p>Illinois Breast & Cervical Cancer Illinois Wisewomen Adult Immunization</p>	<p>Cathy Propst Program Coordinator</p>	<p>531-2916</p>
<p>Health Promotion</p>	<p>Nikki Hillier Program Coordinator</p>	<p>531-2914</p>
<p>Dental Hearing & Vision</p>	<p>Alicia Ekhoﬀ Program Coordinator</p>	<p>531-4538</p>
<p>Urbana School Health Center</p>	<p>Jessie McClusky Program Coordinator</p>	<p>531-2890</p>

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p>Theresa Truelove Judy Krumwiede Vickie Ellis Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Terri Jesiolowski, RDH (PRN)</p>	<p style="text-align: center;">Health Educators</p> <p>Jennifer Jackson Janice Walker Deanna Williams</p>
<p style="text-align: center;">Dentist</p> <p>Kara Ruffatto, DDS James Wahl, DDS Robert Grenda, DDS (PRN) Cole Anderson, DDS (PRN)</p>	<p style="text-align: center;">Dental Assistants</p> <p>Marda Keys Becky Black</p>	<p style="text-align: center;">Administrative Assistant II</p> <p>Maria Capps Pam Simmons</p>
<p style="text-align: center;">Volunteers</p> <p>Nedra Brown Kathleen Conlisk Liz Reynolds Ross Eckert</p>	<p style="text-align: center;">Interns</p> <p>Cecilia Ramirez Mansi Jailwala Paige Ligon Amy Han</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p>Kathy Reardon Leah Brunkow Talia Oakley</p>
<p style="text-align: center;">Vision & Hearing Tech</p> <p>Shirley Lincione</p>		<p style="text-align: center;">Dental Intake</p> <p>Charlene Johnson Karen Bryson</p>