



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

## Division Of Wellness & Health Promotion

**June 2008 REPORT**

### Programs

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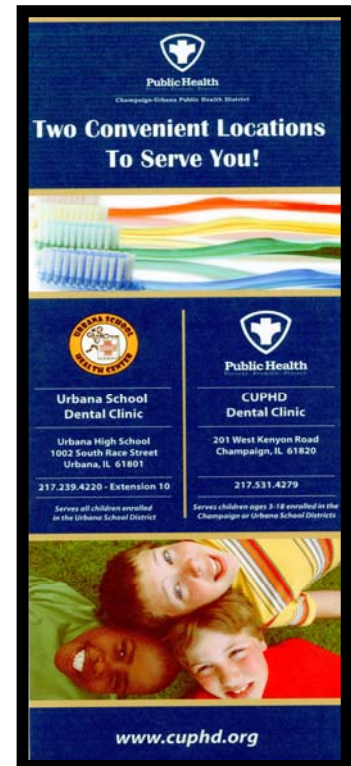
## CUPHD Dental Program

Champaign-Urbana Public Health District's Dental Clinic is located at 201 W. Kenyon Road, Champaign and sees children ages 3-18 enrolled in Champaign or Urbana School Districts. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions.

We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m.

Please call 217-531-4279 for an appointment.

April Visits	C-U	Co	Other
New Patient	81	3	0
Visits by Patients of Record	260	11	0
<b>Total Patient Visits</b>	<b>341</b>	<b>14</b>	<b>0</b>
<b>Procedures</b>			
Total Procedures Performed	1089		
Average Procedures per Patient	3.1		
<b>Adult Patients</b>			
Adult Patients Scheduled	23		
Adult Patients Visits	16		
<b>Number of Days Clinic Open</b>	<b>21</b>		
<b>School Sealant Visits</b>			
Total Children Seen in Schools	0		
Total Sealants Placed	0		



## Upcoming Events

**CUPHD Dental** will offer Fluoride Varnish for infants and toddlers age 0-36 months through Maternal Child & Health on July 21, 2008. We will continue to offer fluoride varnish and oral health education in the Maternal Child & Health clinical area 1 day each month. For more information about the benefits of fluoride varnish please visit:

<http://www.illinoisap.org/oralhealth.htm>



CUPHD Dental is a member of IFLOSS. For Information please visit the link below: [www.ifloss.org](http://www.ifloss.org).

### Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

April Visits	C-U	Co	Other
New Patient	22	3	0
Visits by Patients of Record	104	4	0
<b>Total Patient Visits</b>	<b>126</b>	<b>7</b>	<b>0</b>
<b>Procedures</b>			
Total Procedures Performed	354		
Average Procedures per Patient	2.8		
<b>Number of Days Clinic Open</b>	18		



CUPHD Dental is available for Oral Health and Dental Care Presentations. For more information, please contact:

Alicia Ekhoﬀ  
Dental Program Coordinator  
(217) 531-4538  
[aekhoﬀ@cuphd.org](mailto:aekhoﬀ@cuphd.org)

**The Urbana School Health Center (USHC)** consists of a partnership of local agencies dedicated to the health and well being of children. Services provided at USHC are available to ALL students of the Urbana School District. Services are available during the child's school day, allowing for consistent, convenient, carefree medical, dental, and mental health services - from routine exams and procedures to acute care issues stemming from injuries or chronic disease conditions to counseling and wellness programs - USHC's community care approach ensures children the best care possible - away from home.



There are currently 3223 students enrolled in the program, 60% of the Urbana School District

**Medical - A Partnership with Frances Nelson Health Center**

**Visits**

New Patient	17
Visits by Patients of Record	83
<b>Total Patient Visits</b>	<b>100</b>

**Mental Health - A Partnership with Mental Health Center for Champaign County**

Unduplicated clients	35
Service hours	74.1
Service events	143

\*Refer to Dental numbers for dental visits

**Special Events**

Heidi Britton, Program Coordinator for the Urbana School Health Center, presented at a national conference this month. She attended the National Assembly on School-Based Health Care June 25-28th along with providers from school health centers nationwide. The presentation delivered to the attendees was "Family Engagement: How to engage families in your school health center". The session was well attended by 30-40 people with a rich Q&A section. At the national convention she visited other California school health centers, attended professional meetings and workshops, and collected and gathered innovative ideas for USHC. This opportunity was funded in part by a Lumpkin Family Foundation grant.

### Adult Prevention & Management of Disease

The adult immunization program serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments. During this time blood pressure checks and casual blood glucose checks are available for walk-in clients.

Immunizations	C-U	Co	Other
Hepatitis A	18	0	0
Hepatitis B	9	1	1
Polio	1	0	0
Meningococcal / Menactra	0	0	0
Meningococcal / Menomune	2	0	0
Mumps, Measles, Rubella	7	0	0
Tetanus and diphtheria	12	2	0
Tetanus, diphtheria and acellular pertussis	4	0	0
Hepatitis A and Hepatitis B	5	4	0
Typhoid	3	0	0
Varicella /chickenpox	1	1	0
Flu/Pneumonia Walk-Ins	3	0	0
BG Check	0	0	0
BP Check	0	0	0



Adult and Travel vaccines are available Mon.& Wed. by appointment. Call 531-2922 –Ask for Theresa

**The CUPHD Diabetes Program** is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control .In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

IDPCP Enrollment /Reviews 1

### Special Events

#### Health Fair /Events:

1, 60 clients served

#### Diabetes Outreach meetings

2, 16 clients served

**Community Home Nursing Program** offers a skilled nurses assessment and disease management for patients with Diabetes, Hypertension, Coronary Artery Disease, Glaucoma, Cancer, Pain Management, Nutritional, Medication Management and Client Centered education related to disease processes and management.



61 home visits were completed by a Registered Nurse

C-U      Co  
61        0

**Services Rendered**

Skilled Nurse Assessment: 61

Disease Management- Diabetes, Hypertension, Coronary Artery Disease, Pro-time Management, Glaucoma, Medication Management: 61

Day Care Assesments: 0

<b>Champaign-Urbana</b>							
	40 y/o	50 y/o	60 y/o	70 y/o	80 y/o	90 y/o	100 y/o
M	0	0	5	11	3	2	0
F	0	3	4	5	28	0	0

<b>County</b>							
	40 y/o	50 y/o	60 y/o	70 y/o	80 y/o	90 y/o	100 y/o
M	0	0	0	0	0	0	0
F	0	0	0	0	0	0	0

## Tobacco Programs

**Project TNT** is a 10 session program delivered in 5th grade classes. This program is different from most tobacco education curriculums in that it focuses on changing normative beliefs about the prevalence of tobacco use. Further, instead of just giving participants reasons not to use tobacco, it equips participants with decision-making skills as well as effective communication skills.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0

**Break the Habit** is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggests.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	3	Total # of people served	4
County	# of times presented <small>(Count complete programs, not sessions)</small>	1	Total # of people served	1

**Freedom from Smoking** is a 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0

**NOT HERE** is a tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	0	# of Sales	0
County	# of Attempts	0	# of Sales	0

**Not On Tobacco (N-O-T)** is a 10-week cessation program for youth. In certain municipalities in Champaign County, possession of tobacco products by minors is illegal. This program is offered to the minors instead of paying the fine.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	2
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

**Smoke Free Illinois compliance** is our education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	5
County	# of Complaints	1

**REALITY, IL** is a program for youth ages 13-18 who are tobacco prevention advocates. We have meetings, events, set up bulletin boards, film commercials, create bus signs and billboards. They hold poster contests for elementary school students.

CU	# of times presented (Count complete programs, not sessions)	3	Total # of people served	56
County	# of times presented (Count complete programs, not sessions)	1	Total # of people served	3

**Tobacco Education-** Age-appropriate tobacco education is provided at schools by request.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	30
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0





## Other Education Programs

**Nutrition-** age-appropriate education is provided to classrooms by request.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	6	Total # of people served	144
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0

**Training Intervention Procedures (T.I.Ps)** is an alcohol serving training program. CUPHD partners with The Champaign Police Department to bring this program to area alcohol servers.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0

**Juvenile Detention Center Outreach-** various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. Topics include sexual health, nutrition, and tobacco.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0
County	# of times presented <small>(Count complete programs, not sessions)</small>	2	Total # of people served	21

**Hand washing/ hygiene-** Age-appropriate health programs are provided by our health educators.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	1	Total # of people served	7
County	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0

Health Educators assisted with the Child Safety Seat Inspection Station, a program run through our Division of Maternal and Child Health  
Health Promotion team members assisted **3 times** in the month

**CATCH Programs** Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes.

Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	488
Thomasboro Elementary, Thomasboro	202
Unity West Elementary, Tolono	410

## SPECIAL EVENTS

On June 30th our REALITY IL teens gathered for a special pizza party at Jupiter's II in Champaign. Our teens work to get the message out to the community about the dangers of tobacco use. At this meeting teens from around the county came together and shared with each other what they have been doing throughout the year. Before the end of the afternoon the teens had come up with a tobacco slogan that is to be printed on all of our REALITY gear that will be purchased for the next fiscal year.

**Champaign Urbana Public Health District's (CUPHD) Vision Cooperative** offers eye exams and eye glasses to people who have Illinois Public Aid as their insurance. CUPHD Vision Cooperative staff act as the gatekeeper to a coalition of area optometrists and an ophthalmologist who have offered to be a part of this great program. By calling the Lens Line (217-531-5367) a person can receive access to an eye exam by one of the participating licensed eye professional provider and access to the CUPHD eye glass program.

Once a person receives an eye exam and a prescription for eye glasses, the Vision Cooperative schedules the person for eye glass fitting and selection. CUPHD has a wide selection of 49 different eye glass frames that are available in different colors. CUPHD Vision Cooperative is able to bill Illinois Public Aid for the eye glasses and lenses; therefore there is no cost to the client for the eye glass frames and lenses.

Services	C-U	Co.	Other
Adult Glasses Fittings	23	10	2
Adult Glasses Dispensing	29	6	10
Adult Glasses Repair	1	0	0
<b>Total Adults Serviced</b>	<b>53</b>	<b>16</b>	<b>17</b>
Child Glasses Fitting	21	6	5
Child Glasses Dispensing	25	20	2
Child Glasses Repair	0	0	0
<b>Total Children Serviced</b>	<b>46</b>	<b>26</b>	<b>7</b>
<b>Total Clients Serviced</b>	<b>99</b>	<b>42</b>	<b>24</b>
Appointment No-Shows	21	5	4
Appointments Cancelled	7	3	0
Appointments Rescheduled	11	2	1
<b>Total # Glasses Received</b>	<b>98</b>		
Referrals made to optometrist/ophthalmologists	92		



**Total Clients Serviced**  
165

**Child Vision and Hearing Screening** The CUPHD Hearing and Vision Screening Program provides state-mandated hearing and vision screening to licensed day care, preschools, public schools and parochial schools. CUPHD employs a state certified auditory and vision technician

Hearing									
Pre K					School Age				
	C-U	Co.	Other	Total	C-U	Co.	Other	Total	
Screened	16	8	0	24	0	1	0	1	
Rescreened	0	0	0	0	0	0	0	0	
Threshold	0	0	0	0	0	0	0	0	
Referred	0	0	0	0	0	0	0	0	

Vision									
Pre K					School Age				
	C-U	Co.	Other	Total	C-U	Co.	Other	Total	
Screened	16	8	0	24	0	1	0	1	
Rescreened	0	0	0	0	0	0	0	0	
Referred	0	0	0	0	0	0	0	0	
w/ Glasses	0	0	0	0	0	0	0	0	
w/ Glasses referred	0	0	0	0	0	0	0	0	

**Illinois Breast and Cervical Cancer (IBCCP)** contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide screenings for uninsured women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostic services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	339	193	371	323	1226
New Clients Enrolled	21	10	14	16	61
Provider & Community Outreach			143		143

### Special Events

**On June 26th**, Cathy Propst attended the Stand Against Cancer Grant Partners Meeting in Springfield.

**On June 30th**, Chris Carver, IDPH IBCCP Supervisor, and Sharon Mast, IDPH IBCCP Quality Assurance Nurse assigned to CUPHD came for a site visit. Both were pleased with the organization and quality of CUPHD IBCCP.



\*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

**Division staff participate on the following coalitions and in the community meetings**

**Monthly Meetings**

Champaign County Tobacco Prevention Coalition  
Human Services Council  
Champaign-Urbana Campus Community Coalition  
Regional Prevention Group  
Unity West Wellness Committee Meeting  
Coalition for Comprehensive Sex Education  
Illinois Health Cares about Domestic Violence  
Illinois Coalition for School Health Centers  
National Assembly for School Health Care

**Please check out our informational websites.**

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

[http://www.cuphd.org/diabetes\\_resources.html](http://www.cuphd.org/diabetes_resources.html)

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

[www.ifloss.org](http://www.ifloss.org)

[www.stock2forflu.com](http://www.stock2forflu.com)

## Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer	Cathy Propst Program Coordinator	531-2916
Health Promotions Vision-Cooperative/ Hearing & Vision	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Heidi Britton Program Coordinator	531-2890

**Have questions about Wellness and Health Promotion?**

**Get more information on our website!**

<http://www.cuphd.org/chronicdisease.html>

<b>Dental Hygienists</b> Amanda Wright Michelle Kramer Jill Hart	<b>IBCCP Intake Specialists</b> Kathy Reardon Amanda Ziemnsky Louise McClintock	<b>Dentist</b> Dr. Jim Wahl Dr. Grenda
<b>Health Educators</b> Jennifer Jackson Kari Schweighart Becky Black	<b>Nurses</b> Theresa Truelove Judy Krumwiede	<b>Dental Assistants</b> Marda Keys Susan Scheffer
<b>Volunteers</b>	<b>Administrative Assistants</b> Maria Capps Pam Simmons Dee Phillips	<b>Interns</b> Melissa Poole