



Public Health
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Champaign-Urbana Public Health District

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Champaign County Community Health Plan Finalized

The Champaign-Urbana Public Health District Announces the Release of the 2021-2023 Champaign County Community Health Plan

Champaign, IL – The Champaign-Urbana Public Health District (CUPHD), in conjunction with Carle Foundation Hospital, OSF HealthCare, and the United Way of Champaign County, have developed the 2021-2023 Champaign County Community Health Plan. The plan utilized the Mobilizing for Action through Planning and Partnership (MAPP) model, a community-based model that necessitates community engagement at all levels to conduct the Champaign Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP). The current health status of the community was assessed, needs were identified, and then a comprehensive plan to improve the community's health was created by acquiring input from community partners, planners, elected officials, and residents.

The MAPP process is composed of four assessments. The use of survey monkey was imperative to completing each assessment; approximately 25 community leaders submitted information for the assessment and to review the community health data, set a vision, and identify priorities and goals for the 2021-2023 Community Health Improvement Plan.

Based on the four MAPP assessments, community leaders convened to identify priorities. After identifying top health concerns, participants voted to select the top three priorities to address in 2021-2023 implementation cycle. Special consideration was given to ensure that all priority health actions align to include environmental determinants of Public Health.

Based on the Center for Disease Control and Prevention's (CDC) model, SMART objectives were used to identify goals and objectives within each priority that were feasible, actionable, and could be implemented in the upcoming years. Workgroups were formed and met separately to formulate goals and action plans to address each of the priorities.

- Behavioral Health: increase capacity, create behavioral health triage center, promote education and training on mental and behavioral health to reduce stigma, provide youth-targeted prevention programs.

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- Reducing Obesity and Promoting Healthy Lifestyles: improve access to healthy food options, expand physical activity prescription program, and increase access to physical activity.
- Violence: promote police-community relations, increase community engagement, and reduce community violence through partnering with local initiatives.

“What makes this health plan exceptional is that there was so much community participation in its development. We have a very dynamic plan with lots of input from stakeholders,” said Julie Pryde, Administrator of the Champaign-Urbana Public Health District and Champaign County Public Health Department.

To obtain a full copy of the IPLAN, go to <https://www.c-uphd.org/about-cuphd.html>.

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