



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

FOR IMMEDIATE RELEASE
February 25, 2021

Contact: Brandon Meline, Director of MCH
(217) 531-4308 / bmeline@c-uphd.org
Amy Roberts, Public Relations
(217) 531-4264 / aroberts@c-uphd.org

Virtual Women’s Health Expo

Free Pregnancy and Postpartum Health Expo

Champaign, IL – The Champaign-Urbana Public Health District (CUPHD), along with the University of Illinois School of Social Work and via PCORI funding, (Patient-Centered Outcomes Research Institute), is hosting a Virtual Pregnancy and Postpartum Health Expo on Saturday, April 10, 2021 at 10 a.m. The event will be held over Facebook Live and Zoom.

The virtual health expo will highlight available information and resources as well as speakers discussing birth, pregnancy, perinatal depression, and health policy. Virtual door prizes will also be provided. This event is free and open to the public.

“CUPHD has long been screening for perinatal depression, but only recently has there been more success in establishing an expanded network of providers and resources for those affected in the C-U and surrounding areas. Many more women suffer from some level of perinatal depression or anxiety that can negatively affect pregnancy and parenting, than the public is aware of, and this ongoing project is an effort to destigmatize these feelings and provide an exposition of local resources that community members can learn about,” said Brandon Meline, CUPHD Director of Maternal and Child Health.

Identifying Depression through Early Awareness (IDEA) research project aims to improve maternal health through early identification of risk factors during pregnancy and the postpartum period. The IDEA Women’s Health Coalition integrates input from patients, researchers, mental health providers, and primary care providers to develop CER (comparative effectiveness research) questions. For more information on the coalition go to www.perinatalconnect.org.

For upcoming details on how to register, go to:
<https://www.facebook.com/perinatalconnectfb>.

###