



FOR IMMEDIATE RELEASE

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Champaign-Urbana Walk with the Mayors

Walk for Health and Fitness with the Champaign and Urbana Mayors

Champaign, IL - On Saturday, April 2nd, the second annual Walk with the Mayors event will begin at 9:00 a.m. at Douglass Park (512 E. Grove St, Champaign).

The purpose of the walk is to encourage community health and physical activity. Mayor Deborah Feinen of Champaign and Mayor Laurel Prussing of Urbana will lead the group to share their commitment to wellness and to inspire the community through healthy role modeling. The walk is free and open to the public, including children.

"We'd love to have residents join us," said Mayor Prussing. "I try to walk every day. I enjoy walking to work and back. It's great for your health."

Champaign Mayor Feinen said, "Walking benefits our health and our environment and it's a great way to spend the morning. I am excited to show off our parks and our community's tremendous bike and walking infrastructure to those who join us."

The walk is approximately 3 miles, and will be at a leisurely pace. The walk will start with an address by Mayor Feinen at Douglass Park. The group will then walk through King Park to Crystal Lake Park in Urbana, where Mayor Prussing will address the walkers. The group will then walk back along the same route to finish at Douglass Park.

The event is being organized by the Champaign-Urbana Public Health District, the Champaign Park District, the City of Champaign, the City of Urbana, and the Urbana Park District.

For more information:

www.facebook.com/events/160809990967742

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