



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

**FOR IMMEDIATE RELEASE**  
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## **CUPHD Super Sale to Promote Good Deals and Good Health!**

*CUPHD Initiates New Strategy to Introduce Local Residents to a Variety of Services and Encourages Them to be “Healthy, Wealthy, and Wise...”*

Champaign, IL – On Saturday, April 18, 2009, the Champaign-Urbana Public Health District (CUPHD) will have a “Super Sale” garage sale and health fair in the main CUPHD parking lot at 201 West Kenyon Road from 10:00am – 2:00pm. Sale items will include holiday items, collectables, clothing, household items and more. All clothing items will be \$1.00 or less.

More importantly, CUPHD will incorporate a health fair into the sale which will introduce and provide a variety of services for participants including:

- **FREE** Prostate Cancer Screenings
- **FREE** Smoking Cessation Materials
- Access to **FREE** Mammograms & Pap Tests for Uninsured Women
- **FREE** Emergency Alert System Sign-up
- **FREE** Diabetes Materials
- **FREE** Blood Pressure Check
- **FREE** Pandemic Flu Planning Materials
- **FREE** Healthy Cooking & Nutrition Tips
- **FREE** Child Face Painting
- **MUCH MORE!!!**

“The CUPHD Super Sale & Health Fair Event is a new outreach idea,” said Julie A. Pryde, Public Health Administrator at CUPHD. “CUPHD provides and /or participates in many health fairs every year, and attendance is always good. However, most of the participants at these events already take an active role in their personal wellness. The goal of this event is to encourage those who may not otherwise attend a health fair to see what CUPHD has to offer.

Garage sales attract many people of all ages and lifestyles. What could be better than getting a good deal and a chance at good health too?"

In the event of rain, the "Super Sale" will be the following Saturday, April 25 2009. Sorry, no early sales. Everyone is welcome, and whole family participation is encouraged. There will be interactive opportunities for the children including games and FREE face painting.

For more information on CUPHD and its many programs, please contact CUPHD at (217) 352-7961 or visit CUPHD on the web at [www.Stock2forFlu](http://www.Stock2forFlu) or [www.c-uphd.org](http://www.c-uphd.org) .

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