



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion December 2018

Programs

Page

Cover 1

Dental 2-3

Health Promotion Programs 4-5

Community Meetings and Websites 6

Contacts 7

CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 7:40 am - 4:20 pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday. The clinic is staffed by 3 dentists, 5 hygienists, and 3 expanded functions dental assistants.

Champaign Visits	CU and Co. Combined
New Patients	39
Visits by Patients of Record	448
Total Patient Visits	487

Total Procedures Performed 2,059



Number of Days Clinic Open 18.5

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Tuesday through Thursday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patients	1
Visits by Patients of Record	33
Total Patient Visits	34
 Total Procedures Performed	 127
 Number of Days Clinic Open	 4



Mobile Program/School Sealants

January: Visited 4 Schools - 71 Exams, 36 Cleanings, 71 Fluorides, 33 Sealants placed.
 February: Visited 3 Schools - 77 Exams, 24 Cleanings, 69 Fluorides, 40 Sealants placed.
 March: Visited 1 School - 188 Exams, 87 Cleanings, 171 Fluorides, 13 Sealants placed.
 April: Visited 3 Schools - 188 Exams, 97 Cleanings, 165 Fluorides, 119 Sealants placed.
 May: Visited 1 School - 7 Exams, 6 Cleanings, 7 Fluorides, 0 Sealants placed.
 October: Visited 4 Schools - 296 Exams, 108 Cleanings, 114 Fluorides, 227 Sealants placed.
 November: Visited 3 Schools - 558 Exams, 155 Cleanings, 165 Fluorides, 403 Sealants placed.
 December: Visited 3 Schools - 340 Exams, 158 Cleanings, 158 Fluorides, 117 Sealants placed.



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney if they do not.

CU	# of Complaints	1
County	# of Complaints	0



Break the Habit

We have transitioned Break the Habit to the Illinois Tobacco Quitline. People interested in quitting can call the Quitline and get individual phone counseling from Addiction Specialists. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance with minimum age laws. After we test the stores, we send congratulatory letters if they pass, as well as notices of failure. This is in cooperation with local law enforcement. Vendors are checked for compliance 3 times per year.

CU	Checks	n/a	# of Sales	n/a
County	Checks	n/a	# of Sales	n/a



Mateo Solis Rueda, Haily Stillabower, Kelsey Barnett and Claudia Arruela facilitated two Germ Busters presentations at Champaign Head Start December 3rd and served 137 people.

Events

Tobacco

- CUPHD hosted the 2nd Quarter Tobacco Prevention Coalition Meeting on 12/11/18. Seven members attended the meeting.

PREP

- Alyx McElfresh sent Making Proud Choices informational letters to 27 parents/guardians of JW Eater Jr. High students on December 3rd.
- Alyx McElfresh sent Making Proud Choices informational letters to 29 parents/guardians of JW Eater Jr. High students on December 4th.
- Alyx McElfresh completed the Making Proud Choices! teen pregnancy and STD prevention curriculum with 18 7th/8th graders at Ludlow Grade School on December 19th.
- Alyx McElfresh completed the Making Proud Choices! teen pregnancy and STD prevention curriculum with 48 8th graders at Jefferson Middle School on December 20th.
- Alyx McElfresh completed a Positive Youth Development session with 48 8th graders at Jefferson Middle School on December 21st.
- Talia Shaw completed the Making Proud Choices! teen pregnancy and STD prevention curriculum with 56 8th graders at Edison Middle School on December 19th.
- Talia Shaw completed the Making Proud Choices! teen pregnancy and STD prevention curriculum with 42 8th graders at Franklin Middle School on December 21st.
- CUPHD hosted the 2nd quarter Coalition for Comprehensive Sex Education meeting on December 18th. There were 15 members in attendance.

Misc.

- Talia Shaw completed the Making Proud Choices! teen pregnancy and STD prevention curriculum with 30 9th graders at University Laboratory High School on December 11th.

Division staff participate in the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition

IFLOSS

Human Services Council

Champaign-Urbana Campus Community Coalition

Coalition for Comprehensive Sex Education

PROMPT Coalition

Healthy Champaign County



Please check out our informational websites.

www.facebook.com/wechoosehealthchampaign

www.getcoveredillinois.gov

<http://www.smoke-free.illinois.gov/>

www.stock2forflu.com

<http://www.c-uphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ccsexed.org



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion **Deb Fruitt** 531-2921
Director

Health Promotion **Whitney Greger** 531-2914
Program Coordinator

Dental **Alicia Ekhoﬀ** 531-4538
Program Coordinator

Urbana School Health Center 239-4220

Have questions about Wellness and Health Promotion?
Get more information on our website!
<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Volunteers</p> <p style="text-align: center;">Zayna Jan, UIUC</p>	<p style="text-align: center;">Dental Hygienists</p> <p>Michelle Kramer, RDH Whitney Scheiwe, RDH Lindy Hewerdine, RDH Autumn Tatman, RDH Jennifer Boyd, RDH</p>	<p style="text-align: center;">Health Educator II</p> <p style="text-align: center;">Talia Shaw</p> <p style="text-align: center;">Health Educator I</p> <p style="text-align: center;">Alyx McElfresh</p>
<p style="text-align: center;">Dentists</p> <p>Kara Ruffatto, DMD Gurjeet Sidhu, DDS Ghada Adhami, DDS Jim Stehman, DMD</p>	<p style="text-align: center;">Dental Assistants</p> <p>Marda Keys-Wilcoxon Lucero Olmedo</p>	<p style="text-align: center;">Administrative Assistant II</p> <p>Crystal Anderson Karen Bryson</p>
<p style="text-align: center;">PRN Dental Hygienists</p> <p style="text-align: center;">Amanda Musson, RDH</p>	<p style="text-align: center;">Interns</p> <p>Mateo Solis Rueda Claudia Arruela Haily Stillabower Marissa Wadhwa Payton Richardson</p>	<p style="text-align: center;">Dental Intake</p> <p>Chauntiere Harden Alexis Buckner</p>