



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

## Division of Wellness & Health Promotion March 2016

### Programs

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UIUC Dental Intern, Jessica Vargas, teaches brushing and nutrition to the 3 year old classes at Chesterbrook Academy.



## Mobile Program/School Sealants

January: Visited 3 Schools - 202 Exams, 80 Cleanings, 79 Fluorides, 157 Sealants placed.  
February: Visited 5 Schools - 193 Exams, 85 Cleanings, 84 Fluorides, 143 Sealants placed.  
March: Visited 4 Schools - 124 Exams, 56 Cleanings, 56 Fluorides, 13 Sealants placed.

The School Sealant Program does not see patients during the months of May, June, July and August.



# Health Promotion

## Tobacco Programs

### Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney if they do not.

<b>CU</b>	# of Complaints	1
<b>County</b>	# of Complaints	0



### Break the Habit

We have transitioned Break the Habit to the Illinois Tobacco Quitline. People interested in quitting can call the Quitline and get individual phone counseling from Addiction Specialists. If interested call 866-QUIT-YES (866-784-8937).

### Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance with minimum age laws. After we test the stores, we send congratulatory letters if they pass, as well as notices of failure. This is in cooperation with local law enforcement. Vendors are checked for compliance 3 times per year.

<b>CU</b>	Checks	n/a	# of Sales	n/a
<b>County</b>	Checks	n/a	# of Sales	n/a



Rethink Your Drink

## Events

Talia and Whitney completed Making Proud Choices at Ludlow School serving 16 students and at J W Eater Jr High School in Rantoul serving 44 students.

Talia and Whitney also completed Be Proud! Be Responsible! at Franklin Middle School and served 52 students.

WHP interns represented C-UPHD at the UIUC Housing Fair and served 6 people.

Ludlow School completed the 4H Food challenge serving 8 students, JW Eater Jr High School also completed the 4H Food Challenge serving 6 students there.

# Illinois Breast & Cervical Cancer Program (IBCCP)

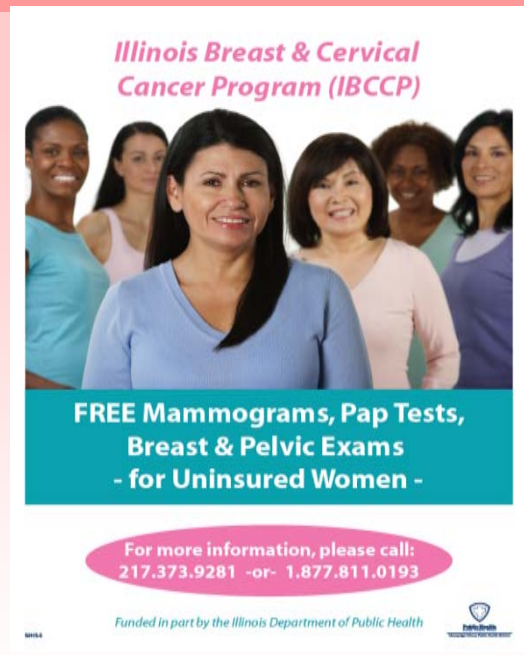
IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
<b>Number of Active Clients</b>	155	82	153	50	<b>440</b>
<b>New Clients Enrolled</b>	3	0	2	0	<b>5</b>
<b>Provider &amp; Community Outreach</b>	1082	2410	1259	1398	<b>6149</b>

## March 2016

IBCCP participated in 1 women's health talk and maintained focus on distribution of IBCCP flyers and grocery totes with breast health awareness education. Distribution of the grocery totes was focused on food pantries, rural grocery stores, soup kitchens, resale/consignment stores, and church health awareness events.

IBCCP served over the assigned caseload for March 2016. New enrollment continues to remain low but we focus on reminding our counties we are still available to help. Funds continue to be limited but our agency has managed to not go over clinical dollars. The state will review our clinical budget in April 2016 to assess if more dollars are needed.



\*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits of Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division staff participate in the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition

Illinois Cancer Prevention and Control Program

Human Services Council

Champaign-Urbana Campus Community Coalition

Coalition for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Healthy Champaign County

Champaign-Urbana Youth Committee



Please check out our informational websites.

[www.ccsexed.org](http://www.ccsexed.org)

[www.getcoveredillinois.gov](http://www.getcoveredillinois.gov)

<http://www.smoke-free.illinois.gov/>

[www.idph.state.il.us/about/womenshealth/ibccp/index.htm](http://www.idph.state.il.us/about/womenshealth/ibccp/index.htm)

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

[www.stock2forflu.com](http://www.stock2forflu.com)

[www.cdc.gov/cancer/nbccedp](http://www.cdc.gov/cancer/nbccedp)



# Wellness & Health Promotion Contacts

**217-373-7901**



<p><b>The Division of Wellness &amp; Health Promotion</b></p>	<p><b>Deb Fruitt</b> Director</p>	<p>531-2921</p>
<p><b>Illinois Breast &amp; Cervical Cancer Program</b></p>	<p><b>Charli Kahler</b> Program Coordinator</p>	<p>531-2916</p>
<p><b>Health Promotion</b></p>	<p><b>Jennifer Jackson</b> Program Coordinator</p>	<p>531-2912</p>
<p><b>Dental</b></p>	<p><b>Alicia Ekhoﬀ</b> Program Coordinator</p>	<p>531-4538</p>
<p><b>Urbana School Health Center</b></p>	<p><b>Teresa Turner</b> Program Coordinator</p>	<p>239-4220</p>

**Have questions about Wellness and Health Promotion?  
Get more information on our website!**  
<http://c-uphd/wellness-health-promotion.html>

<p><b>Nurses</b></p> <p>Nellie Endres</p>	<p><b>Dental Hygienists</b></p> <p>Amanda Musson, RDH Michelle Kramer, RDH Jill Hart, RDH Whitney Scheiwe, RDH Lindy Hewerdine, RDH</p>	<p><b>Health Educators</b> Talia Oakley Whitney Greger</p> <p><b>Special Projects Coordinator</b></p>
<p><b>Dentists</b></p> <p>Kara Ruffatto, DMD Gurjeet Sidhu, DDS Yoon Sang Chung, DDS</p>	<p><b>Dental Assistants</b></p> <p>Marda Keys-Wilcoxon Lucero Olmedo Ashley Vanvliet</p>	<p><b>Administrative Assistant II</b></p> <p>Crystal Anderson Laura Shobe Leah Brunkow Karen Bryson</p>
<p><b>Volunteers</b> None at this time.</p> <p><b>PRN Dental Hygienists</b></p> <p>Autumn Tucker, RDH</p>	<p><b>Interns</b></p> <p>Nick Ansai - WHP Camilla Hope - WHP Katie Mertens - WHP Jessica Vargas - Dental Fernando Gonzalez- IBCCP</p>	<p><b>IBCCP Intake Specialist</b></p> <p>Kathy Reardon</p>
		<p><b>Dental Intake</b></p> <p>Chantiere Harden</p>