



Champaign-Urbana Public Health District

Division of Wellness & Health Promotion May 2015

Programs

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Mobile Program/School Sealants

January: Visited 4 Schools - 166 Exams, 91 Cleanings, 90 Fluorides, 257 Sealants placed.
February: Visited 6 Schools - 134 Exams, 71 Cleanings, 71 Fluorides, 114 Sealants placed.
March: Visited 2 Schools - 72 Exams, 36 Cleanings, 36 Fluorides, 25 Sealants placed.
April: Visited 3 Schools - 103 Exams, 66 Cleanings, 66 Fluorides, 118 Sealants placed.

The School Sealant Program does not see patients during the months of May, June, July and August. It will continue when school starts back up in September.



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney if they do not.

CU	# of Complaints	4
County	# of Complaints	0



Break the Habit

We have transitioned Break the Habit to the Illinois Tobacco Quitline. People interested in quitting can call the Quitline and get individual phone counseling from Addiction Specialists. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance with minimum age laws. After we test the stores, we send congratulatory letters if they pass, as well as notices of failure. This is in cooperation with local law enforcement. Vendors are checked for compliance 3 times per year.

CU	Checks	82	# of Sales	11
County	Checks	14	# of Sales	1

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit and reasons for wanting to be smoke-free. Then, they develop an individual plan to quit. Additional assistance can be obtained from the Illinois Tobacco Quitline, including patches for those who qualify.

CU	Total # of people	n/a
County	Total # of people	n/a



Events

Making Proud Choices

We held five classes in the district, seeing 120 students. In the County, we had 3 classes with 39 students total.

We presented for Sunnycrest Senior Housing on smoke-free multi-unit housing. There were 25 participants. We also presented on smoke-free housing at the Tenant Union Conference, with 30 attendees.

We collected postcards for smoke-free parks at the Urbana Market at the Square, Playing It Safe, and Human Kenetics Park.

We met with our REALITY youth twice in May. They prepared a presentation on smoke-free parks for the Rantoul Park District Board. they addressed all the Board's concerns, and the board voted to make their play grounds (and 50 feet around them) smoke-free.

CATCH

We held Fitness Friday at King Elementary.

We held two bike rodeos in partnership with Safe Routes to School. One at Thomas Paine Elementary (50 participants) and one at Playing It Safe (84 participants).

We participated in the Summer Extravaganza at King Elementary. We helped families prepare for summer activities that will keep them learning and keep them healthy.

We held Lucky Tray Day at Ludlow Elementary.

We participated in the Garden Hills Wellness Fair.

We held a Field Day with King Elementary School and Yankee Ridge Elementary.

We participated in Bike to Work Day in partnership with Champaign County Bikes.

Illinois Breast & Cervical Cancer Program (IBCCP)

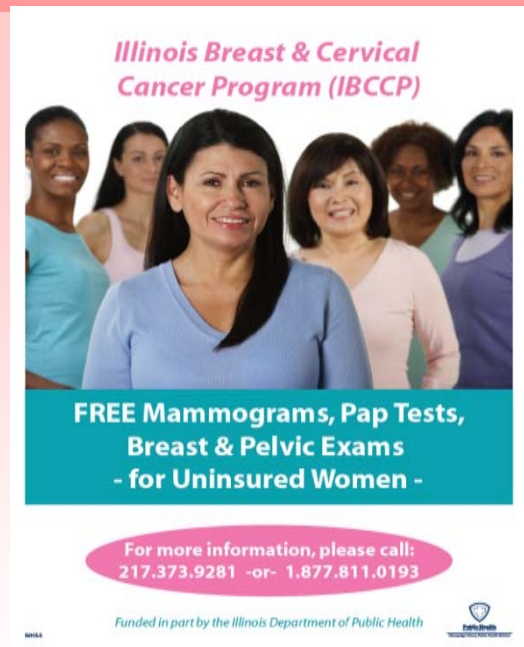
IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active Clients	169	90	179	64	502
New Clients Enrolled	3	1	4	0	8
Provider & Community Outreach	106	0	18	0	124

May 2015

IBCCP information was provided at the Unit 116 USD Dual and Bilingual Programs end of the year family picnic at Ivanhoe Estates in Urbana, as well as the Unit 4 end of the year family health fair held at Garden Hills Elementary School.

IBCCP informational fliers were posted at 6 businesses throughout Champaign-Urbana and 18 in McLean County.



*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits of Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division staff participate in the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering Committee for Prairie & Southside Safe Routes to School Programs
- Champaign-Urbana Campus Community Coalition
- C-U Safe Routes to School Steering Committee
- Lincoln Trail Elementary, Unity East & West, Leal, Thomas Paine, Wiley, Fisher, & Heritage Wellness Committees
- Urbana Bicycle Plan Steering Committee
- Coalition for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Coordinated School Health Grantee Meeting
- Healthy Champaign County
- Champaign-Urbana Youth Committee
- Champaign and Urbana School Districts Wellness Policy Committees



Please check out our informational websites.

www.ccsexed.org

www.getcoveredillinois.gov

<http://www.smoke-free.illinois.gov/>

www.idph.state.il.us/about/womenshealth/ibccp/index.htm

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.stock2forflu.com

www.cdc.gov/cancer/nbccedp



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer Program	Charli Kahler Program Coordinator	531-2916
Health Promotion	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Teresa Turner Program Coordinator	239-4220

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p style="text-align: center;">Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p style="text-align: center;">Amanda Musson, RDH Michelle Kramer, RDH Jill Hart, RDH Yasmin Gonzalez, RDH</p>	<p style="text-align: center;">Health Educators Jennifer Jackson Talia Oakley</p> <p style="text-align: center;">Special Projects Coordinator Tara McCauley</p>
<p style="text-align: center;">Dentists</p> <p style="text-align: center;">Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS</p>	<p style="text-align: center;">Dental Assistants</p> <p style="text-align: center;">Marda Keys-Wilcoxon Lucero Olmedo</p>	<p style="text-align: center;">Administrative Assistant II Crystal Anderson Laura Shobe</p>
<p style="text-align: center;">Volunteers</p> <p style="text-align: center;">PRN Dental Hygienists Sophia Wan, RDH David Moon, RDH Lindy Hewerdine, RDH Jaclyn Mathis, RDH</p>	<p style="text-align: center;">Interns</p> <p style="text-align: center;">Kristin Ryder - HP</p>	<p style="text-align: center;">IBCCP Intake Specialists Leah Brunkow Kathy Reardon</p>
		<p style="text-align: center;">Dental Intake Karen Bryson Chantiere Harden</p> <p style="text-align: center;">Division of Wellness and Health Promotion</p>