



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion April 2015

Programs

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Mobile Program/School Sealants

January: Visited 4 Schools - 166 Exams, 91 Cleanings, 90 Fluorides, 257 Sealants placed.
February: Visited 6 Schools - 134 Exams, 71 Cleanings, 71 Fluorides, 114 Sealants placed.
March: Visited 2 Schools - 72 Exams, 36 Cleanings, 36 Fluorides, 25 Sealants placed.
April: Visited 3 Schools - 103 Exams, 66 Cleanings, 66 Fluorides, 118 Sealants placed.



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney if they do not.

CU	# of Complaints	2
County	# of Complaints	0



Break the Habit

We have transitioned Break the Habit to the Illinois Tobacco Quitline. People interested in quitting can call the Quitline and get individual phone counseling from Addiction Specialists. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance with minimum age laws. After we test the stores, we send congratulatory letters if they pass, as well as notices of failure. This is in cooperation with local law enforcement. Vendors are checked for compliance 3 times per year.

CU	Checks	n/a	# of Sales	n/a
County	Checks	n/a	# of Sales	n/a

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit and reasons for wanting to be smoke-free. Then, they develop an individual plan to quit. Additional assistance can be obtained from the Illinois Tobacco Quitline, including patches for those who qualify.

CU	Total # of people	n/a
County	Total # of people	n/a



Go, Slow, Whoa Concert at Lincoln Trail Elementary.

Events

CATCH

We held three Lucky Tray Days, one at Lincoln Trail Elementary School, Ludlow Elementary School, and Thomas Paine Elementary School.

We held a Fitness Friday at King Elementary School.

We assisted with the SPLASH Bike Education class at Urbana Middle School. We helped with helmet fittings.

Lincoln Trail fourth graders performed a musical called Go, Slow, Whoa. There were three performances to accommodate all the classes and community.

Be Proud Be Responsible

The district had one program at the Pavilion with nine students.

We did outreach for the Illinois Tobacco Quitline at the Carle Cardiology Symposium.

We collected smoke-free parks post cards at the Urbana Middle Market at the Square.

We presented on the benefits of smoke-free housing at Sunnycrest Senior Housing and Florida House. We reached 65 people.

We tabled at Ready Set Grow and educated families on the importance of eating GO Foods and ways to engage in physical activity as a family. We served 60 people.

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active Clients	170	93	182	69	514
New Clients Enrolled	8	1	6	0	15
Provider & Community Outreach	212	344	116	23	695

April 2015

Women's health fairs/conferences/presentations:

IBCCP provided a breast and cervical health booth for 5 events throughout Champaign-Urbana and Champaign County, reaching 332 women, as well as a booth for the Illinois Heart and Lung Foundation's Women's Health Night in McLean County, reaching 101 women.

IBCCP information was provided for the duration of the Mexican Consulate visit in Urbana April 22-24. 156 Hispanic women were reached.

IBCCP informational fliers were posted at 68 businesses throughout CU and Champaign County, 23 in Vermilion County and 15 in McLean County.



*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits of Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division staff participate in the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering Committee for Prairie & Southside Safe Routes to School Programs
- Champaign-Urbana Campus Community Coalition
- C-U Safe Routes to School Steering Committee
- Lincoln Trail Elementary, Unity East & West, Leal, Thomas Paine, Wiley, Fisher, & Heritage Wellness Committees
- Urbana Bicycle Plan Steering Committee
- Coalition for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Coordinated School Health Grantee Meeting
- Healthy Champaign County
- Champaign-Urbana Youth Committee
- Champaign and Urbana School Districts Wellness Policy Committees



Please check out our informational websites.

www.ccsexed.org

www.getcoveredillinois.gov

<http://www.smoke-free.illinois.gov/>

www.idph.state.il.us/about/womenshealth/ibccp/index.htm

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.stock2forflu.com

www.cdc.gov/cancer/nbccedp



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer Program	Charli Kahler Program Coordinator	531-2916
Health Promotion	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Teresa Turner Program Coordinator	239-4220

**Have questions about Wellness and Health Promotion?
Get more information on our website!**
<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p style="text-align: center;">Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p style="text-align: center;">Amanda Musson, RDH Michelle Kramer, RDH Jill Hart, RDH Yasmin Gonzalez, RDH</p>	<p style="text-align: center;">Health Educators Jennifer Jackson Talia Oakley</p> <p style="text-align: center;">Special Projects Coordinator Tara McCauley</p>
<p style="text-align: center;">Dentists</p> <p style="text-align: center;">Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS</p>	<p style="text-align: center;">Dental Assistants</p> <p style="text-align: center;">Marda Keys-Wilcoxon Lucero Olmedo</p>	<p style="text-align: center;">Administrative Assistant II Crystal Anderson Laura Shobe</p>
<p style="text-align: center;">Volunteers</p> <p style="text-align: center;">PRN Dental Hygienists Sophia Wan, RDH David Moon, RDH Lindy Hewerdine, RDH Jaclyn Mathis, RDH</p>	<p style="text-align: center;">Interns</p>	<p style="text-align: center;">IBCCP Intake Specialists Leah Brunkow Kathy Reardon</p>
		<p style="text-align: center;">Dental Intake Karen Bryson Chantiere Harden</p> <p style="text-align: center;">Division of Wellness and Health Promotion</p>