



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

## Division of Wellness & Health Promotion January 2015

### Programs

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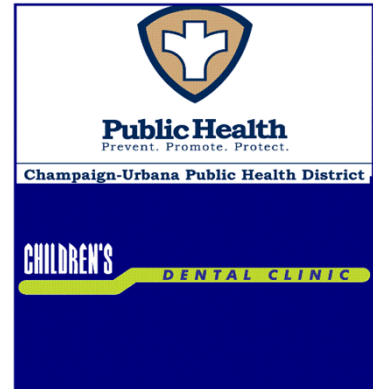
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# CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists, however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

<b>Champaign Visits</b>	<b>CU and Co. Combined</b>
New Patient	48
Visits by Patients of Record	555
<b>Total Patient Visits</b>	<b>603</b>
<b>Total Procedures Performed</b>	<b>2,763</b>



<b>Number of Days Clinic Open</b>	<b>19.5</b>
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# Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



<b>Urbana Visits</b>	
New Patient	9
Visits by Patients of Record	156
<b>Total Patient Visits</b>	<b>165</b>
Total Procedures Performed	665
<b>Number of Days Clinic Open</b>	<b>11</b>



## Mobile Program/School Sealants

January: Visited 4 Schools - 166 Exams, 91 Cleanings, 90 Fluorides, 257 Sealants placed.



# Health Promotion

## Tobacco Programs

### Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney if they do not.

<b>CU</b>	# of Complaints	3
<b>County</b>	# of Complaints	0



### Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addiction Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

### Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass, as well as notices of failure. This is in cooperation with local law enforcement. Vendors are checked for compliance 3 times per year.

<b>CU</b>	Checks	n/a	# of Sales	n/a
<b>County</b>	Checks	n/a	# of Sales	n/a

### Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit and reasons for wanting to be smoke-free. Then, they develop an individual plan to quit. Additional assistance can be obtained from the Illinois Tobacco Quitline, including patches for those who qualify.

<b>CU</b>	Total # of people	n/a
<b>County</b>	Total # of people	n/a



A few of the Edge of the Mall tenants after speaking at the Urbana City Council Meeting.

## Events

In the County, we had 2 classes with 42 students who participated in our Making Proud Choices program.

We presented on Smoke Free Multi-Unit Housing at a tenant meeting (10 attendees) and at the Urbana City Council (40 people present).

We met with the Urbana School staff at the Urbana School District Educator Expo. We reached 40 people.

We presented on CATCH at the Yankee Ridge Elementary School District PTA Meeting. 20 people attended.

We held Lucky Tray Days at Ludlow Elementary School and Lincoln Trail Elementary School this month.

# Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermillion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermillion County	Total
<b>Number of Active clients</b>	182	105	200	101	<b>588</b>
<b>New Clients Enrolled</b>	6	1	2	0	<b>9</b>
<b>Provider &amp; Community Outreach</b>	0	0	0	0	<b>39</b>

## January 2015

January is Cervical Cancer Awareness Month. The Cervical Cancer proclamation from Governor Quinn was distributed to all local media and posted on the CUPHD website during the month of January.

All IBCCP contracted providers were sent the updated CPT list and reimbursement rates for services provided to our clients.



\*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division staff participate in the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition  
Illinois Cancer Prevention and Control Program  
Human Services Council  
Steering committee for Prairie & Southside Safe Routes to School Program  
Champaign-Urbana Campus Community Coalition  
C-U Safe Routes to School Steering Committee  
Lincoln Trail Elementary, Unity East & West, Leal, Thomas Paine, Wiley  
& Heritage Wellness Committee  
Urbana Bicycle Plan Steering Committee  
Coalition for Comprehensive Sex Education  
Illinois Health Cares about Domestic Violence  
Coordinated School Health Grantee Meeting  
Healthy Champaign County  
Fisher Grade School Wellness Team Meeting  
Champaign-Urbana Youth Committee



Please check out our informational websites.

[www.ccsexed.org](http://www.ccsexed.org)

[www.getcoveredillinois.gov](http://www.getcoveredillinois.gov)

<http://www.smoke-free.illinois.gov/>

[www.idph.state.il.us/about/womenshealth/ibccp/index.htm](http://www.idph.state.il.us/about/womenshealth/ibccp/index.htm)

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

[www.stock2forflu.com](http://www.stock2forflu.com)

[www.cdc.gov/cancer/nbccedp](http://www.cdc.gov/cancer/nbccedp)



# Wellness & Health Promotion Contacts

**217-373-7901**



<p><b>The Division of</b> Wellness &amp; Health Promotion</p>	<p><b>Deb Fruitt</b> Director</p>	<p>531-2921</p>
<p><b>Illinois Breast &amp; Cervical Cancer Program</b></p>	<p><b>Cathy Propst</b> Program Coordinator</p>	<p>531-2916</p>
<p><b>Health Promotion</b></p>	<p><b>Nikki Hillier</b> Program Coordinator</p>	<p>531-2914</p>
<p><b>Dental</b></p>	<p><b>Alicia Ekhoﬀ</b> Program Coordinator</p>	<p>531-4538</p>
<p><b>Urbana School Health Center</b></p>	<p><b>Teresa Turner</b> Program Coordinator</p>	<p>239-4220</p>

**Have questions about Wellness and Health Promotion?  
Get more information on our website!**  
<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;"><b>Nurses</b></p> <p>Bette Chapman Charli Kahler</p>	<p style="text-align: center;"><b>Dental Hygienists</b></p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Yasmin Gonzalez, RDH</p>	<p style="text-align: center;"><b>Health Educators</b> Jennifer Jackson Talia Oakley</p> <p style="text-align: center;"><b>Special Projects Coordinator</b> Tara McCauley</p>
<p style="text-align: center;"><b>Dentists</b></p> <p>Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS</p>	<p style="text-align: center;"><b>Dental Assistants</b></p> <p>Marda Keys Lucero Olmedo</p>	<p style="text-align: center;"><b>Administrative Assistant II</b> Crystal Anderson Laura Shobe</p>
<p style="text-align: center;"><b>Volunteers</b></p> <p><b>PRN Dental Hygienists</b> Sophia Wan, RDH David Moon, RDH Lindy Hewerdine, RDH Jaclyn Mathis, RDH</p>	<p style="text-align: center;"><b>Interns</b></p> <p>Whitney Gregor - IBCCP Maggie Nordsiek - WHP Liz Badskey - WHP Sophie Hoffman - WHP</p>	<p style="text-align: center;"><b>IBCCP Intake Specialists</b> Leah Brunkow Kathy Reardon</p>
		<p style="text-align: center;"><b>Dental Intake</b> Karen Bryson Chauntiere Harden Division of Wellness Health Promotion</p>