



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of
Wellness & Health Promotion
August 2014

Programs

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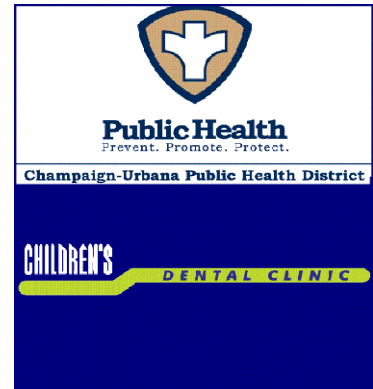
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU and Co. Combined
New Patient	80
Visits by Patients of Record	442
Total Patient Visits	522
Total Procedures Performed	1,992



Number of Days Clinic Open	21
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Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	11
Visits by Patients of Record	154
Total Patient Visits	165
Total Procedures Performed	524
Number of Days Clinic Open	13

We would like to Welcome Whitney Scheiwe to CUPHD!!!

Whitney is our new Dental Hygienist in our Dental Department. Whitney was born in Watseka, Illinois, she grew up in Cissna Park. In High School she worked at the Heartland Spa and local dinner, and worked at Kid's 1st daycare for four years. In October of 2013 she began at CUPHD as a PRN Dental Hygienist. Whitney is so excited to join full time with the school sealant program and clinic.

Whitney's hobbies include playing with her dog, shopping, spending time with family and friends, reading, watching movies and eating yummy food!!

Three things about Whitney to share with staff are:

She loves to laugh, smile, joke, and have a good time.

She loves animals.

She will be done with her Bachelor's from EIU in December of 2014.

When you see Whitney around CUPHD please stop and say Hi and introduce yourself. We are happy to have you Whitney!

Mobile Program/School Sealants

January: Visited 3 Schools - 238 Exams, 128 Cleanings, 128 Fluorides, 337 sealants placed.

February: Visited 3 Schools - 151 Exams, 72 Cleanings, 72 Fluorides, 157 sealants placed.

March: Visited 2 Schools - 102 Exams, 59 Cleanings, 58 Fluorides, 124 sealants placed.

April: Visited 4 Schools - 151 Exams, 83 Cleanings, 83 Fluorides, 182 sealants placed.

May: In May we did Restorative Clinic Only

June, July and August - School is out, we will start Sealant Program again in September.



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	1
County	# of Complaints	0



Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

CU	Checks	n/a	# of Sales	n/a
County	Checks	n/a	# of Sales	n/a

Freedom From Smoking


A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	Total # of people	n/a
County	Total # of people	n/a

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter marketing strategies.

County	# of times presented (Count complete programs, not sessions)	n/a	Total # of people served	n/a
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Health Promotions has a new Intern. We are excited to have Heidi Hart here helping us. Heidi was born and raised in Dundee, Illinois. She worked in the Health Education Department at McKinley Health Center for three years. Now she currently is a waitress at Firehaus on the U of I Campus.

Heidi loves to run and will be participating in her 2nd half marathon in April. She played seven different sports growing up but had to stop after 10 broken bones.

Heidi's favorite quote is "Just keep swimming" - Dori from Finding Nemo.

If you see Heidi please stop by and introduce yourself and welcome her to CUPHD. We are happy to have you Heidi!



Events

We held three CATCH Trainings:

08-12-14 Urbana, 20 participants

08-14-14 Ludlow, 15 participants

08-19-14 Lincoln Trail, 57 participants

And a mini CATCH Training with staff at Yankee Ridge and ML King Jr Elementary.

We assisted in organizing ML King Jr Elementary School's CATCH Family Open House. There were 25 participants.

We brought CATCH to Prairie Elementary School's.

We had a table at the Carle Cancer Symposium to recruit providers at Quitline Referral Partners.

We talked with 10 providers, more received materials.

We attended several events to collect surveys on smoking in parks:

Clark Park (Sounds at Sunset)

Campus Summer Stage

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	269	164	316	211	960
New Clients Enrolled	6	1	1	1	9
Provider & Community Outreach	5	5	1	0	11

August 2014

IBCCP Information was distributed at the following events:

- 8/8-8/9 Champaign-Urbana Days - Douglas Park
- 8/15 King Elementary School (CATCH Table)
- 8/15-8/16 Taste of C-U - West Side Park
- 8/22-8/23 Sangamon Music Festival - Mahomet



*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana, Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Prairie & Southside Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- C-U Safe Routes to School Steering Committee
- Unity East & West, Leal, Thomas Paine, Wiley & Heritage Wellness Committee
- Urbana Bicycle Plan Steering Committee
- Coalition for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Coordinated School Health Grantee Meeting
- Healthy Champaign County
- Fisher Grade School Wellness Team Meeting



Please check out our informational websites.

www.getcoveredillinois.gov

<http://www.smoke-free.illinois.gov/>

www.idph.state.il.us/about/womenshealth/ibccp/index.htm

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com

www.cdc.gov/cancer/nbccedp



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer	Cathy Propst Program Coordinator	531-2916
Health Promotion	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Teresa Turner Program Coordinator	239-4220

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p>Nurses</p> <p>Bette Chapman</p>	<p>Dental Hygienists</p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Yasmin Gonzalez, RDH</p>	<p>Health Educators Jennifer Jackson Talia Oakley</p> <p>Special Projects Coordinator Tara McCauley</p>
<p>Dentist</p> <p>Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS</p>	<p>Dental Assistants</p> <p>Marda Keys Lucero Olmedo</p>	<p>Administrative Assistant II Crystal Anderson Laura Shobe</p>
<p>Volunteers Anupama Patel-Dental</p> <p>PRN Dental Hygienists Sophia Wan, RDH David Moon, RDH Lindy Hewerdine, RDH Jaclyn Mathis, RDH</p>	<p>Interns</p> <p>Katie Kodros-HP</p>	<p>IBCCP Intake Specialists Leah Brunkow Cristina Dongo Kathy Reardon</p>
		<p>Dental Intake Karen Bryson Chauntiere Harden</p>