



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of
Wellness & Health Promotion
July 2014

Programs

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Mommy & Baby Expo!



Mobile Program/School Sealants

January: Visited 3 Schools - 238 Exams, 128 Cleanings, 128 Fluorides, 337 sealants placed.
February: Visited 3 Schools - 151 Exams, 72 Cleanings, 72 Fluorides, 157 sealants placed.
March: Visited 2 Schools - 102 Exams, 59 Cleanings, 58 Fluorides, 124 sealants placed.
April: Visited 4 Schools - 151 Exams, 83 Cleanings, 83 Fluorides, 182 sealants placed.
May: In May we did Restorative Clinic Only

June, July and August - School is out, we will start Sealant Program again in September.



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	5
County	# of Complaints	1



Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

CU	Checks	n/a	# of Sales	n/a
County	Checks	n/a	# of Sales	n/a

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	Total # of people	n/a
County	Total # of people	n/a

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

County	# of times presented (Count complete programs, not sessions)	n/a	Total # of people served	n/a
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Awardees of the Healthy Worksite Designation!



Events

We hosted a Worksite Wellness Panel at Human Kinetics with the Awardees of the Healthy Worksite Designation:

C-U MTD
Parkland College
Carle
The City of Urbana
CUPHD
Human Kinetics

We attended several events to collect surveys on smoking in parks:

Forest Preserve - Freedom Fest
Fisher Fair
Sounds at Sunset Park
Rantoul Park Movie Night
Campus Summer Stage

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	263	161	313	210	947
New Clients Enrolled	5	4	6	0	15
Provider & Community Outreach	1	1	0	0	2

July 2014

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

of Champaign County women served.

Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Prairie & Southside Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- C-U Safe Routes to School Steering Committee
- Unity East & West, Leal, Thomas Paine, Wiley & Heritage Wellness Committee
- Urbana Bicycle Plan Steering Committee
- Coalition for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Coordinated School Health Grantee Meeting
- Healthy Champaign County
- Fisher Grade School Wellness Team Meeting



Please check out our informational websites.

www.getcoveredillinois.gov

<http://www.smoke-free.illinois.gov/>

www.idph.state.il.us/about/womenshealth/ibccp/index.htm

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com

www.cdc.gov/cancer/nbccedp



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer	Cathy Propst Program Coordinator	531-2916
Health Promotion	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Teresa Turner Program Coordinator	531-2890

**Have questions about Wellness and Health Promotion?
Get more information on our website!**

<http://c-uphd/wellness-health-promotion.html>

<p>Nurses</p> <p>Bette Chapman</p>	<p>Dental Hygienists</p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Yasmin Gonzalez ,RDH</p>	<p>Health Educators</p> <p>Jennifer Jackson Talia Oakley</p> <p>Special Projects Coordinator</p> <p>Tara McCauley</p>
<p>Dentist</p> <p>Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS</p>	<p>Dental Assistants</p> <p>Marda Keys Lucero Olmedo</p>	<p>Administrative Assistant II</p> <p>Crystal Anderson Laura Shobe</p>
<p>Volunteers</p> <p>Nedra Brown</p>	<p>Interns</p> <p>Katie Kodros-HP</p>	<p>IBCCP Intake Specialists</p> <p>Leah Brunkow Cristina Dongo Kathy Reardon</p>
		<p>Dental Intake</p> <p>Karen Bryson Chauntiere Harden</p>