



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion October 2013

Programs

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Oral Surgery

One Saturday morning each month a local Oral Surgery Resident performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

Oral Surgery Residents:

Blake Kitamura, DMD March 2012-Present

January:	No Resident Available
February 23rd:	7 Patients
March:	No Resident Available
April:	No Resident Available
May:	No Resident Available
June:	No Resident Available
July 20:	8 Patients
August 24:	5 Patients
September 28:	2 Patients
October:	No Resident Available

Mobile Program/School Sealants

January:	Visited 2 Schools - 54 Exams, 29 Cleanings, 29 Fluorides, 76 Sealants placed.
February:	Visited 3 Schools - 107 Exams, 60 Cleanings, 59 Fluorides, 149 Sealants placed.
March:	Visited 4 Schools - 80 Exams, 45 Cleanings, 45 Fluorides, 90 Sealants placed.
April:	Visited 3 Schools - 127 Exams, 75 Cleanings, 75 Fluorides, 173 Sealants placed.
September:	Visited 2 Schools - 109 Exams, 59 Cleanings, 59 Fluorides, 211 Sealants placed.
October:	Visited 4 Schools- 371 Exams, 178 Cleanings, 178 Flourides, 161 Sealants placed.



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	0
County	# of Complaints	2



Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

CU	Checks	n/a	# of Sales	n/a
County	Checks	n/a	# of Sales	n/a

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	Total # of people	n/a
County	Total # of people	n/a

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

County	# of times presented (Count complete programs, not sessions)	n/a	Total # of people served	n/a
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Other Education Programs

We have an organized group of volunteers who are making Germ Buster appearances throughout Champaign County. In October we organized 7 presentations for over 300 Pre-K students.

On October 1, we presented to Champaign City Council on the importance of Walking and Biking to school for Walk n Roll to School Day. CUPHD also participated in Walk n Roll to School Day.

On October 3, we staffed a table at the University of Illinois Housing Fair to educate students on the importance of asking for smoke-free housing. We met with many rental companies while we were there and began collecting leases for those who are smoke-free so that we can recognize them.

On October 9, we completed a CATCH Refresher training with 6 staff members at Booker T. Washington STEM Academy.

At Leal, we held two Lucky Tray Days. We also held a CATCH Kick-off Pep Rally, and a family night CATCH kick-off.

On October 16, we helped the students at the SPLASH Biking Class with a bike rodeo.

On October 25, we distributed materials at a pediatric wellness fair at Carle.

Events





Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	345	206	441	300	1292
New Clients Enrolled	5	3	9	1	18
Provider & Community Outreach	4	4	3	1	12

October 2013

IBCCP had a booth at the Presence Covenant Go Pink Event @ the iHotel on 10/2. Over 200 people attended the event. IBCCP and breast cancer information was distributed and breast self-exams were taught using the mammacare models.

Breast Cancer Awareness bags were distributed on 10/13 at Pilgrim Missionary Baptist Church (50 Women) and on 10/20 at Salem Baptist Church (25 Women).

New provider in-services were conducted at Immanuel Health Center (12 providers and support staff) and OSF Medical Group in Bloomington (2 managers and site director) on 10/8/13.

10/1/13 The Governor's Breast Cancer Awareness Proclamation was distributed to all local media.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

of Champaign County women served.



Meet the Team

Cristina Dongo, our new Intake Specialist started in WHP on September 30, 2013. Cristina was born in Lima, Peru and grew up in Chicago.

During college Cristina was a student aid for the academic advising department, she was also a waitress/cashier at Maize Mexican Restaurant. Earlier this year Cristina was our IBCCP intern.

In Cristina's free time she loves to paint her nails, decorate cakes/pastries, watch movies, but most of all she loves visiting new places.

Three fun facts about Cristina:

- She loves zumba classes.
- She wants to join a book club.
- She wants to learn how to speak french.

Cristina's favorite quote is "Things do not happen. Things are made to happen".

Please stop by the IBCCP office to welcome Cristina to our staff, say "Hi", and introduce yourself.

Chauntiere Harden is our new Dental Intake in the Dental Department. Chauntiere was born in Decatur she was there for 11 years and than moved to Rantoul, Illinois.

Chauntiere has mostly worked in Customer Service oriented jobs in restaurants, banking, and retail. Anything that has to do with helping others is where she enjoys working.

In Chauntiere's free time she enjoys reading, writing, shopping and texting lol.

Three fun facts about Chauntiere:

- She is very understanding and a good listener.
- She is friendly and can spark a conversation with almost anyone.
- She enjoys working at Public Health because she loves to help others.

Chauntiere's favorite quote is:

"The door to success is marked "PUSH".

Please stop by the Dental Clinic to welcome Chauntiere and say "Hi".

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting
Urbana Bicycle Plan Steering Committee
Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer Illinois Wisewomen	Cathy Propst Program Coordinator	531-2916
Health Promotion	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Teresa Turner Program Coordinator	531-2890

**Have questions about Wellness and Health Promotion?
Get more information on our website!**

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p style="text-align: center;">Judy Krumwiede Amy Johnson Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p style="text-align: center;">Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Yasmin Gonzalez, RDH</p>	<p style="text-align: center;">Health Educators</p> <p style="text-align: center;">Jennifer Jackson Talia Oakley Whitney Hayes Tara McCauley</p>
<p style="text-align: center;">Dentist</p> <p style="text-align: center;">Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS Blake Kitamura, DDS Yolanda Wright, DMD Alan Broadbent, DDS</p>	<p style="text-align: center;">Dental Assistants</p> <p style="text-align: center;">Marda Keys Lucero Olmedo</p>	<p style="text-align: center;">Administrative Assistant II</p> <p style="text-align: center;">Crystal Anderson Laura Shobe</p>
<p style="text-align: center;">Volunteers</p> <p style="text-align: center;">Nedra Brown</p>	<p style="text-align: center;">Interns</p> <p style="text-align: center;">Allison Wiley</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p style="text-align: center;">Leah Brunkow Christy Foster Cristina Dongo</p>
		<p style="text-align: center;">Dental Intake</p> <p style="text-align: center;">Karen Bryson Chauntiere Harden</p>