



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of
Wellness & Health Promotion
June 2013

Programs

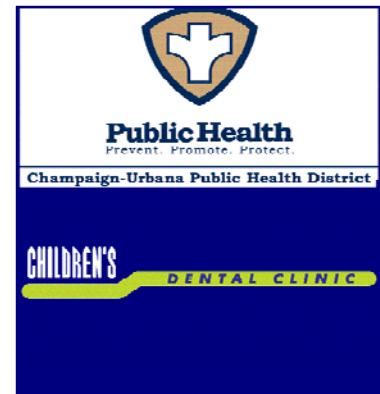
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU and Co. Combined
New Patient	86
Visits by Patients of Record	436
Total Patient Visits	522
Total Procedures Performed	2050



Number of Days Clinic Open 20

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	11
Visits by Patients of Record	113
Total Patient Visits	124
Total Procedures Performed	442
Number of Days Clinic Open	20

Oral Surgery

One Saturday morning each month a local Oral Surgery Resident performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

Oral Surgery Residents:

Blake Kitamura, DMD March 2012-Present

January: No Resident Available

February 23rd: 7 Patients

March: No Resident Available

April : No Resident Available

May : No Resident Available

June: No Resident Available

School Sealants

January: Visited 2 Schools - 54 Students Seen, 65 Sealants Placed.

February: Visited 3 Schools - 107 Students Seen, 134 Sealants Placed.

March: Visited 3 Schools - 80 Students Seen, 90 Sealants Placed.

April: Visited 3 Schools - 127 Exams, 75 Cleanings, 75 Fluorides, 173 Sealants

The school sealant program will resume in August of 2013.



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	5
County	# of Complaints	1



Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

CU	Checks	n/a	# of Sales	n/a
County	Checks	n/a	# of Sales	n/a

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	Total # of people	n/a
County	Total # of people	n/a

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

County	# of times presented (Count complete programs, not sessions)	n/a	Total # of people served	n/a
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Other Education Programs

CATCH Program



Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

Events

On June 1, we participated in a bike rodeo at Playing it Safe.

We completed the School Health Index. The School Health Index (SHI) is an online self-assessment and planning tool that schools can use to improve their health and safety policies and programs. The SHI was developed by CDC in partnership with school administrators and staff, school health experts, parents, and national nongovernment health and education agencies to:

Enable schools to identify strengths and weaknesses of health and safety policies and programs.

Enable schools to develop an action plan for improving student health, which can be incorporated into the School Improvement Plan.

Engage teachers, parents, students, and the community in promoting health-enhancing behaviors and better health.

On Thursday, June 13th we conducted the SHI with three Urbana Elementary Schools - Leal, Wiley, and Thomas Paine.

Saturday June 15th was Juneteenth. We set up a table with information about healthy eating and active living along with some games for kids to play that taught them about physical activity, health and nutrition

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	369	222	449	331	1371
New Clients Enrolled	3	1	8	4	16
Provider & Community Outreach	0	0	0	0	0

June 2013

356 Client Satisfaction surveys were sent to 25% of our active clients. Each of these clients was also sent IBCCP tear-off sheets to share with friends or family who may also need IBCCP services.

140 Provider Satisfaction surveys were sent. All clinical providers also received IBCCP referral tear-off sheets for their offices.

Results received from clients have been very positive.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

of Champaign County women served.

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening intervention and evaluation program that is currently being implemented

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	171	102	3	276
New clients enrolled	0	0	0	0
Number of clients completing an integrated visit	8	3	0	11
# of LSI classes held	5	0	0	5
Average number of women attending LSI class	6	0	0	6

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

Both English and Spanish LSI-3 sessions began in May 2013 and finished in June 2013.

We had 3 English classes and 2 Spanish classes.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Youth Committee @ Prairie Center
East Central Illinois Asthma Partnership
C-U Safe Routes to School Steering Committee

Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer Illinois Wisewomen	Cathy Propst Program Coordinator	531-2916
Health Promotion	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Teresa Turner Program Coordinator	531-2890

**Have questions about Wellness and Health Promotion?
Get more information on our website!**

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p>Theresa Truelove Judy Krumwiede Amy Johnson Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH</p>	<p style="text-align: center;">Health Educators</p> <p>Jennifer Jackson Talia Oakley Whitney Hayes</p>
<p style="text-align: center;">Dentist</p> <p>Kara Ruffatto, DDS Gurjeet Sidhul, DDS Robert Grenda, DDS Blake Kitamura, DDS</p>	<p style="text-align: center;">Dental Assistants</p> <p>Marda Keys</p>	<p style="text-align: center;">Administrative Assistant II</p> <p>Crystal Anderson Laura Shobe</p>
<p style="text-align: center;">Volunteers</p> <p>Nedra Brown Madison Mauck</p>	<p style="text-align: center;">Interns</p> <p>Lauren Fifarek Irisha Clark Raven Henderson Mayra Montoya Nadine Shatat Jacqueline Capron Jenny Boosey Sam Cebular Cristina Dongo</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p>Kathy Reardon Leah Brunkow Ghenaia Johnson Christy Foster</p>
		<p style="text-align: center;">Dental Intake</p> <p>Charlene Johnson Karen Bryson</p>