



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion December 2012

Programs

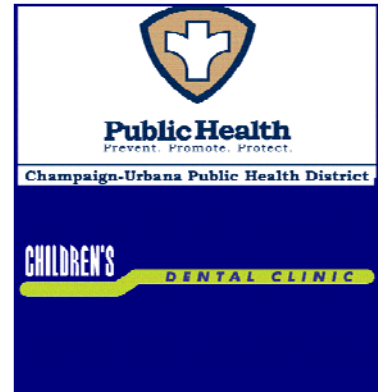
	Page
Cover	1
Dental	2-3
Health Promotion Programs	4-5
Child Vision & Hearing Screening	6
Illinois Breast & Cervical Cancer Program	7
Illinois Wisewomen	8
Community Meetings and Websites	9
Contacts	10

CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU and Co. Combined
New Patient	63
Visits by Patients of Record	291
Total Patient Visits	354



Number of Days Clinic Open	18
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Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	8
Visits by Patients of Record	93
Total Patient Visits	101

Number of Days Clinic Open	8
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Oral Surgery

One Saturday morning each month a local Oral Surgery Resident performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

Oral Surgery Resident:

Blake Kitamura, DMD March 2012 - Present

January: No Resident Available

February 18th: 6 patients

March 24th: 2 patients

April 21st: 3 patients

May: No Resident Available

June 30th: 4 patients

July 28th: 7 patients

August : No Resident Available

September 8th: 6 patients

October 20th: 6 patients

November: No Resident Available

December 15th: 6 patients

COMMUNITY OUTREACH

School Sealant Program 2012	Sept.	Oct.	Nov.	Dec
Number of C-U Schools Visited	2	4	4	3
Number of Students Seen	177	335	337	145
Number of Dental Sealants Placed	218	260	169	229



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	0
County	# of Complaints	2



Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.

CU	Total # of people	2
County	Total # of people	0

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	Checks	n/a	# of Sales	n/a
County	Checks	n/a	# of Sales	n/a

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	Total # of people	0
County	Total # of people	0

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

County	# of times presented (Count complete programs, not sessions)	4	Total # of people served	97
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4

Division of Wellness Health Promotion
December 2012 Board Report

Other Education Programs



Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are: # of students

Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

Events

We completed a curriculum called Draw the Line Respect the Line (pregnancy prevention) with all the students in health class at J.W. Eater Junior High School in Rantoul (37-6th graders, 38-7th graders, 41-8th graders).

Draw the Line/Respect the Line is an evidence based curriculum, based on these principles:

Not having sex is the healthiest sexual limit for students in middle school.

Students can set sexual limits and maintain them.

Students will encounter challenges to their limits, and can overcome challenges.

Students can learn to respect others' limits.

Condom use is essential protection for those who are sexually active.

We also offer a positive youth development program once a week after school with Eater. Fifteen to twenty-five students attend, and we cover topics like: tobacco, fiscal management, understanding emotions, etc.

We completed Heart Smart for Teens with the fifth grade girls at Unity West Elementary School. Heart Smart for Teens is a nine week intervention that included guest speakers, health education materials/incentive items, healthy snack items and participant physical activity outings to help young

Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reimbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	0	141	0	141	0	8	0	8
Rescreened	0	0	0	0	0	0	0	0
Threshold	0	0	0	0	0	0	0	0
Referred	0	8	0	8	0	0	0	0

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	0	144	0	144	0	8	0	8
Rescreened	0	0	0	0	0	0	0	0
Referred	0	2	0	2	0	0	0	0
w/ Glasses	0	2	0	2	0	0	0	0
w/ Glasses- Referred	0	0	0	0	0	0	0	0

Schedule

DATE

SCHOOL

December 6-7
December 11-12

Montessori School of CU/Savoy
First Baptist Church Preschool/Savoy

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	425	250	501	364	1540
New Clients Enrolled	1	4	8	6	19
Provider & Community Outreach	0	0	0	1	1

40,970 women died last year from breast cancer.

1 in 8 women will be diagnosed with breast cancer sometime in their lives.

Have you had YOUR Mammogram this Year?

FREE Mammograms, Pap Tests, Breast & Pelvic Exams - for Uninsured Women -

The Illinois Breast and Cervical Cancer Program (IBCCP) can help women ages 35 - 64.

For more information, please call: 217.373.9281 -or- 1.877.811.0193

Public Health
Department of Health Services

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

number of Champaign County women served.

7

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	182	116	3	301
New clients enrolled	1	2	0	3
Number of clients completing an integrated visit	8	11	0	19
# of LSI classes held	n/a	n/a	n/a	0
Average number of women attending LSI class	n/a	n/a	n/a	English; Spanish

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

Both English and Spanish LSI-3 sessions began in October 2012 and finished in November. The next English LSI-3 sessions will likely take place in February 2013.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



<p>The Division of Wellness & Health Promotion</p>	<p>Deb Fruitt Director</p>	<p>531-2921</p>
<p>Illinois Breast & Cervical Cancer Illinois Wisewomen Adult Immunization</p>	<p>Cathy Propst Program Coordinator</p>	<p>531-2916</p>
<p>Health Promotion</p>	<p>Nikki Hillier Program Coordinator</p>	<p>531-2914</p>
<p>Dental Hearing & Vision</p>	<p>Alicia Ekhoﬀ Program Coordinator</p>	<p>531-4538</p>
<p>Urbana School Health Center</p>	<p>Teresa Turner Program Coordinator</p>	<p>531-2890</p>

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p>Theresa Truelove Judy Krumwiede Amy Johnson Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH</p>	<p style="text-align: center;">Health Educators</p> <p>Jennifer Jackson Talia Oakley Whitney Hayes</p>
<p style="text-align: center;">Dentist</p> <p>Kara Ruffatto, DDS Gurjeet Sidhu, DDS Robert Grenda, DDS Blake Kitamura, DDS</p>	<p style="text-align: center;">Dental Assistants</p> <p>Marda Keys Becky Black</p>	<p style="text-align: center;">Administrative Assistant II</p> <p>Crystal Anderson Laura Shobe</p>
<p style="text-align: center;">Volunteers</p> <p>Nedra Brown</p>	<p>Interns</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p>Kathy Reardon Leah Brunkow Ghenaia Johnson Christy Foster</p>
<p style="text-align: center;">Vision & Hearing Tech</p> <p>Becky Black</p>		<p style="text-align: center;">Dental Intake</p> <p>Charlene Johnson Karen Bryson</p>