



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of
Wellness & Health Promotion
March 2012

Programs

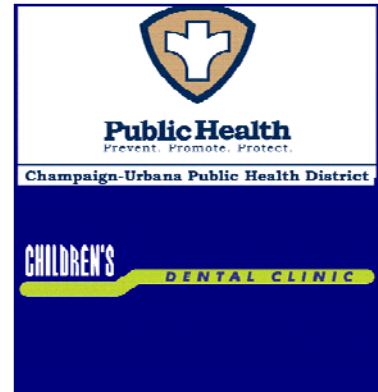
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	65	3
Visits by Patients of Record	393	
Total Patient Visits	625	
Treatment Provided		
Diagnostic & Preventative Care	1,104	
Restorative Procedures	299	
Oral Surgery Procedures	20	



Number of Days Clinic Open 22

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	22
Visits by Patients of Record	106
Total Patient Visits	163
Treatment Provided	
Diagnostic & Preventative Care	257
Restorative Procedures	40



Number of Days Clinic Open 20

2

Oral Surgery

One Saturday morning each month a local Oral Surgery Resident performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

Oral Surgery Residents:

Cole Anderson, DMD January 2011 - May 2012

Blake Kitamura, DMD Starts March 2012

20 procedures

Mobile Dental Clinics: 2011-12

During the 2011-12 School Year, Urbana Students in Grades PK - 6th and Champaign Students in Grades PK, K, 2nd and 6th will be eligible for Mobile Dental Services at their school. Through Medicaid Reimbursement and an IDPH Grant, students will receive an exam, dental cleaning, fluoride treatment, and dental sealants on the first and second permanent molars to seal out tooth decay.

During August School Registration all students in these grades will have the opportunity to complete a consent form allowing the CUPHD Mobile Dental Clinic to provide preventative dental care at school. Schools are contacted after registration to determine the best time to schedule their clinic.

All students treated during the clinics receive a Home Oral Health Care Kit that includes a toothbrush, toothpaste, and dental floss. Students are referred to CUPHD Dental Clinics to establish and Dental Home and receive continued follow up care.

Champaign, IL

Barkstall (EXT) September 7

Bottenfield March 26

BT Washington February 7

Carrie Busey February 15

Champaign EC Sept 27-30

Dr. Howard April 3

Edison Middle January 10

Franklin Middle January 17

Garden Hills December 13

Jefferson Middle January 24-26

Kenwood (EXT) September 13

Robeson April 10

South Side March 13

Stratton December 5-6

Westview February 21

Urbana, IL:

Leal Oct. 26, 27

ML King Oct. 12-14

Prairie Oct. 5-7

Thomas Paine Nov. 2, 3, 9

Urbana Middle Sept. 21-23

Washington (EC) Oct. 18-20

Wiley Elementary Nov. 16-18

Yankee Ridge Nov. 30, Dec. 1, 2

SCHOOL MOBILE VISITS: Bottenfield Elementary & South Side Elementary

NUMBER OF STUDENTS SEEN: 69



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	0
County	# of Complaints	1



Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.

CU	Total # of people	7
County	Total # of people	0

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	Checks	# of Sales
County	Checks	# of Sales

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	Total # of people	3
County	Total # of people	4

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

County	# of times presented (Count complete programs, not sessions)	2	Total # of people served	32
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6

Other Education Programs

Reproductive Health

Age-appropriate sexual health programs are provided by our health educators, topics include puberty, self-image, sexually transmitted infection, and contraception.

County	# of times presented (Count complete programs, not sessions)	2	Total # of people served	175
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CATCH Program



Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

Events

During March we collected the heights, weights, and BMIs for all the students at Unity East, and most of the students at Unity West.

Health Educators presented *Fresh from the Farm* to a class in Urbana.

Our CATCH school, Carrie Busey held a smoothie contest. Each classroom submitted a recipe that they got to taste test first. Teachers then tasted all of the smoothies and chose the best one. The second grade class won with a very unique recipe named Tropical Island.

Carrie Busey also held a beach party. Students walked enough miles as a school to reach Miami, FL. They celebrated by having a beach party in the gym, complete with tropical treats, drinks, dancing and games. http://illinoishomepage.net/fulltext/?nxd_id=350102

Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reimbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	130	183		313				0
Rescreened				0				0
Threshold				0				0
Referred	40			40				0

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	128	183		311				0
Rescreened				0				0
Referred	38			38				0
w/ Glasses	5			5				0
w/ Glasses- Referred				0				0

Schedule

DATE

SCHOOL

4/4/12	Little Wings Learning
4/10/12	Early Learning
4/12/12	Montessori School
4/13/12	Bradley Learning
4/17/12	Elite Learning

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	433	250	466	356	1505
New Clients Enrolled	18	3	11	13	45
Provider & Community Outreach	0	0	1	0	1

March 2012

IBCCP had a booth at the IL heart and Lung Foundation's Women's Health Fair in Bloomington on 3/20/12. Over 2000 women attended this event and those that came by our booth received breast and cervical cancer information and BSE instruction.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

number of Champaign County women served.

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	202	103	5	310
New clients enrolled	11	3	0	14
Number of clients completing an integrated visit	19	16	0	35
# of LSI classes held				2
Average number of women attending LSI class				4

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

Wellness & Health Promotion



Nikki Hillier in the news!

Nikki Hillier was interviewed on the new FDA advertisements.

http://wicd15.com/newsroom/top_stories/videos/vid_5004.shtml

Nikki was also interviewed about Kick Butts Day.

http://wicd15.com/newsroom/top_stories/videos/vid_5021.shtml



Meet the Team

Laura Shobe started with us this month in Dental, as an Administrative Assistant II. Laura will be working with the school sealant program. She was born in Mattoon, IL and grew up in Sullivan, IL. She worked at Lutheran Social Services of Illinois in Champaign for 5 years before joining us. In her free time she enjoys reading, painting, gardening and puzzles.

Three fun facts about Laura

- She has mad Tetris skills.
- She can remember almost anything set to a catchy tune.
- She is fascinated by sharks.

Laura's Favorite quote

I'm resplendent like the noonday sun, am I not?

-Rajesh Kothrappali (The Big Bang Theory)

Stop by and say hi to Laura in the Dental office.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



<p>The Division of Wellness & Health Promotion</p>	<p>Deb Fruitt Director</p>	<p>531-2921</p>
<p>Illinois Breast & Cervical Cancer Illinois Wisewomen Adult Immunization</p>	<p>Cathy Propst Program Coordinator</p>	<p>531-2916</p>
<p>Health Promotion</p>	<p>Nikki Hillier Program Coordinator</p>	<p>531-2914</p>
<p>Dental Hearing & Vision</p>	<p>Alicia Ekhoﬀ Program Coordinator</p>	<p>531-4538</p>
<p>Urbana School Health Center</p>	<p>Teresa Turner Program Coordinator</p>	<p>531-2890</p>

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p>Theresa Truelove Judy Krumwiede Vickie Ellis Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Terri Jesiolowski, RDH</p>	<p style="text-align: center;">Health Educators</p> <p>Jennifer Jackson Janice Walker Deanna Williams</p>
<p style="text-align: center;">Dentist</p> <p>Kara Ruffatto, DDS James Wahl, DDS Robert Grenda, DDS Cole Anderson, DDS</p>	<p style="text-align: center;">Dental Assistants</p> <p>Marda Keys Becky Black</p>	<p style="text-align: center;">Administrative Assistant II</p> <p>Maria Capps Open Position</p>
<p style="text-align: center;">Volunteers</p> <p>Nedra Brown Kathleen Conlisk Liz Reynolds Ross Eckert</p>	<p style="text-align: center;">Interns</p> <p>Cecilia Ramirez Mansi Jailwala Paige Ligon Amy Han</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p>Kathy Reardon Leah Brunkow Talia Oakley Christy Foster</p>
<p style="text-align: center;">Vision & Hearing Tech</p> <p>Shirley Lincione</p>		<p style="text-align: center;">Dental Intake</p> <p>Charlene Johnson Karen Bryson</p>