



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion February 2012

Programs

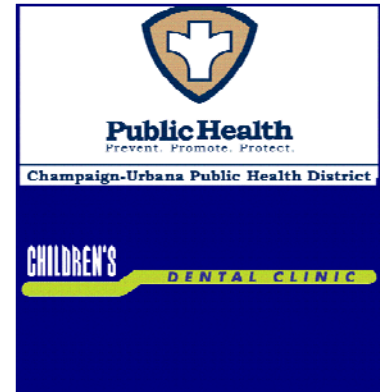
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	49	4
Visits by Patients of Record	376	11
Total Patient Visits	425	15
Treatment Provided		
Diagnostic & Preventative Care	418	
Preventative Care	684	
All Other Dental Care	292	



Number of Days Clinic Open 19.5

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	20
Visits by Patients of Record	116
Total Patient Visits	136
Treatment Provided	
Diagnostic & Preventative Care	82
Sealants	159
General Dental Care	77

Oral Surgery

One Saturday morning each month a local Oral Surgery Resident performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

Oral Surgery Residents:

Cole Anderson, DMD January 2011 - May 2012

Blake Kitamura, DMD Starts March 2012

February 18th: 6 patients / 22 procedures

Mobile Dental Clinics: 2011-12

During the 2011-12 School Year, Urbana Students in Grades PK - 6th and Champaign Students in Grades PK, K, 2nd and 6th will be eligible for Mobile Dental Services at their school. Through Medicaid Reimbursement and an IDPH Grant, students will receive an exam, dental cleaning, fluoride treatment, and dental sealants on the first and second permanent molars to seal out tooth decay.

During August School Registration all students in these grades will have the opportunity to complete a consent form allowing the CUPHD Mobile Dental Clinic to provide preventative dental care at school. Schools are contacted after registration to determine the best time to schedule their clinic.

All students treated during the clinics receive a Home Oral Health Care Kit that includes a toothbrush, toothpaste, and dental floss. Students are referred to CUPHD Dental Clinics to establish and Dental Home and receive continued follow up care.

Champaign, IL

Barkstall (EXT) September 7
Bottenfield March 26
BT Washington February 7
Carrie Busey February 15
Champaign EC Sept 27-30
Dr. Howard April 3
Edison Middle January 10
Franklin Middle January 17
Garden Hills December 13
Jefferson Middle January 24-26
Kenwood (EXT) September 13
Robeson April 10
South Side March 13
Stratton December 5-6
Westview February 21

Urbana, IL:

Leal Oct. 26, 27
ML King Oct. 12-14
Prairie Oct. 5-7
Thomas Paine Nov. 2, 3, 9
Urbana Middle Sept. 21-23
Washington (EC) Oct. 18-20
Wiley Elementary Nov. 16-18
Yankee Ridge Nov. 30, Dec. 1, 2

Adult Immunization

Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

Immunizations	C-U	Co	Other
Hepatitis A	2		1
Hepatitis B	3		
Polio			2
Mumps, Measles, Rubella	2	1	
Tetanus and diphtheria	1		
Tetanus, diphtheria and acellular pertussis	2	1	
Hepatitis A and Hepatitis B	1	1	2
Typhoid			1
Varicella /chickenpox	2	1	
Flu/Pneumonia	1	1	
Total Immunizations for	14	5	6

25



Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 –Ask for Theresa



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	1
County	# of Complaints	0



Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.

CU	Total # of people	0
County	Total # of people	0

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	Checks	27	# of Sales	3
County	Checks	13	# of Sales	1

Media Sharp

An important tool to help middle- and high-school youth evaluate those messages and make healthy, life-saving choices. Through 4-5 interactive sessions using various forms of technology and media, participants learn how media influences our behaviors and decisions. The curriculum focuses on tobacco and alcohol, but address media's influence on all of our choices from cars to tennis shoes.

County	# of times presented (Count complete programs, not sessions)	1	Total # of people served	9
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Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

County	# of times presented (Count complete programs, not sessions)	1	Total # of people served	19
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Other Education Programs



CATCH Program

CATCH[®]

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

We are thrilled to report that the students at Unity West are now provided only whole wheat bread and only no sugar added cereals.

Events

Feb 1: We presented at Roundhouse, a program that offers services and shelter to homeless youth, on all of our services. There were 6 clients, and several service providers and staff present. The staff took all the information, so they could share it with new clients or existing clients who were unable to attend.

Feb 4: We participated in Give Kids a Smile day. We had a Go-Slow-Whoa foods food sort and other nutrition education activities, taught families some easy things they can do at home to keep kids and the whole family active, and promoted the Illinois Tobacco Quitline.

Feb 6: Nikki Hillier and Diana Marlin presented for the Urbana City Council on Let's Move! Urbana, an initiative promoted by First Lady Michelle Obama to make changes community-wide, so that we can help the youth of this generation reach adulthood at a healthy weight.

Feb 9: Participated in the City of Champaign Wellness Fair. We presented nutrition and tobacco cessation information.

Feb 15: Nikki Hillier and other members of the Unity West Wellness Team presented for the school

Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reimbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	315			315				0
Rescreened				0				0
Threshold				0				0
Referred	15			15				0

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	315			315				0
Rescreened				0				0
Referred	13			13				0
w/ Glasses	1			1				0
w/ Glasses- Referred				0				0

Schedule

DATE	SCHOOL / CITY
Playtime Preschool	3/7/12
Kids First	3/9/12
First School	3/12/12
Kindercare	3/13/12
Happi Time Stratford	3/14/12
Happi Time Avondale	3/15/12
The Caring Place	3/21/12
WECC	3/26/12

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	451	261	471	360	1543
New Clients Enrolled	12	9	23	8	52
Provider & Community Outreach	0	0	1	0	1



*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

number of Champaign County women served.

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	205	106	5	316
New clients enrolled	17	7	0	24
Number of clients completing an integrated visit	14	8	0	22
# of LSI classes held				2
Average number of women attending LSI class	5	0	0	5

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



<p>The Division of Wellness & Health Promotion</p>	<p>Deb Fruitt Director</p>	<p>531-2921</p>
<p>Illinois Breast & Cervical Cancer Illinois Wisewomen Adult Immunization</p>	<p>Cathy Propst Program Coordinator</p>	<p>531-2916</p>
<p>Health Promotion</p>	<p>Nikki Hillier Program Coordinator</p>	<p>531-2914</p>
<p>Dental Hearing & Vision</p>	<p>Alicia Ekhoﬀ Program Coordinator</p>	<p>531-4538</p>
<p>Urbana School Health Center</p>	<p>Teresa Turner Program Coordinator</p>	<p>531-2890</p>

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p>Theresa Truelove Judy Krumwiede Vickie Ellis Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Terri Jesiolowski, RDH</p>	<p style="text-align: center;">Health Educators</p> <p>Jennifer Jackson Janice Walker Deanna Williams</p>
<p style="text-align: center;">Dentist</p> <p>Kara Ruffatto, DDS James Wahl, DDS Robert Grenda, DDS Cole Anderson, DDS</p>	<p style="text-align: center;">Dental Assistants</p> <p>Marda Keys Becky Black</p>	<p style="text-align: center;">Administrative Assistant II</p> <p>Maria Capps Open Position</p>
<p style="text-align: center;">Volunteers</p> <p>Nedra Brown Kathleen Conlisk Liz Reynolds Ross Eckert</p>	<p style="text-align: center;">Interns</p> <p>Cecilia Ramirez Mansi Jailwala Paige Ligon Amy Han</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p>Kathy Reardon Leah Brunkow Talia Oakley Christy Foster</p>
<p style="text-align: center;">Vision & Hearing Tech</p> <p>Shirley Lincione</p>		<p style="text-align: center;">Dental Intake</p> <p>Charlene Johnson Karen Bryson</p>