



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

## Division of Wellness & Health Promotion August 2011

### Programs

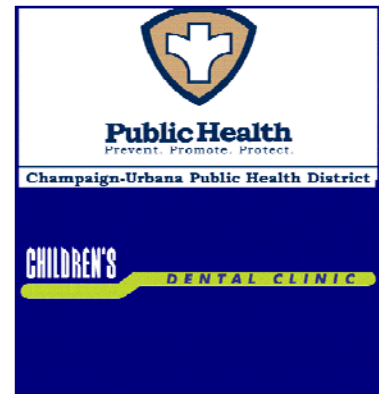
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# CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

<b>Champaign Visits</b>	<b>CU</b>	<b>Co.</b>
New Patient	63	1
Visits by Patients of Record	422	1
<b>Total Patient Visits</b>	<b>485</b>	<b>2</b>
<b>Treatment Provided</b>		
Diagnostic & Preventative Care	1,244	
General Dental Care*	232	



**Number of Days Clinic Open**      23

# Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



<b>Urbana Visits</b>	
New Patient	26
Visits by Patients of Record	137
<b>Total Patient Visits</b>	<b>163</b>
<b>Treatment Provided</b>	
Diagnostic & Preventative Care	405
General Dental Care	<b>93</b>

**Number of Days Clinic Open**      17

## Oral Surgery

One Saturday morning each month, CUPHD employs an oral surgeon resident, who is a licensed dentist, to perform difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

**No Clinics were available in July and August; the next Oral Surgery Clinic is scheduled for September 24th.**

## Special Events

**September: The Oral Health Network's "Fall for Smiles"  
Event will be celebrated at C-UPHD with:**

**Mondays 1pm-3pm Free apples & information  
on finding a Dental Home for your  
family.**

**Wednesdays 1pm-3pm "Color a Smile" project  
with Dental Activities in the Main  
Lobby.**

## Mobile Dental Clinics: 2011-12

During the 2011-12 School Year, Urbana Students in Grades PK - 6th and Champaign Students in Grades PK, K, 2nd and 6th will be eligible for Mobile Dental Services at their school. Through Medicaid Reimbursement and an IDPH Grant, students will receive an exam, dental cleaning, fluoride treatment, and dental sealants on the first and second permanent molars to seal out tooth decay.

During August School Registration all students in these grades will have the opportunity to complete a consent form allowing the CUPHD Mobile Dental Clinic to provide preventative dental care at school. Schools are contacted after registration to determine the best time to schedule their clinic.

All students treated during the clinics receive a Home Oral Health Care Kit that includes a toothbrush, toothpaste, and dental floss. Students are referred to CUPHD Dental Clinics to establish and Dental Home and receive continued follow up care.

### **Champaign, IL**

Barkstall (EXT) September 7  
Bottenfield March 26  
BT Washington February 7  
Carrie Busey February 15  
Champaign EC Sept 27-30  
Dr. Howard April 3  
Edison Middle January 10  
Franklin Middle January 17  
Garden Hills December 13  
Jefferson Middle January 24-26  
Kenwood (EXT) September 13  
Robeson April 10  
South Side March 13  
Stratton December 5-6  
Westview February 21

### **Urbana, IL:**

Leal Oct. 26, 27  
ML King Oct. 12-14  
Prairie Oct. 5-7  
Thomas Paine Nov. 2, 3, 9  
Urbana Middle Sept. 21-23  
Washington (EC) Oct. 18-20  
Wiley Elementary Nov. 16-18  
Yankee Ridge Nov. 30, Dec. 1, 2





# Health Promotion

## Tobacco Programs

### Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

<b>CU</b>	# of Complaints	0
<b>County</b>	# of Complaints	2



### Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.



<b>CU</b>	Total # of people	3
<b>County</b>	Total # of people	0

### Juvenile Detention Center Outreach

Various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. This months topic was tobacco education with Media Sharp

# of times presented 1

Total # of people 9

### Media Sharp

An important tool to help middle- and high-school youth evaluate those messages and make healthy, life-saving choices. Through 4-5 interactive sessions using various forms of technology and media, participants learn how media influences our behaviors and decisions. The curriculum focuses on tobacco and alcohol, but address media's influence on all of our choices from cars to tennis shoes.

<b>County</b>	# of times presented (Count complete programs, not sessions)	2	Total # of people served	14
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## Other Education Programs

### LET'S GET IT STARTED

Let's get it started is a program that in collaboration with University of Illinois Extension and County Market help families plan, purchase, prepare, and enjoy cost-effective and healthy meals together. Families also participate in a variety of fun activities to promote getting up and moving. Subjects covered include portion control, label reading, food and fire safety in the kitchen, food demo's and a grocery store tour with a nutritionist.

No classes were held in August



### CATCH Program

## CATCH®

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

#### Schools currently participating in CATCH are:

	# of students
<b>Dr. Howard Elementary, Champaign</b>	390
<b>Thomasboro Elementary, Thomasboro</b>	185
<b>Unity West Elementary, Tolono</b>	490
<b>Fisher Grade School, Fisher</b>	318
<b>Carrie Busey</b>	390

# Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

## Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
<b>Screened</b>	0	35	0	<b>35</b>	2	0	0	<b>2</b>
<b>Rescreened</b>	0	0	0	<b>0</b>	0	0	0	<b>0</b>
<b>Threshold</b>	0	0	0	<b>0</b>	0	0	0	<b>0</b>
<b>Referred</b>	0	1	0	<b>1</b>	0	0	0	<b>0</b>

## Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
<b>Screened</b>	0	31	0	<b>31</b>	1	0	0	<b>1</b>
<b>Rescreened</b>	0	0	0	<b>0</b>	0	0	0	<b>0</b>
<b>Referred</b>	0	2	0	<b>2</b>	0	0	0	<b>0</b>
<b>w/ Glasses</b>	0	0	0	<b>0</b>	0	0	0	<b>0</b>
<b>w/ Glasses- Referred</b>	0	0	0	<b>0</b>	0	0	0	<b>0</b>

## Schedule

September 2011 Preschool Vision & Hearing Schools Schedule:

- September 14 Little Hearts & Hands
- September 21 Anabel Huling Early Learning
- September 28 LaPetite Academy
- September 29 Noah's Arc Preschool



## Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
<b>Number of Active clients</b>	449	260	453	348	<b>1510</b>
<b>New Clients Enrolled</b>	12	5	7	6	<b>30</b>
<b>Provider &amp; Community Outreach</b>	32	8	20	22	<b>82</b>

August 2011

Annual Provider Satisfaction surveys were mailed to all contracted providers this month. Along with the survey, providers were sent IBCCP tear-off referral sheets to give to clients in need of IBCCP services.

IBCCP information was presented to Vermilion County Nurse Practitioners at their monthly meeting.

\*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division of Wellness Health Promotion  
[www.c-uphd/wellness-health-promotion.html](http://www.c-uphd/wellness-health-promotion.html)  
 August 2011 Board Report

number of Champaign County women served.

## WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
<b>Number of active clients</b>	190	107	5	<b>302</b>
<b>New clients enrolled</b>	5	1	0	<b>6</b>
<b>Number of clients completing an integrated visit</b>	14	2	0	<b>16</b>
<b># of LSI classes held</b>				<b>0</b>
<b>Average number of women attending LSI class</b>				<b>N/A</b>

## News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition  
Illinois Cancer Prevention and Control Program  
Human Services Council  
Steering committee for Stratton Elementary's Safe Routes to School Program  
Champaign-Urbana Campus Community Coalition  
East Central Illinois Asthma Partnership  
Regional Prevention Group  
C-U Safe Routes to School Steering Committee  
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

[http://www.cuphd.org/diabetes\\_resources.html](http://www.cuphd.org/diabetes_resources.html)

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

[www.ifloss.org](http://www.ifloss.org)

[www.stock2forflu.com](http://www.stock2forflu.com)



# Wellness & Health Promotion Contacts

217-373-7901



<b>The Division of Wellness &amp; Health Promotion</b>	<b>Deb Fruitt</b> Director	531-2921
<b>Illinois Breast &amp; Cervical Cancer</b> Illinois Wisewomen Adult Immunization	<b>Cathy Propst</b> Program Coordinator	531-2916
<b>Health Promotion</b>	<b>Nikki Hillier</b> Program Coordinator	531-2914
<b>Dental</b> Hearing & Vision	<b>Alicia Ekhoﬀ</b> Program Coordinator	531-4538
<b>Urbana School Health Center</b>	<b>Jessie McClusky</b> Program Coordinator	531-2890

**Have questions about Wellness and Health Promotion?**

**Get more information on our website!**

<http://c-uphd/wellness-health-promotion.html>

<p><b>Nurses</b> Theresa Truelove Judy Krumwiede Vickie Ellis Bette Chapman</p>	<p><b>Dental Hygienists</b> Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Terri Jesiolowski, RDH (PRN)</p>	<p><b>Health Educators</b> Jennifer Jackson Janice Walker Deanna Williams</p>
<p><b>Dentist</b> Kara Ruffatto, DDS James Wahl, DDS Robert Grenda, DDS (PRN) Cole Anderson, DDS (PRN)</p>	<p><b>Dental Assistants</b> Marda Keys Becky Black</p>	<p><b>Administrative Assistant II</b> Maria Capps Pam Simmons</p>
<p><b>Volunteers</b> Nedra Brown Robert Lauder Morae Kang</p>	<p><b>Interns</b> Max Wolfe Melanie Mackeben Kelsey Miller</p>	<p><b>IBCCP Intake Specialists</b> Kathy Reardon Leah Brunkow Talia Oakley Megan Eiten</p>
<p><b>Vision &amp; Hearing Tech</b> Shirley Linciome</p>		<p><b>Dental Intake</b> Charlene Johnson</p>