



Champaign-Urbana Public Health District

Division of Wellness & Health Promotion April 2011

Programs

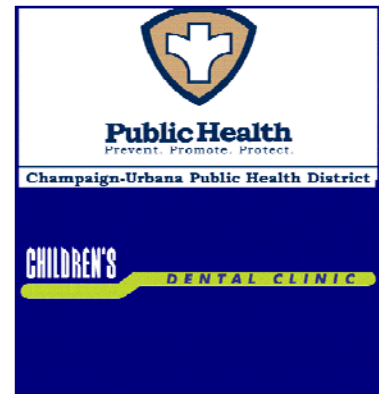
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	66	2
Visits by Patients of Record	407	7
Total Patient Visits	473	9
Treatment Provided		
Diagnostic & Preventative Care	1,088	
General Dental Care*	345	



Number of Days Clinic Open 21

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	16
Visits by Patients of Record	159
Total Patient Visits	175
Treatment Provided	
Diagnostic & Preventative Care	526
General Dental Care	79

Number of Days Clinic Open 13

Mobile Dental Clinics: 2010-11

Bottenfield : March 28, 2011

30 Exams / 34 Sealants

Carrie Busey: February 15, 2011

61 Exams / 8 Sealants

Dr. Howard : January 18, 2011

56 Exams / 10 Sealants

Robeson : March 15, 2011

41 Exams / 42 Sealants

South Side : February 1, 2011

19 Exams / 4 Sealants

B.T. Washington : February 8, 2011

54 Exams / 22 Sealants

Westview : February 23, 2011

43 Exams / 32 Sealants

Jefferson Middle School: January 25-27, 2011

125 Exams / 70 Sealants

Pavilion School: April 5, 2011

19 Exams / 0 Sealants

Oral Surgery

One Saturday morning each month, CUPHD employs an oral surgeon resident, who is a licensed dentist, to perform difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

March

5 patients

14 Procedures

Special Events

Next Oral Surgery Clinic is Scheduled May 14, 2011

Adult Immunization

Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

Immunizations	C-U	Co	Other
Hepatitis A	5	2	
Hepatitis B	2	2	1
Polio			
Mumps, Measles, Rubella	3	1	
Tetanus and diphtheria	2		
Tetanus, diphtheria and acellular pertussis	5	2	
Hepatitis A and Hepatitis B	1	2	1
Typhoid	1	1	
Varicella /chickenpox	2		
Flu/Pneumonia	1		
Total Immunizations for	22	10	2

34



Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 -Ask for Theresa

Diabetes Outreach Meetings

20 people attended the 3 diabetes outreach programs in April.

The CUPHD Diabetes Program

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control. In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

IDPCP Enrollment /Reviews	1
Diabetes Newsletter distribution	0



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	1
County	# of Complaints	2



Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.



CU	Total # of people	1
County	Total # of people	3

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	47	# of Sales	6
County	# of Attempts	36	# of Sales	8

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

County	# of times presented (Count complete programs, not sessions)	6	Total # of people served	145
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Other Education Programs

Osteoporosis for Teens

A 3 session program for girls to teach them the importance of building bones now to prevent osteoporosis later. The girls learn the importance of calcium, and foods that hinder and help the absorption of calcium. They also learn the importance of weight-bearing exercise.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	8
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Let's Get It Started

Let's get it started is a program that in collaboration with University of Illinois Extension and County Market help families plan, purchase, prepare, and enjoy cost-effective and healthy meals together. Families also participate in a variety of fun activities to promote getting up and moving. Subjects covered include portion control, label reading, food and fire safety in the kitchen, food demo's and a grocery store tour with a nutritionist.

Next Class Starts May 17, 2011

CATCH Program

CATCH[®]

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

SPECIAL EVENTS

Ready Set Grow: We attended Ready Set Grow, an event to inform new and expecting families and caregivers about local resources. We showed parents and children ways of being active in the home or yard, activities that could be done with household items, limited space, and a limited number of participants. We also taught families to identify Go Slow and Whoa foods. We reached 250 people.

Family Fun Night: We participated in Family Fun Night at Unity West. Students came with their families to enjoy wellness activities for every age: dancing on bubble wrap, Dance Dance Revolution, Wii Sports, and sock sort. We had 200 visitors.

Champaign Pre K Discovery Fair: Families came to discover and learn about science. The Germ Busters made an appearance to discuss the importance of avoiding the T-zone, hand washing, and covering sneezes and coughs. 100 people were served.

Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	153			153	21			21
Rescreened								
Threshold								
Referred	2			2				

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	178			178	7			7
Rescreened								
Referred	2			2				
w/ Glasses	3			3	5			5
w/ Glasses- Referred								

April 4 & 5 2011, Bradley Learning Center
 4/12/2011, Pavilion Foundation School
 4/13/2011, Early Learning Center
 4/20/2011, Orchard Downs
 April 26 & 27, 2011, Parkland College Child Dev. Center

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	507	298	501	408	1714
New Clients Enrolled	11	4	8	5	28
Provider & Community Outreach	3	3	0	1	7

Events

IBCCP staff gave two presentations for U of I nursing students completing their community health clinical course at CUPHD on 4/21 and 4/29. There was a total of 23 students who attended these presentations.



*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

number of Champaign County women served.

8

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	195	106	4	305
New clients enrolled	7	6	0	13
Number of clients completing an integrated visit	22	5	0	27
# of LSI classes held				0
Average number of women attending LSI class				n/a

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

The next English and SPanish LSI-3 classes will likely be held beginning in June 2011.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



<p>The Division of Wellness & Health Promotion</p>	<p>Deb Fruitt Director</p>	<p>531-2921</p>
<p>Illinois Breast & Cervical Cancer Illinois Wisewomen</p>	<p>Cathy Propst Program Coordinator</p>	<p>531-2916</p>
<p>Health Promotion Adult Immunization</p>	<p>Nikki Hillier Program Coordinator</p>	<p>531-2914</p>
<p>Dental Vision-Cooperative/ Hearing & Vision</p>	<p>Alicia Ekhoﬀ Program Coordinator</p>	<p>531-4538</p>
<p>Urbana School Health Center</p>	<p>Jessie McClusky Program Coordinator</p>	<p>531-2890</p>

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p>Nurses Theresa Truelove Judy Krumwiede Mimi Rivera</p>	<p>Dental Hygienists Amanda Wright Michelle Kramer Jill Hart Terri Jesiolowski (PRN) Allie Winland (PRN)</p>	<p>Health Educators Jennifer Jackson Janice Walker Deanna Williams</p>
<p>Dentist Dr. Jim Wahl Dr. Kara Ruffatto Dr. Grenda</p>	<p>Dental Assistants Marda Keys Crystal Ott</p>	<p>Administrative Assistants Maria Capps Pam Simmons</p>
<p>Volunteers Nedra Brown Max Woolf Kelsey Miller Kelly Boyle Kourtney Radochonski Sami Cordell Elizabeth Foster Kelsey Miller Kara Bartholme</p>	<p>Interns Francesca Moral Michael Ori Nikki Hagen Karen Gomez Elizabeth Sams Kelly Podkowa</p>	<p>IBCCP Intake Specialists Kathy Reardon Leah Brunkow Talia Oakley Megan Eiten</p>
		<p>Vision & Hearing Tech Becky Black</p>