



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of
Wellness & Health Promotion
February 2011

Programs

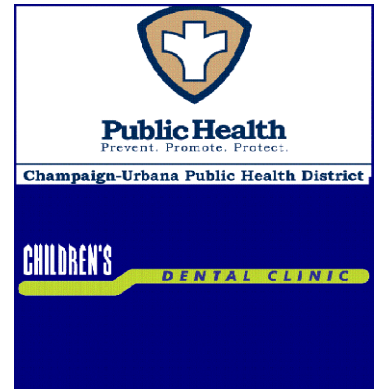
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	60	0
Visits by Patients of Record	297	0
Total Patient Visits	357	0
Treatment Provided		
Diagnostic & Preventative Care	897	
General Dental Care*	185	



Number of Days Clinic Open 16

Oral Surgery Patients 7

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	7
Visits by Patients of Record	93
Total Patient Visits	100
Treatment Provided	
Diagnostic & Preventative Care	421
General Dental Care	71
Number of Days Clinic Open	9

Mobile Dental Clinics: 2010-11

Bottenfield : March 28, 2011

Carrie Busey: February 15, 2011

61 Exams / 8 Sealants

Dr. Howard : January 18, 2011

56 Exams / 10 Sealants

Robeson : March 15, 2011

South Side : February 1, 2011

19 Exams / 4 Sealants

B.T. Washington : February 8, 2011

54 Exams / 22 Sealants

Westview : February 23, 2011

Jefferson Middle School: January 25-27, 2011

125 Exams / 70 Sealants

Pavilion School: April 5, 2011

Oral Surgery

One Saturday morning each month, CUPHD employs an oral surgeon resident, who is a licensed dentist, to perform difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

January + February 2011:

11 patients

36 Extractions

Special Events

February 5th: Give Kids a Smile Day



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	3
County	# of Complaints	2



Not Here



A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check

CU	# of Attempts	68	# of Sales	10
County	# of Attempts	2	# of Sales	0

Juvenile Detention Center Outreach

Various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. This months topic was tobacco education

of times presented 2

Total # of people 14

Other Education Programs

Let's Get it Started



Let's get it started is a program that in collaboration with University of Illinois Extension and County Market help families plan, purchase, prepare, and enjoy cost-effective and healthy meals together. Families also participate in a variety of fun activities to promote getting up and moving. Subjects covered include portion control, label reading, food and fire safety in the kitchen, food demo's and a grocery store tour with a nutritionist.

2/8, 2/15, 2/22, and 3/1

5 adults and 5 children participated



Reproductive Health

Age-appropriate sexual health programs are provided by our health educators, topics include puberty, self-image, sexually transmitted infection, and contraception.

CU	# of times presented	1	Total # of people served	9
	(Count complete programs, not sessions)			

CATCH Program



Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

SPECIAL EVENTS

February 5th: Give Kids a Smile Day: Educated participants on the benefits of living your life tobacco-free, and how to have fun being active. 150 people were served

February 8th: City of Champaign Health Fair: Clients were educated on the benefits of quitting, and promoted the services provided at C-UPHD. 200 people were served.

February 23rd: Parkland Health Fair: Educated clients of the benefits of quitting, and promoted the services provided at C-UPHD. 100 people were served.

Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	178	86		264	12			12
Rescreened								0
Threshold								0
Referred	2	3		5				0

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	311	101		412	3			3
Rescreened								0
Referred	1			1				0
w/ Glasses	1	3		4	2			2
w/ Glasses- Referred								0

Feb. 2, 2011 -Happi House Learning Center II (Urbana)

Feb. 8 & 9, 2011 -Prince of Peace Comm Early Learning Center (St. Joe)

Feb. 16, 2011 - Kid's 1st Child Care Center Inc. (Champaign)

Feb. 16, 2011 - Countryside (Champaign)

Feb. 22 & 23, 2011 Next Generation (Champaign)

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	512	317	512	422	1763
New Clients Enrolled	8	0	7	6	21
Provider & Community Outreach	0	0	0	0	0



*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	197	111	5	313
New clients enrolled	3	0	0	3
Number of clients completing an integrated visit	13	4	0	17
# of LSI classes held	3 (English)	0	0	3
Average number of women attending LSI class	4	0.3	0	4.3

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

The English LSI-3 classes were scheduled for Jan.25, Feb 1, 8, and 15. Stats listed above are for the 3 classes held in Feb. 2011.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer Illinois Wisewomen	Cathy Propst Program Coordinator	531-2916
Health Promotion Adult Immunization	Nikki Hillier Program Coordinator	531-2914
Dental Vision-Cooperative/ Hearing & Vision	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Jessie McClusky Program Coordinator	531-2890

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p>Theresa Truelove Judy Krumwiede Mimi Rivera</p>	<p style="text-align: center;">Dental Hygienists</p> <p>Amanda Wright Michelle Kramer Jill Hart Terri Jesiolowski (PRN) Allie Winland (PRN)</p>	<p style="text-align: center;">Health Educators</p> <p>Jennifer Jackson Janice Walker Deanna Williams</p>
<p style="text-align: center;">Dentist</p> <p>Dr. Jim Wahl Dr. Kara Ruffatto Dr. Grenda</p>	<p style="text-align: center;">Dental Assistants</p> <p>Marda Keys Crystal Ott</p>	<p style="text-align: center;">Administrative Assistants</p> <p>Maria Capps Pam Simmons</p>
<p style="text-align: center;">Volunteers</p> <p>Nedra Brown Max Woolf Kelsey Miller Kelly Boyle Kourtney Radochonski Sami Cordell Elizabeth Foster Kelsey Miller Kara Bartholme</p>	<p style="text-align: center;">Interns</p> <p>Francesca Moral Michael Ori Nikki Hagen Karen Gomez Elizabeth Sams Kelly Podkowa</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p>Kathy Reardon Leah Brunkow Talia Oakley Megan Eiten</p>
		<p style="text-align: center;">Vision & Hearing Tech</p> <p>Becky Black</p>