



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion August 2010

Programs

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CUPHD Dental Program

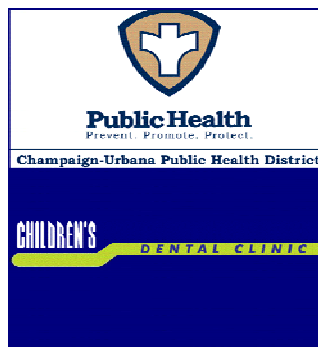
Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday. The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	64	7
Visits by Patients of Record	367	10
Total Patient Visits	431	17

Treatment Provided

Diagnostic & Preventative Care	1,089
General Dental Care*	280
Average Procedures per Patient	3.1

Number of Days Clinic Open **21**



Upcoming Events

September 10:

Stratton Elementary School Student Health Expo

September 22:

Hobbico Employee Health Fair

Urbana School Health Center Dental

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	CU
New Patient	33
Visits by Patients of Record	127
Total Patient Visits	160

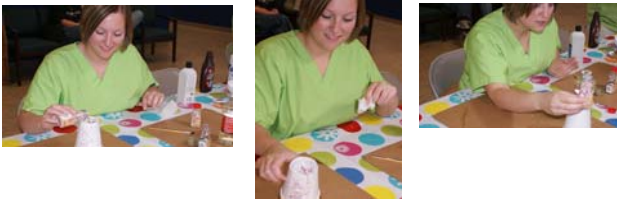
Treatment Provided

Diagnostic & Preventative Care	373
General Dental Care	69
Average Procedures per Patient	2.8

Number of Days Clinic Open **17**

Events

"Sprout" Children's Dental Education Programing with MCH: August 11th; Amanda Niles, RDH provided children's oral health care information through dental demonstrations, activity pages, and interactive play. Approximately 25 children participated during this 2-hour event.



Salt & Light Back Pack Program: August 14; over 400 families received information to gain access to dental care. Children's toothbrushes were distributed to over 200 children age 1 year-17 years.

Vineyard Community Back to School Blast: August 16; over 550 families attended. Hearing & Vision Screenings were available for school-aged children and over 200 children's toothbrushes were provided along with C-UPHD Dental Clinic information.

Circle of Friends: August 18; Amanda Niles, RDH provided Senior oral health care information to 15 attendees and their caregivers.

Mobile Dental Clinics: 2010-11

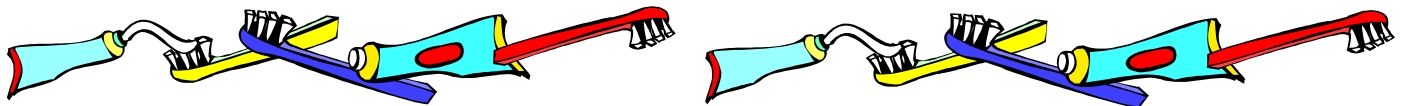
Champaign Schools:

Barkstall Elementary: **August 24, 2010**
 Bottenfield Elementary: **TBA**
 Carrie Busey Elementary: **TBA**
 Dr. Howard Elementary: **TBA**
 Kenwood Elementary: **TBA**
 Robeson Elementary: **TBA**
 South Side Elementary: **TBA**
 B.T. Washington Elementary: **TBA**
 Westview Elementary: **TBA**
 Jefferson Middle School: **TBA**
 Garden Hills Elementary: **TBA**
 Franklin Middle School: **TBA**
 Edison Middle School: **TBA**
 Stratton Elementary: **TBA**
 Champaign Early Childhood: **August 30-September 2, 2010**

Urbana Schools:

Urbana Middle School: **TBA**
 Leal: **TBA**
 Thomas Paine: **TBA**
 Prairie: **TBA**
 Wiley: **TBA**
 ML King: **TBA**
 Yankee Ridge: **TBA**
 Washington Early Childhood

Pavilion School: **TBA**





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Adult Immunization

Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

Immunizations	C-U	Co	Other
Hepatitis A	3		
Hepatitis B	3	2	1
Polio	1		
Mumps, Measles, Rubella	7	1	
Tetanus and diphtheria	1		
Tetanus, diphtheria and acellular pertussis	12	1	
Hepatitis A and Hepatitis B	3	3	
Typhoid	2		1
Varicella /chickenpox	2		1
Flu/Pneumonia			
Total Immunizations for	34	7	3
		44	



Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 –Ask for Theresa

Diabetes Outreach Meetings

14 attended three Diabetes outreach meetings held at Round Barn, Washington Square and Sunnycrest Manor. Discussed at the meetings were healthy eating tips and Medication Management and Simple Tools from Cumberland Case management.

The CUPHD Diabetes Program

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control. In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

IDPCP Enrollment /Reviews 2
 Diabetes Newsletter distribution 260

CUPHD Division of
 Wellness Health Promotion
<http://c-uphd/wellness-health-promotion.html>
 August 2010 Board Report





Tobacco Programs

Break the Habit

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	# of times presented <small>(Count complete programs, not sessions)</small>	0	Total # of people served	0
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Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to

CU	# of Complaints	1
County	# of Complaints	1



Other Education Programs

CATCH Program



Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	488
Thomasboro Elementary, Thomasboro	202
Unity West Elementary, Tolono	410
Fisher Grade School, Fisher	318
Carrie Busey	410

SPECIAL EVENTS

On August 16, we were at the Vineyard church with an Educational/Outreach table for their back to school celebration event. 75 people were served.

On August 17, the Germ Busters participated in the Sprout Program and taught pre-K students about coughing and sneezing in their sleeves, not touching their T-zones, and washing their hands 20 children were served.

On August 23, we promoted the Park and Walk to school program at Carrie Busey. We greeted parents and students who walked to school or parked and walked to school, and rewarded them for their healthy behavior with a water bottle or a pedometer. 50 people were served.

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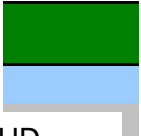


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Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened					3			3
Rescreened								
Threshold								
Referred								

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened					2			2
Rescreened								
Referred								
w/ Glasses								
w/ Glasses-Referred								

Multi Culture Community Center, Urbana
 Bundles of Joy Learning Center, Champaign
 Coop Nursery School of C-U, Champaign
 Happi House Learning Center II, Urbana
 Playtime Preschool, Inc., Urbana
 Kids 1st Child Care Center, Inc., Champaign
 Kindercare Learning Center, Champaign
 La Petite Academy, Champaign
 Early Learning, Champaign
 Bradley Learning Center, Champaign
 Uni Primary, Urbana
 Eager Beaver Preschool, Champaign
 Children's Center Day Care, Champaign
 Little Lamb Preschool, Champaign

Next Generation Early Learning, Champaign
Child Development Lab, Urbana
Child Development Laboratory, Urbana

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	529	327	523	433	1812
New Clients Enrolled	16	7	15	10	48
Provider & Community Outreach	1	1	0	0	2

Events

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for August 2010 Board Report

residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	193	107	6	306
New clients enrolled	18	7	2	27
Number of clients completing an integrated visit	15	4	0	19
# of LSI classes held	0	0	0	0
Average number of women attending LSI class				N/A

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



<p>The Division of Wellness & Health Promotion</p>	<p>Deb Fruitt Director</p>	<p>531-2921</p>
<p>Illinois Breast & Cervical Cancer Illinois Wisewomen</p>	<p>Cathy Propst Program Coordinator</p>	<p>531-2916</p>
<p>Health Promotion Adult Immunization</p>	<p>Nikki Hillier Program Coordinator</p>	<p>531-2914</p>
<p>Dental Vision-Cooperative/ Hearing & Vision</p>	<p>Alicia Ekhoﬀ Program Coordinator</p>	<p>531-4538</p>
<p>Urbana School Health Center</p>	<p>Jessie McClusky Program Coordinator</p>	<p>531-2890</p>

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses Theresa Truelove Judy Krumwiede</p>	<p style="text-align: center;">Dental Hygienists Amanda Wright Michelle Kramer Jill Hart Terri Jesiolowski (PRN) Allie Winland (PRN)</p>	<p style="text-align: center;">Health Educators Jennifer Jackson Janice Walker Deanna Williams</p>
<p style="text-align: center;">Dentist Dr. Jim Wahl Dr. Kara Ruffatto Dr. Grenda</p>	<p style="text-align: center;">Dental Assistants Marda Keys Crystal Ott</p>	<p style="text-align: center;">Administrative Assistants Maria Capps Pam Simmons</p>
<p style="text-align: center;">Volunteers Jacqueline Rodriguez Sammy Cordell Nikki Hagen Nedra Brown Caitlin Krause Kara Barthelme Ariel Zuckerman Megan Eiten Evan Devoe</p>	<p style="text-align: center;">Interns Niketa Patel Chessa Calabrese Bridget Kern Danielle Brown</p>	<p style="text-align: center;">IBCCP Intake Specialists Kathy Reardon Amanda Ziemnsky Leah Brunkow Talia Oakley</p>
		<p style="text-align: center;">Vision & Hearing Tech Becky Black</p>