



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion February 2010

Programs

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CUPHD Dental Program

Champaign-Urbana Public Health District's Dental Clinic is located at 201 W. Kenyon Road, Champaign and sees children ages 3-18 enrolled in Champaign or Urbana School Districts. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions.

We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m.

Please call 217-531-4279 for an appointment.

Champaign Visits	CU	Co.
New Patient	64	5
Visits by Patients of Record	218	4
Total Patient Visits	282	9

Number of Children Seen in School Sealant Visits:	37
Number of Sealants Placed in School Sealant Visits:	41

Procedures

Total Procedures Performed 929

Average Procedures per Patient 3.2

Number of Days Clinic Open 17



Urbana School Health Center Dental

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	CU	Co.
New Patient	36	1
Visits by Patients of Record	152	2
Total Patient Visits	188	3

Procedures

Total Procedures Performed **533**

Average Procedures per Patient **2.8**

Number of Days Clinic Open 18.00

Announcements

February Events



MATEC HIV SEMINAR

February 5, 2010: CUPHD Dental hosted 62 dentists, hygienists, and other oral health professionals for the MATEC: HIV & ORAL HEALTH CARE Seminar which focused on providing Dental Care to patients with HIV/AIDS. A second MATEC Seminar will be offered for oral health professionals in October; date TBA.



GIVE KIDS A SMILE 2010

February 6, 2010: Give Kids a Smile Day at Market Place Mall was hosted by the Illini District Dental Society with CUPHD & Smile Healthy. 120 free children's dental exams were provided along with toothbrushes and visits by "Flossie", The Tooth Fairy, and the Delta Dental Tooth Wizard.

Upcoming Events

James Wahl, DDS & Kara Ruffatto, DDS will provide **Bright Smiles from Birth Training** at the Carle Forum for Carle pediatricians on Tuesday, March 16th. Bright Smiles from Birth is an initiative of the American Academy of Pediatrics that encourages Family Care Providers and Pediatricians to begin talking to parents about the importance of oral health care before the first tooth appears.

CUPHD Dental will make the first delivery of **Infant Oral Health Kits** to Provena Hospital to be given to all new parents. The kits include Infant Oral Health Care Instructions, Community Resources for Oral Health Care by age 1 Year, and an Infant Toothbrush.

2009-10 Mobile Dental Sealant Visits

Urbana Schools:

Thomas Paine: February 16, 2010 21 Exams / 21 Dental Sealants

Prairie: February 2, 2010: 17 Exams / 20 Dental Sealants

Dental Education

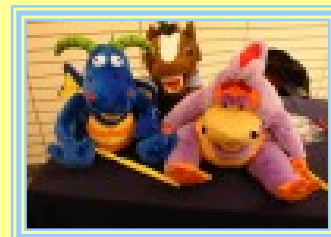
UIUC Pre-Dental Students provide Oral Health Care Education to parents and children in the Maternal & Child Health Playroom several days per week.



Amanda Niles, RDH visited Happi House Daycare in Urbana to talk with children about brushing & flossing. Oral Health presentations are available by calling 531-5253.



Dental Puppets, the Delta Dental "Teeth-on-the-Go" Kit and other oral health education aids are available on loan by calling 531-4538.



Urbana School Health Center



60% of the Urbana School District students are enrolled at the Urbana School Health Center. There are currently 4083 students enrolled in the program.

(USHC) consists of a partnership of local agencies dedicated to the health and well being of children. Services provided at USHC are available to ALL students of the Urbana School District. Services are available during the child's school day, allowing for consistent, convenient, carefree medical, dental, and mental health services - from routine exams and procedures to acute care issues stemming from injuries or chronic disease conditions to counseling and wellness programs - USHC's community care approach ensures children the best care possible - away from home

Medical - A Partnership with Frances Nelson Health Center

Visits

New Patient	18
Visits by Patients of Record	108
Total Patient Visits	126



*Refer to Dental numbers for dental visits

Services Provided

General Medical Visits:

Well child visits * School and Sports Physicals
Immunizations * Sick Visits * Mental Health * Nutrition

Adolescent Medicine Specialty Services:

Mental Health * Behavioral Health Risk Assessment and counseling
General Medical Care * Non-operative Gynecology Services
Substance Abuse counseling and treatment
Nutritional counseling and dietician support services
Sexual Transmitted Disease testing and treatment

Dental Services:

Currently provided: Preventive Services, cleanings and sealants
Additional services in development: extractions and fillings

Nutritional Services:

Dietician available on limited basis to work with children on meal planning and calorie counting.
Fit Tigers program... beginning soon!

Mental Health Services:

Evaluation and Counseling available by licensed social workers and advanced practice nurse practitioners

Substance Abuse Counseling and Treatment Services:

Licensed counselors available by appointment to offer confidential evaluation and treatment

Call today to make an appointment for medical, dental, or counseling:

217.239.4220

Adult Immunization

Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

Immunizations	C-U	Co	Other
Hepatitis A	6	2	
Hepatitis B	4		3
Polio	1		
Meningococcal / Menactra			
Meningococcal / Menomune			
Mumps, Measles, Rubella	6		
Tetanus and diphtheria	4		1
Tetanus, diphtheria and acellular pertussis	6		2
Hepatitis A and Hepatitis B	5	2	1
Typhoid	2		1
Varicella /chickenpox	1		
Flu/Pneumonia Walk-Ins			
BG Check			
BP Check			
Total Immunizations for June	35	4	8

47



Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 –Ask for Theresa

Diabetes Outreach Meetings

Three Diabetes outreach meetings were held, at Round Barn, Washington Square, and Sunnycrest Manor. There were 31 participants. Group discussion regarding Kris Freema the 1st American endurance athlete in the Olympics with Type 1 Diabetes was discussed. We reviewed insulin injection sites and discussed an article from "Diabetes Health".

The CUPHD Diabetes Program

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control. In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

IDPCP Enrollment /Reviews	<u>1</u>
Diabetes Newsletter distribution	<u>0</u>



Health Promotion

Tobacco Programs

Break the Habit

A partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggests.

County	# of times presented	4	Total # of people served	4
	(Count complete programs, not sessions)			

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	4
County	# of Complaints	2



Not Here



NOT HERE is a tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	6	# of Sales	1
County	# of Attempts	3	# of Sales	1

Reality, IL

A program for youth ages 13-18 who are tobacco prevention advocates. We have meetings, events, set up bulletin boards, film commercials, create bus signs and billboards. They hold poster contests for elementary school students.



# of times presented	2	Total # of people served in County	10
(Count complete programs, not sessions)			

Other Education Programs

Training Intervention Procedures (T.I.Ps)

T.I.P.s is an alcohol serving training program. CUPHD partners with The Champaign Police Department to bring this program to area alcohol servers.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	9
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Juvenile Detention Center Outreach

Various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. This month's topics included **Tobacco Education**

	# of times presented (Count complete programs, not sessions)	1	Total # of people served	11
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Reproductive Health

Age-appropriate sexual health programs are provided by our health educators, topics include puberty, self-image, sexually transmitted infection, and contraception.

CU	# of times presented (Count complete programs, not sessions)	6	Total # of people served	36
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Osteoporosis Prevention for Teens- Bone Up

Osteoporosis Prevention for Teens- Bone Up!- three session program for girls to teach them the importance of building bones now to prevent osteoporosis later. The girls learn the importance of calcium, and foods that hinder and help the absorption of calcium, and make plans to increase calcium. They learn to make healthy calcium-rich snacks and they get to try them. They also learn the importance of weight-bearing exercise and earn gear to assist them with increasing this activity.

All the 5th grade girls at Carrie Busey, Unity West, and Ludlow have completed all three sessions. Unity East and Heritage are in the process of completing the sessions, and several girls from Don Moyer's Boys and Girls Club have

CATCH Programs



Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	488
Thomasboro Elementary, Thomasboro	202
Unity West Elementary, Tolono	410
Fisher Grade School, Fisher	318
Carrie Busey	410

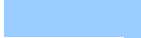


SPECIAL EVENTS

The Urbana School District African American Cultural Fair was February 22. Fifty people were served.



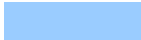
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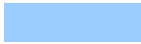


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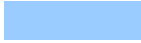
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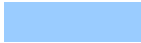


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Champaign Urbana Public Health District's (CUPHD) Vision Cooperative



The Vision Cooperative offers eye exams and eye glasses to people who have Illinois Public Aid as their insurance. Vision Cooperative staff act as the gatekeeper to a coalition of area optometrists who have offered to be a part of this great program. By calling the Lens Line (217-531-5367) a person can receive an eye exam by one of the participating licensed eye professionals and access to the CUPHD eye glass program.

Once a person receives an eye exam and a prescription for eye glasses, the Vision Cooperative schedules the person for eye glass fitting and selection. CUPHD has a wide selection of 49 different eye glass frames that are available in different colors. Vision Cooperative is able to bill Illinois Public Aid for the eye glasses and lenses; therefore there is no cost to the client.

Services	C-U
Adult Glasses Fittings	2
Adult Glasses Dispensing	11
Adult Glasses Repair	
Total Adults Serviced	13
Child Glasses Fitting	2
Child Glasses Dispensing	19
Child Glasses Repair	
Total Children Serviced	21
Total Clients Serviced	
Appointment No-Shows	4
Appointments Cancelled	
Total # Glasses Received	11
Referrals made to optometrist/ophthalmologists:	0



Total Clients Serviced
34

The CUPHD Hearing and Vision Screening Program provides state-mandated hearing and vision screening to licensed day care, preschools, public schools and parochial schools. CUPHD employs a state certified auditory and vision technician

Hearing					School Age			
Pre K					C-U	Co.	Other	Total
	C-U	Co.	Other	Total				
Screened	299	0	0	299	1	0	0	1
Rescreened	0	0	0	0	0	0	0	0
Threshold	0	0	0	0	0	0	0	0
Referred	1	0	0	1	0	0	0	0

Vision					School Age			
Pre K					C-U	Co.	Other	Total
	C-U	Co.	Other	Total				
Screened	197	0	0	197	1	0	0	1
Rescreened	0	0	0	0	0	0	0	0
Referred	1	0	0	1	0	0	0	0
w/ Glasses	2	0	0	2	0	0	0	0
w/ Glasses referred	0	0	0	0	0	0	0	0

Wellness Health Promotion
February 2010 Board Report

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Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	514	324	506	430	1774
New Clients Enrolled	6	5	9	6	26
Provider & Community Outreach	2	2	0	0	4

Events

Due to State of Illinois Budget concerns, CUPHD IBCCP has been instructed by IDPH to use a priority list for clients seeking care. Symptomatic women and those at highest risk will be given the top priority. Women with lower risk factors may need to be assigned to a wait list until additional funding is secured.

On Wednesday, February 24, 2010, Parkland College held a Health Fair for their students and staff. Kathy Reardon talked with 51 women interested in IBCCP at our booth.



*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	102	60	4	166
New clients enrolled	12	4	0	16
Number of clients completing an integrated visit	13	9	0	22
# of LSI classes held	0	0	0	0
Average number of women attending LSI class	0	0	0	0

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

Our next set of LifeStyle Intervention Classes are scheduled to take place on March 6, 13, 20, & 27. There are currently 27 women enrolled to attend this LSI class series.



Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Human Services Council
- Champaign-Urbana Campus Community Coalition
- Regional Prevention Group
- Unity West Wellness Committee Meeting
- Campaign for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Illinois Coalition for School Health Centers
- National Assembly for School Health Care
- Coordinated School Health Grantee Meeting
- Dr. Howard Elementary Wellness Committee Meeting
- Fisher Grade School Wellness Team Meeting
- Childhood Wellness Task Force
- C-U Area Fitness
- East Central Illinois Asthma Partnership



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



<p>The Division of Wellness & Health Promotion</p>	<p>Deb Fruitt Director</p>	<p>531-2921</p>
<p>Illinois Breast & Cervical Cancer Illinois Wisewomen</p>	<p>Cathy Propst Program Coordinator</p>	<p>531-2916</p>
<p>Health Promotion Adult Immunization</p>	<p>Nikki Hillier Program Coordinator</p>	<p>531-2914</p>
<p>Dental Vision-Cooperative/ Hearing & Vision</p>	<p>Alicia Ekhoﬀ Program Coordinator</p>	<p>531-4538</p>
<p>Urbana School Health Center</p>	<p>Jessie McClusky Program Coordinator</p>	<p>531-2890</p>

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p>Nurses Theresa Truelove Judy Krumwiede Bette Chapman</p>	<p>Dental Hygienists Amanda Wright Michelle Kramer Jill Hart Terri Jesiolowski (PRN) Allie Winland (PRN)</p>	<p>Health Educators Jennifer Jackson Misha Cadet Janice Walker Deanna Williams</p>
<p>Dentist Dr. Jim Wahl Dr. Kara Ruffatto Dr. Grenda</p>	<p>Dental Assistants Marda Keys Susan Scheffer</p>	<p>Administrative Assistants Maria Capps Pam Simmons Dee Phillips</p>
<p>Volunteers Jacqueline Rodriguez Sammy Cordell Nikki Hagen Nedra Brown Caitlin Krause Kara Barthelme Ariel Zuckerman Megan Eiten Evan Devoe</p>	<p>Interns Niketa Patel Chessa Calabrese Bridget Kern Mackenzie Epler Julia Hemphill Talia Oakley Danielle Black</p>	<p>IBCCP Intake Specialists Kathy Reardon Amanda Ziemnsky Leah Brunkow Misha Cadet</p>
		<p>Vision & Hearing Becky Black</p>