



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division Of Wellness & Health Promotion

July 2008 REPORT

Programs

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CUPHD Dental Program

Champaign-Urbana Public Health District's Dental Clinic is located at 201 W. Kenyon Road, Champaign and sees children ages 3-18 enrolled in Champaign or Urbana School Districts. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions.

We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m.

Please call 217-531-4279 for an appointment.

July 2008 Champaign Clinic Visits

| | C-U | Co | Other |
|------------------------------|------------|-----------|----------|
| New Patient | 79 | 10 | 0 |
| Visits by Patients of Record | 303 | 27 | 0 |
| Total Patient Visits | 382 | 37 | 0 |

Procedures

| | |
|--------------------------------|------|
| Total Procedures Performed | 1223 |
| Average Procedures per Patient | 2.93 |

Adult Patients

| | |
|--------------------------|----|
| Adult Patients Scheduled | 12 |
| Adult Patients Visits | 11 |

| | |
|-----------------------------------|-----------|
| Number of Days Clinic Open | 22 |
|-----------------------------------|-----------|



CUPHD Dental is a member of IFLOSS. For Information please visit the link below: www.ifloss.org

Upcoming Events

Fluoride Varnish was offered to MCH/WIC children age 0-35 months. Michelle Kramer, RDH provided oral health instruction and screened all children for eligibility (4 or more primary incisors) and risk factors such as no fluoride in the family's drinking water or frequent use of juices or flavored milk in bottles or sippy cups. Michelle will continue to offer fluoride varnish and oral health education for MCH/WIC children 1 day each month. The next scheduled date is September 4th. For more information about the benefits of fluoride varnish please visit:

<http://www.illinoisap.org/oralhealth.htm>.

School Sealant Visits are just around the corner! CUPHD Dental will schedule visits with 17 Elementary Schools and 4 Middle Schools to provide Dental Screenings for all children with signed consents and cleanings, fluoride varnish, and sealants on 1st and 2nd permanent molars for all eligible children. The following schedules have been confirmed:

Kenwood Elementary: September 22-23-24
Barkstall Elementary: October 21-22-23
Jefferson Middle School: October 27-28-29
South Side Elementary: October 6-7-8
Bottenfield Elementary: November 17-18-19

Carrie Busey Elementary: December 2-3
Robeson Elementary: December 15-16-17
Garden Hills Elementary: March 17-18-19
Franklin Middle School: March 31, April 1-2
Stratton Elementary School: May 5-6-7

CUPHD Division of
 Wellness Health Promotion
www.cuphd.org/chronicdisease.html
 July 2008 Board Report

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

| July 2008 Urbana Visits | C-U | Co | Other |
|------------------------------|------------|-----------|----------|
| New Patient | 47 | 6 | 0 |
| Visits by Patients of Record | 91 | 5 | 0 |
| Total Patient Visits | 138 | 11 | 0 |

Procedures

| | |
|--------------------------------|------|
| Total Procedures Performed | 400 |
| Average Procedures per Patient | 2.68 |

Number of Days Clinic Open 19

Dental Education



CUPHD Dental is available for Oral Health and Dental Care Presentations. For more information, please contact:

Alicia Ekhoﬀ
Dental Program Coordinator
(217) 531-4538
aekhoﬀ@cuphd.org

CUPHD Dental is scheduled at the following facilities for Oral Health Presentations:

The Pavillion

Champaign County Juvenile Detention Center

The Urbana School Health Center (USHC) consists of a partnership of local agencies dedicated to the health and well being of children. Services provided at USHC are available to ALL students of the Urbana School District. Services are available during the child's school day, allowing for consistent, convenient, carefree medical, dental, and mental health services - from routine exams and procedures to acute care issues stemming from injuries or chronic disease conditions to counseling and wellness programs - USHC's community care approach ensures children the best care possible - away from home.



There are currently 3427 students enrolled in the program, 60% of the Urbana School District

Medical - A Partnership with Frances Nelson Health Center

| | |
|------------------------------|----------|
| Visits | |
| New Patient | 29 |
| Visits by Patients of Record | 74 |
| Total Patient Visits | 0 |

*Refer to Dental numbers for dental visits

Special Events



Urbana School District wide registration will be August 6-8 at the Urbana Middle School. Look for our booth at registration and learn about our services and enroll your child.

The Urbana School Health Center offers school and sport physicals to all students enrolled in the district as well as dental exams. Call today to make an appointment: 217.239.4220.

Adult Prevention & Management of Disease

The adult immunization program serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments. During this time blood pressure checks and casual blood glucose checks are available for walk-in clients.

| Immunizations | C-U | Co | Other |
|---|-----|----|-------|
| Hepatitis A | 8 | 0 | 0 |
| Hepatitis B | 10 | 1 | 0 |
| Polio | 1 | 0 | 0 |
| Meningococcal / Menactra | 0 | 0 | 0 |
| Meningococcal / Menomune | 1 | 0 | 0 |
| Mumps, Measles, Rubella | 5 | 2 | 0 |
| Tetanus and diphtheria | 9 | 1 | 0 |
| Tetanus, diphtheria and acellular pertussis | 0 | 0 | 0 |
| Hepatitis A and Hepatitis B | 7 | 2 | 0 |
| Typhoid | 4 | 0 | 0 |
| Varicella /chickenpox | 2 | 0 | 0 |
| Flu/Pneumonia Walk-Ins | 0 | 0 | 0 |
| BG Check | 0 | 0 | 0 |
| BP Check | 0 | 0 | 0 |



**Adult and Travel vaccines
are available
Monday & Wednesdays
by appointment.
Call 531-2922
-Ask for Theresa**

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control. In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

IDPCP Enrollment /Reviews 0

Special Events

2 Diabetes Outreach meetings in July, 17 clients were served

Living Well with Diabetes Program is funded in part by Champaign County. It is a four-session program for people with diabetes or at risk for diabetes. The first class was held at Washington Square and 12 people participated. The cause of diabetes, the management and monitoring of diabetes were explored. To help manage diabetes, participants developed an understanding of the role of food with the management of diet, and established self management tools. Short and long term complications were reviewed at a personal level. Individual participation and sharing of each personal diabetes experiences and choices of self care was key to the success of the program for each participant.

Community Home Nursing Program offers a skilled nurses assessment and disease management for patients with Diabetes, Hypertension, Coronary Artery Disease, Glaucoma, Cancer, Pain Management, Nutritional, Medication Management and Client Centered education related to disease processes and management.



16 home visits were completed by a Registered Nurse

Services Rendered

Skilled Nurse Assessment: 16

Disease Management- Diabetes, Hypertension, Coronary Artery Disease, Pro-time Management, Glaucoma, Medication Management:16

Day Care Assesments: 0

| Champaign-Urbana | | | | | | | |
|-------------------------|--------|--------|--------|--------|--------|--------|---------|
| | 40 y/o | 50 y/o | 60 y/o | 70 y/o | 80 y/o | 90 y/o | 100 y/o |
| M | 0 | 0 | 0 | 1 | 1 | 0 | 0 |
| F | 0 | 2 | 0 | 2 | 2 | 0 | 0 |

Tobacco Programs

Project TNT is a 10 session program delivered in 5th grade classes. This program is different from most tobacco education curriculums in that it focuses on changing normative beliefs about the prevalence of tobacco use. Further, instead of just giving participants reasons not to use tobacco, it equips participants with decision-making skills as well as effective communication skills.

| | | | | | |
|--------|--|---|--------------------------|---|---|
| CU | # of times presented <small>(Count complete programs, not sessions)</small> | 0 | Total # of people served | 0 | School out for summer, No request received |
| County | # of times presented <small>(Count complete programs, not sessions)</small> | 0 | Total # of people served | 0 | |

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggests.

| | | | | | |
|--------|--|---|--------------------------|---|--|
| CU | # of times presented <small>(Count complete programs, not sessions)</small> | 0 | Total # of people served | 0 | |
| County | # of times presented <small>(Count complete programs, not sessions)</small> | 1 | Total # of people served | 1 | |

Freedom from Smoking is a 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

| | | | | | |
|--------|--|---|--------------------------|---|---|
| CU | # of times presented <small>(Count complete programs, not sessions)</small> | 0 | Total # of people served | 0 | A Freedom From Smoking class began with 4 clients on 7/29, the class will end in September. |
| County | # of times presented <small>(Count complete programs, not sessions)</small> | 0 | Total # of people served | 0 | |

NOT HERE is a tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

| | | | | | |
|--------|---------------|---|------------|---|--|
| CU | # of Attempts | 0 | # of Sales | 0 | We are funded to complete compliance checks 3 out of 4 quarters. No class this month |
| County | # of Attempts | 0 | # of Sales | 0 | |

Not On Tobacco (N-O-T) is a 10-week cessation program for youth. In certain municipalities in Champaign County, possession of tobacco products by minors is illegal. This program is offered to the minors instead of paying the fine.

| | | | | | |
|--------|---|---|--------------------------|---|---|
| CU | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 | 10 session curriculum, Next class to be scheduled |
| County | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 | |

Smoke Free Illinois compliance is our education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

| | | |
|--------|-----------------|---|
| CU | # of Complaints | 3 |
| County | # of Complaints | 0 |

REALITY, IL is a program for youth ages 13-18 who are tobacco prevention advocates. We have meetings, events, set up bulletin boards, film commercials, create bus signs and billboards. They hold poster contests for elementary school students.

| | | | | |
|--------|---|---|--------------------------|----|
| CU | # of times presented (Count complete programs, not sessions) | 1 | Total # of people served | 17 |
| County | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 |

Tobacco Education- Age-appropriate tobacco education is provided at schools by request.

| | | | | | |
|--------|---|---|--------------------------|---|--|
| CU | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 | School out for summer, No request received |
| County | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 | |



Other Education Programs

Nutrition- age-appropriate education is provided to classrooms by request.

| | | | | | |
|--------|---|---|--------------------------|---|---|
| CU | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 | School out for summer, No request received |
| County | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 | |

Training Intervention Procedures (T.I.Ps) is an alcohol serving training program. CUPHD partners with The Champaign Police Department to bring this program to area alcohol servers.

| | | | | |
|--------|---|---|--------------------------|----|
| CU | # of times presented (Count complete programs, not sessions) | 1 | Total # of people served | 14 |
| County | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 |

Juvenile Detention Center Outreach- various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. Topics include sexual health, nutrition, and tobacco.

| | | | | |
|--------|---|---|--------------------------|----|
| CU | # of times presented (Count complete programs, not sessions) | 2 | Total # of people served | 13 |
| County | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 |

Sexually Transmitted Disease Health Education- Age-appropriate health programs are provided by our health educators.

| | | | | |
|--------|---|---|--------------------------|----|
| CU | # of times presented (Count complete programs, not sessions) | 1 | Total # of people served | 11 |
| County | # of times presented (Count complete programs, not sessions) | 0 | Total # of people served | 0 |

Health Educators assisted with the Child Safety Seat Inspection Station, a program run through our Division of Maternal and Child Health
Health Promotion team members assisted 3 times in the month

CATCH Programs Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes.

Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

| | # of students |
|-----------------------------------|---------------|
| Dr. Howard Elementary, Champaign | 488 |
| Thomasboro Elementary, Thomasboro | 202 |
| Unity West Elementary, Tolono | 410 |

SPECIAL EVENTS

Nikki Hillier completed training to be a certified CATCH trainer. As a CATCH trainer, she will assist schools interested in implementing a Coordinated Approach To Child Health.

On July 10, we came for a portion of Thomasboro Grade School's registration. We reinforced the CATCH ideas using a trivia game with 9 students.

On July 17, we helped clients at the farmer's market learn new ways of cooking vegetables. We saw 88 clients.

On July 24, in partnership with HeRMES, we offered school physicals to students without a medical provider. 33 clients were seen.

On July 19, Pilgrim Baptist church kicked off their walking program. We helped with assesment of the client's physical activities and setting goals.



Champaign Urbana Public Health District's (CUPHD) Vision Cooperative offers eye exams and eye glasses to people who have Illinois Public Aid as their insurance. CUPHD Vision Cooperative staff act as the gatekeeper to a coalition of area optometrists and an ophthalmologist who have offered to be a part of this great program. By calling the Lens Line (217-531-5367) a person can receive access to an eye exam by one of the participating licensed eye professional provider and access to the CUPHD eye glass program.

Once a person receives an eye exam and a prescription for eye glasses, the Vision Cooperative schedules the person for eye glass fitting and selection. CUPHD has a wide selection of 49 different eye glass frames that are available in different colors. CUPHD Vision Cooperative is able to bill Illinois Public Aid for the eye glasses and lenses; therefore there is no cost to the client for the eye glass frames and lenses.

| Services | C-U | Co. | Other |
|--|------------|-----------|-----------|
| Adult Glasses Fittings | 23 | 7 | 11 |
| Adult Glasses Dispensing | 29 | 8 | 10 |
| Adult Glasses Repair | 2 | 0 | 0 |
| Total Adults Serviced | 54 | 15 | 17 |
| Child Glasses Fitting | 34 | 8 | 6 |
| Child Glasses Dispensing | 25 | 11 | 5 |
| Child Glasses Repair | 3 | 1 | 0 |
| Total Children Serviced | 62 | 20 | 11 |
| Total Clients Serviced | 116 | 35 | 28 |
| Appointment No-Shows | 22 | 7 | 6 |
| Appointments Cancelled | 6 | 1 | 1 |
| Appointments Rescheduled | 10 | 0 | 0 |
| Total # Glasses Received | 67 | | |
| Referrals made to optometrist/ophthalmologists | 127 | | |



Total Clients Serviced
183

Child Vision and Hearing Screening The CUPHD Hearing and Vision Screening Program provides state-mandated hearing and vision screening to licensed day care, preschools, public schools and parochial schools. CUPHD employs a state certified auditory and vision technician

| Hearing | | | | | | | | | |
|------------|-----|-----|-------|-------|------------|-----|-------|-------|--|
| Pre K | | | | | School Age | | | | |
| | C-U | Co. | Other | Total | C-U | Co. | Other | Total | |
| Screened | 16 | 8 | 0 | 24 | 0 | 1 | 0 | 1 | |
| Rescreened | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| Threshold | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| Referred | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |

| Vision | | | | | | | | | |
|---------------------|-----|-----|-------|-------|------------|-----|-------|-------|--|
| Pre K | | | | | School Age | | | | |
| | C-U | Co. | Other | Total | C-U | Co. | Other | Total | |
| Screened | 16 | 8 | 0 | 24 | 0 | 1 | 0 | 1 | |
| Rescreened | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| Referred | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| w/ Glasses | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| w/ Glasses referred | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |

NOTICE OF NEW STATE OF ILLINOIS MANDATE

Do You Have a Child Entering Kindergarten?

The State of Illinois has mandated that all children entering Kindergarten in the 2008 - 09 school year MUST have a professional eye exam.



The CUPHD Vision Cooperative offers children with an Illinois Public Aid (IPA) Card access to professional eye exams at no charge.*

The CUPHD Vision Cooperative also offers FREE prescription eyeglasses in a choice of over 45 fashion colors and frames to children with a current IPA Card.

**NOTE: Some CUPHD providers may charge a \$2.00 co-payment for exams.*

CALL TODAY FOR AN APPOINTMENT!

217.531.LENS (5367)

Champaign-Urbana Public Health District
VISION COOPERATIVE
Seeing Things Differently...



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

www.cuphd.org

Illinois Breast and Cervical Cancer (IBCCP) contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

| | *Champaign-Urbana | *Champaign County | McLean County | Vermilion County | Total |
|-------------------------------|-------------------|-------------------|---------------|------------------|-------|
| Number of Active clients | 353 | 201 | 389 | 335 | 1278 |
| New Clients Enrolled | 16 | 9 | 18 | 13 | 56 |
| Provider & Community Outreach | 3 | 1 | 79 | 0 | 83 |



July 18th, Amanda Ziemnisky attended and distributed brochures at the Champaign County Fair.

July 25th, IBCCP provided flyers to the Rantoul Clinic for the Parkview Neighborhood Picnic. 150 people participated

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division staff participate on the following coalitions and in the community meetings

Monthly Meetings

Champaign County Tobacco Prevention Coalition
Human Services Council
Champaign-Urbana Campus Community Coalition
Regional Prevention Group
Unity West Wellness Committee Meeting
Coalition for Comprehensive Sex Education
Illinois Health Cares about Domestic Violence
Illinois Coalition for School Health Centers
National Assembly for School Health Care
Coordinated School Health Grantee Meeting

Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com

Wellness & Health Promotion Contacts

217-373-7901



| | | |
|--|--------------------------------------|----------|
| The Division of Wellness & Health Promotion | Deb Fruitt Director | 531-2921 |
| Illinois Breast & Cervical Cancer | Cathy Propst Program Coordinator | 531-2916 |
| Health Promotions Vision-Cooperative/ Hearing & Vision | Nikki Hillier Program Coordinator | 531-2914 |
| Dental | Alicia Ekhoﬀ Program Coordinator | 531-4538 |
| Urbana School Health Center | Heidi Britton Program Coordinator | 531-2890 |

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://www.cuphd.org/chronicdisease.html>

| | | |
|--|--|--|
| Dental Hygienists Amanda Wright Michelle Kramer Jill Hart | IBCCP Intake Specialists Kathy Reardon Amanda Ziemnsky Louise McClintock | Dentist Dr. Jim Wahl Dr. Grenda |
| Health Educators Jennifer Jackson Kari Schweighart Becky Black | Nurses Theresa Truelove Judy Krumwiede | Dental Assistants Marda Keys Susan Scheffer |
| Volunteers | Administrative Assistants Maria Capps Pam Simmons Dee Phillips | Interns Melissa Poole |