



Division Of Wellness & Health Promotion

January 2008 REPORT

Champaign-Urbana Public Health District

Programs

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CUPHD Dental Program

Champaign-Urbana Public Health District's Dental Clinic is located at 201 W. Kenyon Road, Champaign and sees children ages 3-18 enrolled in Champaign or Urbana School Districts. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions.

We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-531-4279 for an appointment.

January Visits	C-U	Co	Other
New Patient	77	12	0
Visits by Patients of Record	228	0	0
Total Patient Visits	293	12	0

Procedures

Total Procedures Performed	825
Average Procedures per Patient	2.82

Adult Patients

Adult Patients Scheduled	29
Adult Patients Visits	17

Number of Days Clinic Open 21

School Sealant Visits

Leal Elementary, Urbana
Thomas Paine Elementary, Urbana

Total Children Seen in Schools	75
Total Sealants Placed	57



Upcoming Events:

The dental team will be at the following Champaign schools for exams, cleanings, fluoride, and sealants:

Garden Hills Elementary: March 11
Franklin Middle School: March 25
Edison Middle School: April 15
Stratton Elementary: April 29

February is NATIONAL CHILDREN'S DENTAL HEALTH MONTH The Illinois State Dental Society is sponsoring a coloring contest for children in K through 3rd grades. Follow the link below for more information: <http://www.isds.org/memberBenefits/PublicRelations/ncdhm.asp>

CUPHD Dental will partner with CIDES and local dentists to provide free children's dental exams at Marketplace Mall during GIVE A KID A SMILE DAY on Saturday, February 2nd, 10 a.m. - 4 p.m.

CUPHD Dental is a member of the IFLOSS Coalition.
Follow this link for more information: www.ifloss.org

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.

January Visits	C-U	Co	Other
New Patient	34	9	0
Visits by Patients of Record	86	0	0
Total Patient Visits	129	9	0

Procedures

Total Procedures Performed	462
Average Procedures per Patient	3.58

Number of Days Clinic Open 21

Upcoming Events:

The dental team will be at the following Urbana schools for exams, cleanings, fluoride, and sealants:

M.L. King Elementary:	May 6
Prairie Elementary:	February 19
Wiley Elementary:	February 26
Yankee Ridge Elementary:	April 8
Urbana Middle School:	February 5

CUPHD Dental is available for Oral Health and Dental Care Presentations. For more information, please contact:

Alicia Ekhoﬀ
 Dental Program Coordinator
 (217) 531-4538
 aekhoﬀ@cuphd.org

Urbana School Health Center

The Urbana School Health Center (USHC) consists of a partnership of local agencies dedicated to the health and well being of children. Services provided at USHC are available to ALL students of the Urbana School District. Services are available during the child's school day, allowing for consistent, convenient, carefree medical, dental, and mental health services - from routine exams and procedures to acute care issues stemming from injuries or chronic disease conditions to counseling and wellness programs - USHC's community care approach ensures children the best care possible - away from home.

There are currently 3223 students enrolled in the program, 60% of the Urbana School District

Refer to Dental numbers for dental visits

Medical - A Partnership with Frances Nelson Health Center

Visits

New Patient	18
Visits by Patients of Record	95
Total Patient Visits	113

Mental Health - A Partnership with Mental Health Center for Champaign County

*Unable to report at this time, will have data for February



Adult Prevention & Management of Disease

The adult immunization program serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments. During this time blood pressure checks and casual blood glucose checks are available for walk-in clients.

Immunizations	C-U	Co	Other
Hepatitis A	11	0	13
Hepatitis B	4	1	7
Polio	3	0	4
Meningococcal / Menactra	1	0	1
Meningococcal / Menomune	0	0	0
Mumps, Measles, Rubella	6	0	6
Tetanus and diphtheria	5	1	7
Tetanus, diphtheria and acellular pertussis	0	0	1
Hepatitis A and Hepatitis B	1	2	4
Typhoid	3	0	4
Varicella /chickenpox	1	0	2
Flu/Pneumonia			
Walk-Ins	7	1	8
BG Check	1	0	0
BP Check	2	0	0

Adult and Travel vaccines are available Mon.& Wed. by appointment. Call 531-2922 -Ask for Theresa

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control .In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

Diabetes Life Lines newsletter Dec/Jan	0
IDPCP Enrollment /Reviews	1

Diabetes Outreach meeting took place at Round Barn Senior Hi-Rise and with 10 people in attendance. Themes for discussion were holiday survival results, how to work with medical professionals to be more active in diabetes care especially talking about day to day difficulties, blood glucose changes affected by the seasons and reflected rising A1c test in the winter, and Breakfast of Champions.

Health Fair /Events: One event was a national teleconference sponsored by the IDPCP on “Diabetes and Cardiovascular Disease”. Four people were able to attend with the use of our new facilities .Four other community partners will receive CDs of the conference.

Special Events: Free Osteoporosis screening for persons enrolled in the diabetes program in cooperation with a research program at the U of I. The test is non invasive taking 10-15 minutes to measure calcium level in the heel of the foot and calculate a score. Each participant received their score at the completion of the screening. Six people were screened.

Community Home Nursing Program offers a skilled nurses assessment and disease management for patients with Diabetes, Hypertension, Coronary Artery Disease, Glaucoma, Cancer, Pain Management, Nutritional, Medication Management and Client Centered education related to disease processes and management.

82 home visits were completed by one of CUPHD's Registered Nurses

C-U	Co	Other
78	4	0

Services Rendered:

Skilled Nurse Assessment: 77

Disease Management- Diabetes, Hypertension, Coronary Artery Disease, Pro-time Management, Glaucoma, Medication Management: 81

Champaign-Urbana

	40 y/o	50 y/o	60 y/o	70 y/o	80 y/o	90 y/o	100 y/o
M	1	0	6	13	8	0	0
F	0	3	2	11	31	4	0

County

	40 y/o	50 y/o	60 y/o	70 y/o	80 y/o	90 y/o	100 y/o
M	0	0	1	0	0	0	1
F	0	0	0	0	1	1	0

Tobacco Programs

Project TNT is a 10 session program delivered in 5th grade classes. This program is different from most tobacco education curriculums in that it focuses on changing normative beliefs about the prevalence of tobacco use. Further, instead of just giving participants reasons not to use tobacco, it equips participants with decision-making skills as well as effective communication skills.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	4	Total # of people served	90

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggests.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	1
County	# of times presented (Count complete programs, not sessions)	5	Total # of people served	5

Freedom from Smoking is a 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

NOT HERE is a tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	72	# of Sales Out of # of attempts	3 72
County	# of Attempts	42	# of Sales Out of # of attempts	1 42



Not On Tobacco (N-O-T) is a 10-week cessation program for youth. In certain municipalities in Champaign County, possession of tobacco products by minors is illegal. This program is offered to the minors instead of paying the fine.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	1
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

Smoke Free Illinois compliance is our education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	16
County	# of Complaints	5

REALITY, IL is a program for youth ages 13-18 who are tobacco prevention advocates. We have meetings, events, set up bulletin boards, film commercials, create bus signs and billboards. They hold poster contests for elementary school students.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	1	Total # of people served	7

Tobacco Education- Age-appropriate tobacco education is provided at schools by request.

CU	# of times presented (Count complete programs, not sessions)	8	Total # of people served	171
County	# of times presented (Count complete programs, not sessions)	4	Total # of people served	75



Other Education Programs

Fight the Flu is an interactive hands-on presentation for grade schoolers to teach them how germs are spread and the importance of “doing it in your sleeve.”

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

Training Intervention Procedures (T.I.Ps) is an alcohol serving training program. CUPHD partners with The Champaign Police Department to bring this program to area alcohol servers.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	5
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

Juvenile Detention Center Outreach- various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. Topics include sexual health, nutrition, and tobacco.

CU	# of times presented (Count complete programs, not sessions)	2	Total # of people served	7
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

Reproductive Health- Age-appropriate sexual health programs are provided by our health educators, topics include puberty, self-image, sexually transmitted infection, and contraception.

CU	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0
County	# of times presented (Count complete programs, not sessions)	0	Total # of people served	0

CATCH Programs Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes.

Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	488
Thomasboro Elementary, Thomasboro	202
Unity West Elementary, Tolono	410

Health Educators assisted with the Child Safety Seat Inspection Station, a program run through our Division of Maternal and Child Health

Health Promotion team members assisted 1 times in the month of January

SPECIAL EVENTS:

CUPHD Mobile

The CUPHD mobile unit provides public health programs to the community. Current Champaign-Urbana sites include: Scottswood, Restoration Urban Ministries, Ivanhoe Estates, Shadow Wood, Prairie Green, JoAnne Dorsey, Dobbins Downs, Orchard Downs and Garden Village Apartments

Dates	Locations	Communities	# Seen
Jan.9 th	Ivanhoe	Urbana	13
Jan. 9 th	Prairie Green	Urbana	12
Jan 10 th	Scottswood	Urbana	9
Jan.17 th	Joanne Dorsey	Champaign	1
Jan. 17 th	Garden Village	Champaign	3
Jan. 25 th	Restoration Urban Ministry	Champaign	4
Jan. 30 th	Urbana Middle School	Urbana	6



Services Provided

HIV	6	Blood Pressure	3
Gonorrhea /Chlamydia	4	Glucose	0
Syphilis	5	Prostate Antigen Screening	1
Vision Cooperative- Fitting	0	Flu Vaccinations	0
Vision Cooperative -Dispensing	5	Pneumonia Vaccination	0
Pregnancy Test	1	Other	0

Total Number of Clinical Services: 25

CUPHD Referrals:

HIV Care	0
STD Clinic	0
WIC	0
Eye Care/CUPHD Vision Cooperative	4
Harm Reduction Services	0
IBCCP	7
TB Care	0
Dental	2
Hepatitis Vaccinations	0
Travel Clinic	0
Smoking Cessation	1
Urbana School Based Clinic	0
All Kids / IPA / Public Aid	2

Total # of Referrals : 26

Community Resource Referrals:

Mental Health	2
Health Clinic-Champaign County Christian	5
Health Center	0
Domestic Violence	0
Emergency Room	0
Food Assistance	0
Substance Abuse	0
Clothing Assistance	0
Shelter/Housing Assistance	0
Township/Utility Assistance	0
Child Assistance	0
Job Training	0
Regional Planning	0
Champaign County Health Care Consumers	0
The Reading Group	0

Educational:

HIV Care	0	Substance Abuse	0
STD Education	0	Prevent Blindness	0
IBCCP	0	American Cancer Society	0
Smoking Cessation	0	Planned Parenthood	2
Emergency Preparedness	0	Regional Planning	0
Domestic Violence	0	Diabetes Education/American Diabetes Association	0
WIC	0	Heart Disease- American Heart Association	1
Family Planning	0	Asthma/ American Lung Association	0
Eye Care/CUPHD Vision Cooperative	0	Other	0

Supplies:

Total packets of condoms given -9

CUPHD mobile unit also provides public health programs to the county. Current County sites include: Heritage Estates in Rantoul, Rantoul High School, Tolono at the Oaks, Rantoul at Fountain Valley, Rantoul at Trailer Park by Bell, Rantoul at Parkview Rentals, Rantoul at Trailer Park by Gifford and Rantoul at Abbott Acres

Dates	Locations	Communities	# Seen	Collaborations
Jan. 7th	Abbott Acres	Rantoul	15	
Jan. 7th	Cherry Orchard	Rantoul	6	
Jan. 7th	Heritage Estates	Rantoul	14	
Jan. 8th	Ludlow Community Center	Ludlow	4	
Jan. 8th	Falcon Way	Rantoul	11	
Jan. 8th	Madison Village	Rantoul	2	
Jan. 15th	Candlewood Estates	Mahomet	17	
Jan. 15th	Seymore Fire Department	Seymour	3	Seymour Fireman
Jan. 15th	The Oaks	Tolono	6	
Jan. 29 th	Abbott Acres	Rantoul	4	
Jan. 29 th	Falcon Way	Rantoul	16	
Jan. 29 th	Fountain Valley	Rantoul	4	



Services Provided

HIV	10	Blood Pressure	2
Gonorrhea /Chlamydia	8	Glucose	0
Syphilis	9	Prostate Antigen Screening	2
Vision Cooperative- Fitting	1	Flu Vaccinations	0
Vision Cooperative -Dispensing	2	Pneumonia Vaccination	0
Pregnancy Test	1	Other	0

Total Number of Clinical Services: 35

CUPHD Referrals:

HIV Care	2
STD Clinic	0
WIC	0
Eye Care/CUPHD Vision Cooperative	9
Harm Reduction Services	0
IBCCP	5
TB Care	0
Dental	4
Hepatitis Vaccinations	0
Travel Clinic	0
Smoking Cessation	0
Urbana School Based Clinic	0
All Kids / IPA / Public Aid	2

Total # of Referrals : 37

Community Resource Referrals:

Mental Health	4
Health Clinic-Champaign County Christian	11
Health Center	0
Domestic Violence	0
Emergency Room	0
Food Assistance	0
Substance Abuse	0
Clothing Assistance	0
Shelter/Housing Assistance	0
Township/Utility Assistance	0
Child Assistance	0
Job Training	0
Regional Planning	0
Champaign County Health Care Consumers	0
The Reading Group	0

Educational:

HIV Care	0	Substance Abuse	0
STD Education	0	Prevent Blindness	0
IBCCP	0	American Cancer Society	0
Smoking Cessation	0	Planned Parenthood	2
Emergency Preparedness	0	Regional Planning	0
Domestic Violence	0	Diabetes Education/American Diabetes Association	0
WIC	0	Heart Disease- American Heart Association	1
Family Planning	0	Asthma/ American Lung Association	0
Eye Care/CUPHD Vision Cooperative	0	Other	0

Supplies: Total packets of condoms given -22

CUPHD Division of
Wellness Health Promotion
www.cuphd.org/chronicdisease.html
January 2008 Board Report

Champaign Urbana Public Health District's (CUPHD) Vision Cooperative offers eye exams and eye glasses to people who have Illinois Public Aid as their insurance. CUPHD Vision Cooperative staff act as the gatekeeper to a coalition of area optometrists and an ophthalmologist who have offered to be a part of this great program. By calling the Lens Line (217-531-5367) a person can receive access to an eye exam by one of the participating licensed eye professional provider and access to the CUPHD eye glass program.

Once a person receives an eye exam and a prescription for eye glasses, the Vision Cooperative schedules the person for eye glass fitting and selection. CUPHD has a wide selection of 49 different eye glass frames that are available in different colors. CUPHD Vision Cooperative is able to bill Illinois Public Aid for the eye glasses and lenses; therefore there is no cost to the client for the eye glass frames and lenses.

	# of Clients
Adult Glasses Fittings	52
Adult Glasses Dispensing	68
Adult Glasses Repair	5
Total Adults Serviced	125
Child Glasses Fitting	62
Child Glasses Dispensing	83
Child Glasses Repair	6
Total Children Serviced	151
Total Clients Serviced	276
Appointment No-Shows	38
Appointments Cancelled	10
Appointments Rescheduled	13
Total # Glasses Received	200



Child Vision and Hearing Screening

The CUPHD Hearing and Vision Screening Program provides state-mandated hearing and vision screening to licensed day care, preschools, public schools and parochial schools. CUPHD employees a state certified auditory and vision technician

No hearing and vision screenings were done for the month of January.

Illinois Breast and Cervical Cancer (IBCCP) contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	322	162	335	296	1115
New Clients Enrolled	8	3	4	14	29
Provider & Community Outreach	22	55	129	0	206

Special Events:

A "Women's Night Out" event was held January 31st at Danville Area Community College. Breast and Cervical Cancer screening and IBCCP enrollment information was presented. There were 25 women in attendance.



*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division staff participate on the following coalitions and in the community meetings

Monthly Meetings

Champaign County Tobacco Prevention Coalition
Human Services Council
Champaign-Urbana Campus Community Coalition
Regional Prevention Group
Unity West Wellness Committee Meeting
Coalition for Comprehensive Sex Education
Illinois Health Cares about Domestic Violence

Special Meetings

Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

**Wellness & Health Promotion
Contacts
217-373-7901**



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer	Cathy Propst Program Coordinator	531-2916
Health Promotions	Nikki Hillier Program Coordinator	531-2914
Mobile/ Vision Coop-Eyeglass/ Hearing & Vision	Tamie Nagrodski Program Coordinator	531-4332
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Heidi Britton Program Coordinator	531-2890

Have questions about Wellness and Health Promotions?
Get more information on our website!
<http://www.cuphd.org/chronicdisease.html>

Dental Hygienists Amanda Wright Michelle Kramer Jill Hart	IBCCP Intake Specialists Kathy Reardon Amanda Ziemnsky Louise McClintock	Dentist Dr. Jim Wahl Dr. Yu-hsien Mandy Huang Dr. Grenda
Health Educators Jennifer Jackson Kari Schweighart	Nurses Carole Murphy Theresa Truelove Judy Krumwiede -IBCCP Casemanager	Dental Assistants Marda Keys Susan Scheffer
Mobile Assistant Isabel Lago Health Tech Becky Black	Administrative Assistants Maria Capps Pam Simmons Dee Phillips	Interns Megan Doheny Kevin Meier Jessica Sonnefeldt