Community Mitigation [Mi-ti-gay-shun] and why we ALL should practice it

- **What is community mitigation?** Actions taken by the community that help slow the spread of a disease.
- **Why should we practice it?** To slow down how quickly the virus will go from person to person. If we ALL take action we can stop hospitals from being overrun.

**If we do nothing**

**If we do something**

\[\text{Adapted from @SiouxSiew, @XTOTL, @TheSpinOFFTV}\]
Community Action
Protect Our Town. Slow It Down.

Coronavirus only impacts people with weak immune systems. I'm good. This virus can still impact you, those you love, and people you don't know. Practice Community Mitigation.

#SocialDistancing

Community Actions
- Provide work from home options
- Extend paid sick leave to all employees
- Postpone large social gatherings
- #SocialDistancing: Stay 6 feet away from other people
- Check in on your community
  - Healthy people can offer childcare
  - Help everyone stock supplies
  - Donate financial aid to those in need

Individual Actions
- #SocialDistancing: Stay 6 feet away from other people
- Stay home from work when sick
- Cover coughs and sneezes
- Wash your hands (warm water, soap) for 20 seconds, frequently
- Routinely clean "high touch" surfaces in your home and workplace
- Stock 2 weeks of food and household items
- Cover your mouth with a cloth face covering when in public

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