Updated guidance for social/physical distancing: If gatherings are necessary, limit the number of people to 10.

Faith-Based Organization Guidance

Here's what you need to know about limiting the spread of the novel coronavirus (COVID-19).

Contact us if you have questions or concerns:

Coronavirus (COVID-19) E-mail: coronavirus@c-uphd.org
"As of right now, can places of worship remain opened?"

Yes, as of right now places of worship will remain open. **HOWEVER**, it is imperative that the public health guidance is observed.

**CDC Guidance**

The Centers of Disease Control (CDC) is the United States leading public health institute. The guidelines that they create must be taken seriously to decrease the spread of the novel coronavirus (COVID-19).
Guidance for Faith-Based Organizations

Based on the CDC’s guidance, the following should be observed to slow the spread of the novel coronavirus (COVID-19).

To learn more about the CDC’s recommendations click here. If you are reading this on paper visit: https://www.cdc.gov/coronavirus/2019-ncov/community/homeless-shelters/plan-prepare-respond.html

Practice good hygiene

- Stop handshaking – use other noncontact methods of greeting
- Clean hands at the door and schedule regular hand washing reminders by email
- Create habits and reminders to avoid touching their faces and cover coughs and sneezes
- Disinfect surfaces like doorknobs, tables, desks, and handrails regularly
- Increase ventilation by opening windows or adjusting air conditioning

Be careful with meetings and travel

- Use videoconferencing for meetings when possible
- When not possible, hold meetings in open, well-ventilated spaces
- Consider adjusting or postponing large meetings or gatherings
- Assess the risks of business travel

Handle food carefully

- Limit food sharing
- Strengthen health screening for cafeteria staff and their close contacts
- Ensure cafeteria staff and their close contacts practice strict hygiene

Stay home if...

- They are feeling sick
- They have a sick family member in their home

(CDC, 2020)
Guidance from the Champaign-Urbana Public Health District

All Champaign-County residents should follow Public Health recommendations. At this point in time the CUPHD is assuming minimal to moderate transmission of COVID-19 in our community based on the lack of testing and the rising number of cases elsewhere in the United States. Together, we may potentially reduce the spread of the disease in our community. While all residents can take steps now, people in high risk categories (e.g., seniors over the age of 60 and individuals with underlying medical conditions) are urged to pay special attention to recommendations to avoid large gatherings of people.

- Know the signs and symptoms of COVID-19 and what to do if organization members/staff become symptomatic.
- Identify safe ways to serve those that are at high risk or vulnerable (outreach, assistance, etc.).
- Review, update, or develop emergency plans for the organization, especially consideration for individuals at increased risk of severe illness.
- Encourage staff and members to stay home and notify organization administrators of illness when sick.
- Encourage personal protective measures among organization/members and staff (e.g., social distancing, stay home when sick, handwashing, respiratory etiquette).
- Clean frequently touched surfaces at organization daily.
- See Environmental Cleaning and Disinfection Recommendations handout.
- Ensure hand hygiene supplies are readily available in building.
- Consider offering video/audio of events
- Determine ways to continue providing support services to individuals at increased risk of severe disease (services, meals, checking in) while limiting group settings and exposures.
- Cancel large gatherings (>10 people)
- For Organizations that serve high-risk populations, cancel gatherings.
- Consider alternative ways to dispense food at food pantries to avoid large gatherings of people.
- Funeral Considerations
  - Consider a webcast service using either a webcasting service or Facebook Live
  - Can the family hold a memorial gathering- either in addition to or in lieu of a funeral service- at a later date?
- **Substantial**: Cancel community and faith-based gatherings of any size
How to Disinfect

Train your staff on the following ways to disinfect various surfaces.

Clean and disinfect

- **Clean AND disinfect** frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.

- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.

To disinfect:
Most common EPA-registered household disinfectants will work. Use disinfectants appropriate for the surface.

Options include:

- **Diluting your household bleach.**
  
  To make a bleach solution, mix:
  - 5 tablespoons (1/3rd cup) bleach per gallon of water
  - OR
  - 4 teaspoons bleach per quart of water
  
  Follow manufacturer’s instructions for application and proper ventilation. Check to ensure the product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser. Unexpired household bleach will be effective against coronaviruses when properly diluted.

- **Alcohol solutions.**
  
  Ensure solution has at least 70% alcohol.

- **Other common EPA-registered household disinfectants.**
  
  Products with EPA-approved emerging viral pathogens. claims are expected to be effective against COVID-19 based on data for harder to kill viruses. Follow the manufacturer’s instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).

(CDC, 2020)
Signs and Symptoms

If you or your staff are noticing the following symptoms, it is greatly encouraged that the individual stays home.

Watch for symptoms

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases.

The following symptoms may appear 2-14 days after exposure.*

- Fever
- Cough
- Shortness of breath

To limit the spread of disease. It is recommended that organizations cancel non-essential travel and limit gatherings to under 50 people; under 10 for people age 60+.

- Administrator Julie Pryde

*CDC, 2020
Stay Connected

The best way to keep up to date with how the novel coronavirus (COVID-19) will impact your business is to follow us on social media.

*We will routinely be updating these platforms with the most up to date novel coronavirus (COVID-19) guidance.*

<table>
<thead>
<tr>
<th>We will routinely be updating</th>
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<tbody>
<tr>
<td><strong>Facebook:</strong> @CUPHD</td>
</tr>
<tr>
<td><strong>Twitter:</strong> @CU_PublicHealth</td>
</tr>
<tr>
<td><strong>Coronavirus E-mail:</strong> <a href="mailto:coronavirus@c-uphd.org">coronavirus@c-uphd.org</a></td>
</tr>
<tr>
<td><strong>Coronavirus Hotline:</strong> 217-239-7877</td>
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c-uphd.org
Sources and Important Resources

