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Champaign County COVID-19 Briefing

Champaign, III. — All media briefings are provided under the leadership of the Champaign County Emergency Operations Center (EOC).

We are announcing a cumulative total of 4,793 cases in Champaign County which includes 358 new cases for the time period of September 24-30, 2020. In addition, we are reporting two more deaths in Champaign County. Both people were females in their 80s with underlying health conditions. There has been a total of 22 COVID-related deaths. These numbers are accurate as of the release time.

For daily information on demographics, please visit CUPHD's website at: https://www.c-uphd.org/champaign-urbanaillinois-coronavirus-information.html.

Additional resources and information

This year it is more important than ever to get a flu shot. Each season, millions of Americans are sickened with flu, hundreds of thousands are hospitalized, and tens of thousands die. This season we are also battling COVID-19, another virus that can cause severe respiratory illness. While a vaccine for COVID-19 is still under development, there is a vaccine for flu that has been proven to be safe and effective over the past 50 years. Getting a flu vaccine can help you avoid co-infection with COVID-19 and flu.

Public health officials recommend everyone six months of age and older should get the seasonal flu vaccine. The vaccine is available in either a flu shot, or in a nasal spray. Talk with a health care provider about what type is most appropriate for you. More information on the types of flu vaccine can be found on the CDC website.

In addition to getting your flu vaccine, the Illinois Department of Public Health (IDPH) recommends following the 3 W's for both COVID-19 and influenza:

- Wash your hands
- Watch your distance
- Wear your mask

Many of the symptoms of flu and COVID-19 are the same, such as fever and cough, but there are some differences. If you have symptoms of either flu or COVID-19, self-isolate and contact a health care provider. They can talk with you about testing and other measures you should be taking.

Your best protection against flu is the flu vaccine. Please get yours today and avoid co-infection with COVID-19.



















COVID-19 testing option - COVID-19 testing site is available at the Market Place Shopping Center in Champaign.

This is a service that can be obtained without a doctor's referral, code, or appointment. Tests are available for anyone, including individuals walking up to the site, and there is no limit to the number of tests one person is allowed to take.

8:00 a.m. – 4:00 p.m. (7 days a week while daily supplies last) Market Place Shopping Center, 2000 N. Neil Street, Champaign

Testing site is located on the east side of the mall – enter through the south mall entrance off of Market Street

*This site will close during inclement weather

Testing - The test is quick and painless with a 10-15 second swab inside of each nostril. According to the Illinois Department of Public Health, the nasal swab has the same sensitivity to detect coronavirus as the nasopharyngeal swab and is CDC approved. The Champaign testing site uses a local laboratory and results are typically received within 24-48 hours. You will be called with results and must answer the phone. You'll receive a call from an 888 number and no message will be left. When you receive verbal results over the phone you can request a paper copy to be sent to you.

Please note - Patients receiving required pre-surgery or pre-procedure testing should receive that test as directed by their doctor's office to avoid delays.

211 - This is a service provided by the United Way with trained specialists to match people to the right service agency based on your individual needs. For access, dial 211 or visit the Champaign County 211 website at uwayhelps.org/211.

Champaign County COVID-19 Resource Site - During this challenging time, the community is coming together to provide solutions. A county website has been created to provide information, updates and needed resources that provide support. This information can be found at: champaigncountycovid19.org

The COVID-19 website will be updated as new information is received.

COVID-19 Patient Resources

Carle (217) 902-6100

- The Carle COVID-19 Hotline is open 24/7 to assist patients with an assessment and direction on when or where to seek care and/or testing.
- Carle offers an online assessment tool to begin screening for COVID-19.
- Carle is offering video visits for those who prefer to see their physician from the comfort of their own home, while safely distancing from others. Patients can go to mycarle.com or call their doctor's office to see if a video visit is the right choice for them.
- Carle remains open to meet essential Primary and Specialty Care needs. Your provider may address many health
 needs by phone or video visits. In-person visits require a mask for all and follow social distancing best practices and
 enhance cleaning routines at our locations. All Carle Emergency Departments remain open for people needing
 immediate care for life-threatening emergencies.
- Carle cares for you: Get tips for a healthy community at school, at work and at play.



















Champaign-Urbana Public Health District (217) 239-7877

- CUPHD's COVID hotline is available seven days a week between the hours of 8 a.m. 5 p.m. If you do not reach a person, leave a voicemail that includes your name and phone number with a brief message.
- Email coronavirus@c-uphd.org
- Updated information available at c-uphd.org.
- Follow Champaign-Urbana Public Health District on Facebook, Twitter and Instagram for up-to-date information.

Christie Clinic

- Patients with questions or concerns or who want to inquire about testing are asked to call their provider's office.
- Christie Clinic providers are now available for preventative care appointments and elective procedures. We have taken precautionary measures to open our doors for non-urgent healthcare concerns. Patients can visit their MyChristie patient portal or call their provider to request an appointment.
- Need Urgent Care? Visit a Christie Clinic Convenient Care.
 - o Launched June 1: Christie Clinic Curbside Convenient Care: 1801 West Windsor Road, Champaign, IL 61822
 - Reopened June 1: Christie Clinic in Mahomet: 1001 Commercial Drive, Mahomet, IL 61853
 - o Christie Clinic in Danville on Vermilion: 3545 North Vermilion Street, Danville, IL 61832
 - o Christie Clinic in Urbana: 1710 East Windsor Road, Urbana, IL 61802

OSF 833-OSF KNOW (833-673-5669)

- The COVID-19 Nurse Hotline is staffed by OSF registered nurses around the clock, and during times of heavy usage will be staffed by other OSF health care professionals.
- Clare, the virtual assistant chatbot on <u>osfhealthcare.org</u>, is equipped to begin screenings for and educate the public about COVID-19.
- **OSF SilverCloud**-An online platform available at **osfhealthcare.org/silvercloud**, available 24/7 to help manage stress, anxiety and depression. It's backed by a live health care professional who can direct users to in-person or telehealth care if necessary.
- OSF HealthCare has launched a Pandemic Health Worker Program (PHWP) that serves individuals with COVID-19 symptoms. A person is eligible for the PHWP if he or she is showing COVID-19 symptoms, or is at high risk for contracting the virus, but does not require emergency or inpatient care, and can be digitally monitored at home. They must first call the COVID-19 Nurse Hotline (833-OSF-KNOW) and be digitally triaged by a nurse. Depending on the answers to the screening questions, the nurse or other provider will determine if they are eligible for the PHWP. If enrolled, the client will be notified and receive a phone call from a Pandemic Health Worker within 48 hours.
- OSF HealthCare is offering video visits for those who prefer to see their physician from the comfort of their own home, while safely distancing from others. Patients can go to osfmychart.org or call their doctor's office to see if a video visit is the right choice for them.

Promise Healthcare

Promise is now available for all primary care needs including, prenatal, vaccinations and well child exams. Most dental services are now available with SmileHealthy. All patients are screened for COVID-19 symptoms and risks at time of scheduling and at check in. The waiting area is appropriately spaced apart and an additional waiting area is available for those that present with symptoms or other risk factors.





















Call (217) 356-1558 for care at **Frances Nelson**Call (217) 693-4660 for care at **Promise on Walnut**Call (217) 403-5477 for dental care with **SmileHealthy**

COVID-19 testing is available outside Frances Nelson. Both swabbing and serum tests are available. Call our COVID-19 Care Line at (217) 403-5402. Testing is available from 8:00 – 5:00, Monday through Friday at Frances Nelson, 819 Bloomington Road, Champaign. The provider will determine which test is clinically appropriate.

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