Champaign, Ill.—All daily media briefings are provided under the leadership of the Champaign County Emergency Operations Center (EOC).

We are announcing two new cases today; Champaign County has a total of 87 cases. There have been two COVID-related deaths. These numbers are accurate as of the release time.

For information on demographics, please visit the Champaign-Urbana Public Health website at: https://www.c-uphd.org/champaign-urbana-illinois-coronavirus-information.html

Champaign County COVID-19 Resource Site
During this challenging time, the community is coming together to provide solutions. A county website has been created to provide information, updates and needed resources that provide support. This information can be found at: champaigncountycovid19.org

The COVID-19 website will be updated as new information is received.

Additional resources and information
211 - This is a service provided by the United Way with trained specialists to match people to the right service agency based on your individual needs. For access, dial 211 or visit the Champaign County 211 website at uwayhelps.org/211.

Parkland College Remote Career Support
Parkland College stands ready to support our community members and students during this time of uncertainty. Whether you're a student choosing a college major or you've recently become unemployed, Parkland's new Remote Career Support initiative offers you a wealth of Career Services resources and services designed to get you back on track, including free career assessments, job postings, career tips, and more.

In light of the recent and widening COVID-19 outbreak, Parkland College is working closely with local businesses to connect our students, our district communities, and/or unemployed and displaced workers with job opportunities and resources during this challenging time.

Use Remote Career Support for:
- Exploring interests, skills, and values to select your college majors and career goals
- Resume writing, interviewing skills, and other job search strategies
Christie Clinic (217) 366-4070 (8 am – 5 pm; Monday – Friday)
- Visit christieclinic.com or follow Christie Clinic on social media for the most up to date information on COVID-19.
- Christie Clinic is moving as many visits as possible to Christie Clinic Telehealth to keep patients connected with their provider. To request a virtual appointment, patients should visit their MyChristie patient portal or call their provider to determine the best appointment solution.
- Christie Clinic Convenient Cares now operating out of the Christie Clinic in Urbana and Christie Clinic in Danville on Vermilion locations.

Carle (217) 902-6100
- Carle remains open to meet essential Primary and Specialty Care needs. Examples of essential appointments include high blood pressure, ear infection and minor cuts and fractures. Patients should call the COVID-19 Hotline at (217) 902-6100 to be assessed and directed to the appropriate location for care. Your provider may address many health needs by phone or virtual visits in accordance with social distancing best practice. All Carle Emergency Departments remain open for people needing immediate care for life-threatening emergencies.

Champaign-Urbana Public Health District (217) 239-7877
- Email coronavirus@c-uphd.org
- Updated information available at c-uphd.org.
- Follow Champaign-Urbana Public Health District on Facebook for up to date information.

COVID-19 Patient Resources

CU-BetterTogether is a collaborative effort between United Way, The Community Foundation of East Central Illinois, The C-U Schools Foundation, The Stephens Family YMCA, and over 25 other organizations and faith communities to support the families of school-aged children and reduce food insecurity.

Families should visit the Champaign or Urbana School District websites to find the nearest food distribution site.

Stone Creek Church and The Vineyard Church are establishing safe volunteer opportunities as part of this initiative. Sign-up information will be posted on CUVolunteer.org.

CU-BetterTogether is part of the Champaign County COVID-19 Relief Fund. To donate, give through your faith community or visit www.uwayhelps.org/COVID19 or www.cfeci.org

Community transmission
We have community transmission, meaning the virus is circulating among the local community and infecting people who are not sure how or where they were infected, we all should consider ourselves at risk for exposure to COVID-19. That means that everyone should stay home as much as possible and self-monitor for symptoms. Self-monitoring means checking yourself daily for fever, cough, shortness of breath or a sore throat. Health officials do not indicate testing for mildly ill or asymptomatic people.

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OSF 833-OSF KNOW (833-673-5669)

- The COVID-19 Nurse Hotline is staffed by OSF registered nurses around the clock, and during times of heavy usage will be staffed by other OSF health care professionals.
- Clare, the virtual assistant chatbot on osfhealthcare.org, is equipped to begin screenings for and educate the public about COVID-19.
- OSF COVID Companion is a free text messaging tool that the public can use to receive guidance about COVID-19. To subscribe, users can text OSF to 67634.
- OSF SilverCloud-An online platform available at osfhealthcare.org/silvercloud, available 24/7 to help manage stress, anxiety and depression. It’s backed by a live health care professional who can direct users to in-person or telehealth care if necessary.
- OSF HealthCare is launching a Pandemic Health Worker Program (PHWP) that will serve individuals with COVID-19 symptoms. A person is eligible for the PHWP if he or she is showing COVID-19 symptoms, or is at high risk for contracting the virus, but does not require emergency or inpatient care, and can be digitally monitored at home. They must first call the COVID-19 Nurse Hotline (833-OSF-KNOW) and be digitally triaged by a nurse. Depending on the answers to the screening questions, the nurse or other provider will determine if they are eligible for the PHWP. If enrolled, the client will be notified and receive a phone call from a Pandemic Health Worker within 48 hours.

Promise Healthcare

- Call (217) 356-1558 for care at Frances Nelson
- Call (217) 693-4660 for care at Promise on Walnut
- Call (217) 403-5477 for dental care with SmileHealthy

The SmileHealthy Dental Center at Frances Nelson remains open Monday through Friday from 9 a.m. – 1 p.m. to treat dental emergencies of pain or swelling. The clinic located at 819 Bloomington Road, Champaign welcomes patients with Molina, Meridian, Medicaid and Delta Dental and sees patients regardless of ability to pay on a sliding fee scale. Same day appointments are available.

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