Champaign County COVID-19 Daily Briefing

Champaign, Ill.— All daily media briefings are provided under the leadership of the Champaign County Emergency Operations Center (EOC).

We are announcing no new cases today; Champaign County has a total of 85 cases. There have been two COVID-related deaths. These numbers are accurate as of the release time.

For information on demographics, please visit the Champaign-Urbana Public Health website at: https://www.c-uphd.org/champaign-urbana-illinois-coronavirus-information.html

Champaign County COVID-19 Resource Site

During this challenging time, the community is coming together to provide solutions. A county website has been created to provide information, updates and needed resources that provide support. This information can be found at: champaigncountycovid19.org

We know many people are feeling stressed or experiencing grief during this difficult time. Please visit the Healthcare section of the COVID-19 resource site for mental health support. The Centers for Disease Control (CDC) also have the following resources available:

- CDC: Taking Care of Your Emotional Health: https://emergency.cdc.gov/coping/selfcare.asp

The COVID-19 website will be updated as new information is received.

Additional resources and information

A message from our local faith-based community: https://youtu.be/DHE9bjSjG5w

University of Illinois’ Family Resiliency Center has the following resources available:

- Family Routines - Access the brief FRC Building Blocks of Resilience - Routines
- Healthy Relationships During Times of Stress - Access the brief FRC Building Blocks of Resilience - Healthy Relationships

211 - This is a service provided by the United Way with trained specialists to match people to the right service agency based on your individual needs. For access, dial 211 or visit the Champaign County 211 website at uwayhelps.org/211.
The Champaign County Emergency Operations Center (EOC) is providing the following:

- Over 11,000 pieces of Personnel Protective Equipment (PPE) (gowns, surgical masks, N95 respirators, gloves) distributed to local law enforcement, fire departments and ambulance services.
- 150 gallons of hand-sanitizer distributed to Carle, OSF and First responders.
- Stockpiling PPE for future waves of the virus.
- Planning for the surge at the ARC.
- Carle will test symptomatic Champaign County first responders. First responders will need to contact the Carle COVID-19 Hotline at (217) 902-6100 for an assessment and follow their established COVID workplace processes in place.

Community transmission
We have community transmission, meaning the virus is circulating among the local community and infecting people who are not sure how or where they were infected, we all should consider ourselves at risk for exposure to COVID-19. That means that everyone should stay home as much as possible and self-monitor for symptoms. Self-monitoring means checking yourself daily for fever, cough, shortness of breath or a sore throat. Health officials do not indicate testing for mildly ill or asymptomatic people.

COVID-19 Patient Resources

Carle (217) 902-6100
- Visit carle.org for an online screening tool and patient information about COVID-19. A smart form will guide patients through a series of questions to assess their symptoms and risk and provide guidance on how, where or if a patient should seek care.
- **Carle Online Assessment Tool**
  As concern over the spread of COVID-19 continues Carle updated our online resources to help you best understand your symptoms and course of action. Our online assessment tool has been redesigned and restructured to enhance ease-of-use. Please remember, you should still call the COVID-19 hotline at (217) 902-6100 or your provider before appearing at a Carle Facility. You can find the assessment tool on Carle.org at [https://carle.org/home/covid-19-screening](https://carle.org/home/covid-19-screening).
- Beginning immediately, patients and allowable support persons entering all three of Carle hospitals will notice more robust screening measures taking place including taking your temperature. Nurses will assist in direct you to the proper location for your care needs. You will also notice more employees wearing fabric masks following the best practice guidance released this week.

Champaign-Urbana Public Health District (217) 239-7877
- Email coronavirus@c-uphd.org
- Updated information available at c-uphd.org.
- Follow Champaign-Urbana Public Health District on Facebook for up to date information.

Christie Clinic (217) 366-4070 (8 am – 5 pm; Monday – Friday)
- Visit christieclinic.com or follow Christie Clinic on social media for the most up to date information on COVID-19.
- Christie Clinic is moving as many visits as possible to Christie Clinic Telehealth to keep patients connected with their provider. To request a virtual appointment, patients should visit their [MyChristie patient portal](https://mychristie.com) or call their provider to determine the best appointment solution.
Christie Clinic Convenient Cares now operating out of the Christie Clinic in Urbana and Christie Clinic in Danville on Vermilion locations.

OSF 833-OSF KNOW (833-673-5669)
- The COVID-19 Nurse Hotline is staffed by OSF registered nurses around the clock, and during times of heavy usage will be staffed by other OSF health care professionals.
- Clare, the virtual assistant chatbot on osfhealthcare.org, is equipped to begin screenings for and educate the public about COVID-19.
- OSF COVID Companion is a free text messaging tool that the public can use to receive guidance about COVID-19. To subscribe, users can text OSF to 67634.
- **OSF SilverCloud**: An online platform available at osfhealthcare.org/silvercloud, available 24/7 to help manage stress, anxiety and depression. It’s backed by a live health care professional who can direct users to in-person or telehealth care if necessary.

Promise Healthcare
- Call (217) 356-1558 for care at Frances Nelson
- Call (217) 693-4660 for care at Promise on Walnut
- Call (217) 403-5477 for dental care with SmileHealthy

The SmileHealthy Dental Center at Frances Nelson remains open Monday through Friday from 9 a.m. – 1 p.m. to treat dental emergencies of pain or swelling. The clinic located at 819 Bloomington Road, Champaign welcomes patients with Molina, Meridian, Medicaid and Delta Dental and sees patients regardless of ability to pay on a sliding fee scale. Same day appointments are available.