



Champaign-Urbana Public Health District



COVID-19 UPDATE

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Champaign County Healthcare COVID-19 Daily Briefing

Champaign, Ill.— Under the leadership of the Champaign County Emergency Operations Center (EOC), area healthcare organizations will be providing weekday media briefings.

The number of persons diagnosed with COVID-19 in Illinois continues to rise. As of today, there are ten confirmed cases in Champaign County.

Because community transmission is occurring in multiple locations throughout the state, we all should consider ourselves at risk for exposure to COVID-19. That means that everyone should stay home as much as possible and self-monitor for symptoms. Self-monitoring means checking yourself daily for fever, cough, shortness of breath or a sore throat. Health officials do not indicate testing for mildly ill or asymptomatic people.

Virtual Communication Resources for Patients and Families

These are stressful and confusing times and we've had to make some tough decisions of limiting visitors and support persons while our patients are in our facilities. These tools/apps can help you stay in touch with your loved ones when you can't physically be by their side. Staying connected supports the healing process by overcoming geographical boundaries, and times when visitors are not possible.

Encourage spreading cheer to others with sidewalk chalk games, scavenger hunts (find a house with black shutters, etc.), count the [insert item of the day: shamrock, flower, dog, etc.] in the windows, the Hearts for Healthcare Hunt. Consider organizing virtual happy hours and birthday "parties."

Available on Computer, Android and iOS

(Google Play for Android and Apple App Store for iOS)

- **Caring Bridge** – Website, phone app (no video), Computer - Patients can create private websites that are available to family and friends for updates and sending words of encouragement
 - <https://www.caringbridge.org/createwebsite>
- **Facebook Messenger** – App: Video chat

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- **WhatsApp** – App: Video chat/chat only (on computer)
- **Google Hangouts** – Photos, emoji, group video calls
 - <https://hangouts.google.com>
- **Skype** – App: Video chat/meeting
- **Webroom.net** – App: Video chat/meeting/class
 - Webroom.net
- **WeChat** – App: Video chat/meeting/class

Existing feature on iOS

- **FaceTime** – iOS existing feature
 - Video chat, multiple people

Available on Android and iOS

(Google Play for Android and Apple App Store for iOS)

- **Fring** – App: Video chat
- **Google Duo** – App: Video chat
- **Imo** – App: Video chat
- **Kakao Talk** – App: Video chat
- **Line Messenger** – App: Video chat
- **ooVoo** – App: Video chat
- **Snapchat** – App: Video chat
- **Tango** – App: Video chat
- **Telegram** – App: Chat only
- **Viber** – App: Video chat
- **WeChat** – App: Video chat
- **Yahoo Messenger** – App: Video chat

COVID-19 Patient Resources

Carle (217) 902-6100

- Visit carle.org for an online screening tool and patient information about COVID-19. A smart form will guide patients through a series of questions to assess their symptoms and risk and provide guidance on how, where or if a patient should seek care.

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- Email coronavirus@c-uphd.org
- Updated information available at c-uphd.org.
- Follow Champaign-Urbana Public Health District on Facebook for up to date information.

Christie Clinic (217) 366-4070 (8 am – 5 pm; Monday – Friday)

- Visit christieclinic.com or follow Christie Clinic on social media for the most up to date information on COVID-19.
- Christie Clinic has an authorized testing facility outside the Christie Clinic on Windsor location. Patients identified through Illinois Department of Public Health's screening protocols to need testing will be directed to this location. Patients need to call ahead.
- Specific instructions for our obstetrics patients and Transformations Medical Weight Loss program clients are located at christieclinic.com/news/coronavirus
- For the health of our community, patients and team members, Christie Clinic requests patients please have no more than one person accompany them to their appointment. Additional guests will be asked to return to their car.

OSF 833-OSF KNOW (833-673-5669)

- The COVID-19 Nurse Hotline is staffed by OSF registered nurses around the clock, and during times of heavy usage will be staffed by other OSF health care professionals.
- Clare, the virtual assistant chatbot on osfhealthcare.org, is equipped to begin screenings for and educate the public about COVID-19.
- OSF COVID Companion is a free text messaging tool that the public can use to receive guidance about COVID-19. To subscribe, users can text OSF to 67634.

Promise Health

Promise does not perform tests for the COVID-19 virus at this time.

- Call (217) 356-1558 for care at Frances Nelson
- Call (217) 693-4660 for care at Promise on Walnut
- Call (217) 403-5477 for dental care with SmileHealthy

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