

STARTING: SATURDAY, MARCH 21ST @ 5:00 PM THROUGH THURSDAY, APRIL 30TH 2020



Public Health
Prevent. Promote. Protect.
Champaign-Urbana Public Health District
www.c-uphd.org

Stay-At-Home Order

"What is a stay-at-home order (or shelter in place)?"

A shelter in place declares that **ALL** individuals living in the county are required to stay at home.

"Are there any exceptions in which I can leave the house?"

The only time you should leave during a shelter in place is for **ESSENTIAL ACTIVITIES** and work for **ESSENTIAL BUSINESS** and **GOVERNMENT SERVICES**.

Essential Activities Defined

- Getting medical supplies or medication
- Visiting a healthcare provider
- Going to the grocery store for food and other essential supplies such as safety/sanitation products
- Outdoor activities such as walking or hiking **WHILE MAINTAINING SOCIAL DISTANCING**
- To care for a family member or pet in another household

Essential Business Services Defined

- Healthcare Operations (i.e: hospitals/clinics) and Essential Infrastructure (i.e: housing services)
- Grocery store employees
- Food banks and school districts providing food to children
- Food cultivation (i.e: farming)
- Newspapers, television, radio, other media
- Gas stations, auto-supply, and repair
- Banks
- Hardware stores
- Plumbers, electricians, exterminators
- Mailing and shipping services
- Laundromats and dry cleaners
- Restaurants and other food services (**ONLY FOR DELIVERY** or **CARRY OUT**)
- Businesses that supply products needed for people to work from home
- Businesses that supply other essential businesses with the support or supplies necessary to operate
- Businesses that ship/deliver groceries
- Airlines, taxis, and private transportation **for essential travel**
- Home-based care
- Residential or shelter services
- Childcare services **for essential staff**
- Businesses that provide basic-living needs such as food, shelter, and social services (i.e: WIC, food pantry)

Essential Travel Defined

- Any travel related to any essential activities (i.e: government functions, businesses, or basic operations)
- Travel to care for persons 60+, minors, dependents, and persons with disabilities
- Travel to return home from being out of town
- Travel required by law enforcement or court order

For the most up-to-date information on COVID-19, follow our social media, contact us, and visit our website.

Facebook: @CUPHD

Twitter: @CU_PublicHealth

Coronavirus E-mail: coronavirus@c-uphd.org

Coronavirus Hotline: 217-239-7877

NOTE: This is not a complete list. Please see the Governor's Executive Order in response to COVID-19.

