Shelter Guidance

Here’s what you need to know about limiting the spread of the novel coronavirus (COVID-19).

Contact us if you have questions or concerns:

Coronavirus (COVID-19) E-mail: coronavirus@c-uphd.org
"As of right now, can shelters remain opened?"

Yes, as of right now shelters will remain open. **HOWEVER**, it is imperative that the public health guidance is observed.

**CDC Guidance**

The Centers of Disease Control (CDC) is the United States leading public health institute. The guidelines that they create must be taken seriously to decrease the spread of the novel coronavirus (COVID-19).
Workplace Guidance for Employees and Volunteers from the CDC

Based on the CDC’s guidance, the following should be observed to slow the spread of the novel coronavirus (COVID-19).

To learn more about the CDC’s recommendations [click here](https://www.cdc.gov/coronavirus/2019-ncov/community/homeless-shelters/plan-prepare-respond.html). If you are reading this on paper visit: https://www.cdc.gov/coronavirus/2019-ncov/community/homeless-shelters/plan-prepare-respond.html

### Practice good hygiene

- Stop handshaking – use other noncontact methods of greeting
- Clean hands at the door and schedule regular hand washing reminders by email
- Create habits and reminders to avoid touching their faces and cover coughs and sneezes
- Disinfect surfaces like doorknobs, tables, desks, and handrails regularly
- Increase ventilation by opening windows or adjusting air conditioning

### Be careful with meetings and travel

- Use videoconferencing for meetings when possible
- When not possible, hold meetings in open, well-ventilated spaces
- Consider adjusting or postponing large meetings or gatherings
- Assess the risks of business travel

### Handle food carefully

- Limit food sharing
- Strengthen health screening for cafeteria staff and their close contacts
- Ensure cafeteria staff and their close contacts practice strict hygiene

### Stay home if...

- They are feeling sick
- They have a sick family member in their home

(CDC, 2020)
Guidance from the Champaign-Urbana Public Health District

Based on the C-UPHD’s guidance, the following should be observed to slow the spread of the novel coronavirus (COVID-19).

*To learn more about the C-UPHD’s recommendations visit C-UPHD’s social media accounts and website (listed on pg. 7).*

- Promote hand washing (20 seconds or longer with warm water and soap) and have hand sanitizers
- Plan for staff and volunteer absences
- If client has symptoms get them into contact with a Patient Advisory Services
  - Carle: 217-383-3233 (Patient Advisory Nurse)
- Ensure that folks with chronic illnesses and adults 60 years and older are fed in smaller groups
  - Stay 6 feet apart
  - Sleep 3 feet apart
- If someone is exhibiting respiratory problems, provide them a separate space away from the rest of the population
- Prepare for higher shelter utilization
How to Disinfect

Train your staff on the following ways to disinfect various surfaces.

Clean and disinfect

- **Clean AND disinfect** frequently touched surfaces **daily**. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.

- **If surfaces are dirty, clean them**: Use detergent or soap and water prior to disinfection.

To disinfect:
Most common EPA-registered household disinfectants will work. Use disinfectants appropriate for the surface.

Options include:

- **Diluting your household bleach.**
  To make a bleach solution, mix:
  - 5 tablespoons (1/3rd cup) bleach per gallon of water
  - OR
  - 4 teaspoons bleach per quart of water

  Follow manufacturer’s instructions for application and proper ventilation. Check to ensure the product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser. Unexpired household bleach will be effective against coronaviruses when properly diluted.

- **Alcohol solutions.**
  Ensure solution has at least 70% alcohol.

- **Other common EPA-registered household disinfectants.**
  Products with [EPA-approved emerging viral pathogens](https://www3.epa.gov/cia105/2019-08-20.pdf) claims are expected to be effective against COVID-19 based on data for harder to kill viruses. Follow the manufacturer’s instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).

(CDC, 2020)
Signs and Symptoms

If you or your staff are noticing the following symptoms, it is greatly encouraged that the individual stays home.

Watch for symptoms

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases.

The following symptoms may appear 2-14 days after exposure. *

- Fever
- Cough
- Shortness of breath

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To limit the spread of disease. It is recommended that organizations cancel non-essential travel and limit gatherings to under 50 people; under 10 for people age 60+.

- Administrator Julie Pryde
Stay Connected

The best way to keep up to date with how the novel coronavirus (COVID-19) will impact your business is to follow us on social media.

*We will routinely be updating these platforms with the most up to date novel coronavirus (COVID-19) guidance.*

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<th>Best ways to stay up to date</th>
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<tr>
<td>Facebook: @CUPHD</td>
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<tr>
<td>Twitter: @CU_PublicHealth</td>
</tr>
<tr>
<td>Coronavirus E-mail: <a href="mailto:coronavirus@c-uphd.org">coronavirus@c-uphd.org</a></td>
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<td>Coronavirus Hotline: 217-239-7877</td>
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[c-uphd.org]
Sources and Important Resources

