



INTERIM GUIDANCE FOR MEDICAL & DENTAL OFFICES

This document summarizes CUPHD's recommendations for dental & medical offices. This guidance will be reviewed and updated by CUPHD on April 30, 2020 and will be extended as needed.

Limit the spread of Coronavirus

- Treat only patients requiring emergency medical & dental services.
- Postpone elective medical & dental treatment procedures.
- Preserve personal protective equipment (PPE) for emergency medical & dental situations.
This action will also preserve the limited supply of PPE so it can be used for urgent and more complex medical care that will be needed in our healthcare system.
- Communicate the utmost importance of the health and safety of patients, medical & dental teams and our community in implementing these measures.
- If you have a respiratory like illness, stay home for at least 7 days after you first became ill, or for 72 hours after your fever has stopped (without the use of fever-reducing drugs), and your cough or sore throat symptoms have improved (whichever is longer).

We also suggest some simple recommendations for you, your patients and your practices to prevent potential exposure:

- Pre-screen patients by phone prior to the visit by asking about recent travel history and current health. Specific COVID-19 symptoms are fever, coughing and shortness of breath. If the patient reports these symptoms, they should be referred to their primary care physician.
- When possible, ask patients to remain in their cars instead of coming into the waiting room. Notify them by cell phone when their treatment room is ready.
- Minimize the number of patients in the reception area and maintain space between patients per CDC guidelines.
- Take temperature of all patients immediately upon arrival.
- Have patients wash their hands in the operatory.
- Clean and disinfect public areas frequently, including door handles, chairs and bathrooms.
- Remove all reading materials and children's toys/books from waiting rooms.



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