

E-cigarette Safety is a Smoke Screen.

E-cigarettes contain cancer-causing chemicals.

Studies have found an ingredient used in antifreeze, formaldehyde (a carcinogen), benzene (a carcinogen), nitrosamine (a carcinogen), and acetaldehyde (a toxic chemical that is a probable carcinogen). These chemicals are also present in secondhand emissions.

E-cigarettes are not regulated by the FDA.

The type and concentration of chemicals in e-cigarettes can vary widely. There are no advertising restrictions on e-cigarettes, and tobacco companies aggressively market them to youth.

There is no evidence e-cigarettes effectively help smokers quit.

Experts recommend smokers who wish to quit use other, evidence based, methods.

E-cigarettes have become the most popular nicotine product among middle and high school students.

Nicotine harms brain development among fetuses, children, and adolescents. Youth who try e-cigarettes are also more likely to try other tobacco products.

**Make your environment e-cigarette free
anywhere smoking is not allowed.**

Contact C-UPHD at 217-531-4252 for more information, policy advice, communication assistance, or signage.

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**Champaign-Urbana
Public Health District**