

ADOLESCENT HEALTH CARE WORKSHOP

This presentation is an opportunity for adolescents to learn about the basics of the healthcare system, health insurance, doctor visits, and more!



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During this presentation, adolescents will learn about:

- Importance of yearly wellness visits
- Health insurance
- Making a doctor's appointment
- Advocating for themselves at the doctor
- How to become more independent
- How to manage their own health
- More!

Time Commitment: 1 session, 1 hour

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