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Champaign-Urbana Public Health District

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Local Agency Partnership Provides Resources

New Community Resource Guide for Human & Social Service of Champaign County Provides Options for those in Need

Champaign, IL – A partnership of Family Service, Champaign-Urbana Public Health District (CUPHD), and the United Way of Champaign County has released a new and improved 2008 Help Book for Champaign County. The new Help Book contains over 50 pages of listings for a variety of community resources available for citizens living in Champaign County.

Services are listed by category and include, but are not limited to:

- Adoption / Foster Care
- Adult Education / Family Literacy
- Car Seats
- Child Care
- Community Services
- Consumer Education
- Counseling / Mental Health
- Dental Care
- Drug / Alcohol / Addictions Treatment
- Education
- Emergency Crisis & Information
- Employment & Job Training
- Financial Help & Information
- Food, Clothing & Furniture
- Health Care Services
- Housing
- Immigrant, Refugee & Migrant Services
- Information & Referral Services
- Legal Services
- Library Services
- Parent Education

- Recreation / Cultural Activities
- School District & Regional Offices
- Senior Services
- Shelters / Homeless Services
- Social Services
- Special Needs Services
- Support Groups
- Transportation Services
- Vision / Eye Care
- Vital Records
- Volunteer Services
- Youth / Teen Support & Intervention Services
- Worship Services

Help Book listings include current addresses, phone numbers, and a brief description of services.

The Help Book is available free of charge at the Family Service office at 405 South State Street in Champaign, and at CUPHD at 201 West Kenyon Road in Champaign. The Help Book may also be accessed on-line at www.helpsource.org and www.famservcc.org.

“The Help Book is a wonderful community resource,” said Brandon Meline, Director of Maternal & Child Health Management for CUPHD. “The current economic challenges have many families struggling to make ends meet, and many are forgoing health and wellness services in order to provide the basic necessities. Some families are not even able to provide those basic necessities, and do not know where to turn for help. CUPHD, Family Service and United Way of Champaign, hopes that this publication will not only provide help, but also hope to those in need in Champaign County.”

CUPHD, Family Service, and the United Way of Champaign County would like to encourage local organizations and services to be listed in future editions of the Help Book. Listings are free of charge, and be added by contacting Annie at Family Service at 352-0099. Advertising opportunities are also available, and help to defray the cost of publication.

For more information about the Help Book or any CUPHD programs and services, call (217) 352-7961 or visit the CUPHD website at www.cuphd.org.

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