

Urbana School District 116

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News Release

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Date: March 7, 2008
FOR IMMEDIATE RELEASE

Urbana School Health Center Offers Students School Physicals for Spring Break *Exams Offered to District 116 Eighth-Graders*

Eighth-grade students and parents can take care of the mandatory physical for ninth-grade this coming spring break. The Urbana School Health Center (USHC) is offering physicals for eighth-graders March 18, 2008, from 8:00 a.m. – 4:00 p.m., by appointment only. Doctors at the Health Center will also review the student's immunization record. The Health Center's dentist will also be on hand to provide dental exams. This service on March 18 is for all Urbana School District #116 eighth-graders and costs \$20 for all patients who do not have a medical card.

"We thought it would be a good idea (to hold) a one-day clinic to help eliminate some of the last minute rush right before school starts next fall. If parents wait until the last minute, it will be more difficult to get an appointment in a timely fashion. By offering (exams March 18), we can begin getting students in early for their physicals so that students can be ready for their first day of High School," says Heidi Britton, Director of the Urbana School Health Center. She adds, "All physicals given on that day will be good for both (the student's) ninth-grade school and sports physical as long as all paperwork is completed by the parent before their child's appointment time." Britton stresses that NOW is the time to complete the fall-sports physical—before practice begins in the fall.

Britton says the Student Health Center, located on the Urbana High School Campus, is a one-stop health source. "USHC consists of a seamless professional medical, dental and mental health team from local agencies. Medical professionals from Frances Nelson Health Center will be administrating the school physicals, dental professionals from the Champaign-Urbana Public Health District will be administering the dental exams, and mental health professionals from the Mental Health Center of Champaign County will be available by referral," Britton explains.

Parents can make an appointment for their child by calling the Student Health Center at 239-4220.

Members of the media wishing to interview Britton may contact her at 239-4220.

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