The Champaign-Urbana Public Health District (CUPHD) is the local public health authority for Champaign County. CUPHD, in conjunction with Carle Foundation Hospital, OSF HealthCare Heart of Mary Medical Center (formerly Presence Covenant Medical Center), and United Way of Champaign County used the Mobilizing for Action through Planning and Partnership (MAPP) model, a community-based model that requires community engagement at all levels in order to conduct the Champaign Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP).

Since 2013, the Health District and Hospitals have moved from independently conducting the Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) to a true collaborative model. Carle Hospital, OSF HealthCare Heart of Mary Medical Center, the local chapter of United Way, and the Health District formed an Executive Committee to conduct the CHA and CHIP to fulfill the requirements for certification.

Regional Executive Committee Members

Julia Willis
Community Health Plan Coordinator

Awais Vaid
Champaign-Urbana Public Health District

Doug Toole
Vermilion County Health Department

Elizabeth Silver
Carle Foundation Hospital

Julie Pryde
Champaign-Urbana Public Health District

Melissa Rome
Vermilion County Health Department

Mike Billimack
Carle Foundation Hospital

Sheri McKiernan
OSF HealthCare Heart of Mary Medical Center

Sherri Askren
United Way of Danville Area, Inc

Sue Grey
United Way of Champaign County
The planning process

The Community Health Status Assessment collects and analyzes health data and describes health trends, risk factors, health behaviors, and issues of special concern.

The Local Public Health System Assessment measures the local public health systems’ ability to conduct essential public health services.

The Forces of Change Assessment identifies local health, social, environmental, and economic trends that affect the community or public health system.

The Community Health Status Assessment assesses the health status of the community and identifies health issues and gaps.
VISION
Champaign County will be the healthiest, safest, and most environmentally sustainable community to live, work, and visit in the State of Illinois.

PRIORITIES

Behavioral Health
Increase capacity, create a behavioral health triage center, and promote education and training on mental and behavioral health. Additionally, reduce stigma and provide youth targeted prevention programs.

Reducing Obesity & Promoting Healthy Lifestyles
Improve access to healthy food options, expand physical activity prescription program, and increase access to physical activity.

Violence
Promote police-community relations, increase community engagement, and reduce community violence through partnering with local initiatives.
Our Health Status

Of Champaign County residents were uninsured in 2017, compared to 22% in 2011.

Teen Birth Rate
(per 1,000 female population, ages 15-19)
In Champaign County
(Which is almost half of the prevalence in Illinois)

Drug-Related Deaths
In Champaign County
From 2011-2017

Violent Crime Rate
(per 100,000 population)
In Champaign County

Suicide Rate
(per 100,000 population)
In Champaign County
In 2015, the 5 leading causes of death nationally were heart disease, cancer, chronic lower respiratory diseases, accidents (unintentional), and stroke. Champaign county’s leading causes of death in 2015 were similar, except for a few differences.
Life Expectancy for Champaign County
2011-2016

The average life expectancy for the U.S. population in 2016 was 78.6 years compared to that of Champaign County residents which ranged from a high of 88 to a low of 76 (2011-2016).

OUR HEALTH STATUS

73% of adults 18 yrs and above are overweight or obese

41% of kids 2-17 yrs of age are overweight or obese
When compared to the State (IL), Champaign County has higher percentages of food insecurity, adult smoking, and sexually transmitted infections (/100,000). In contrast, the rates for HIV prevalence and excessive drinking are lower than the State average (2017 County Health Rankings).
COMMUNITY HEALTH SURVEY

- 700 residents surveyed
- 29 zipcodes represented
- 73% white
- 7% Hispanic
- 16% Black
- 4% Asian
- 28% male
- 71% female

TOP 5 HEALTH CONCERNS OF CHAMPAIGN COUNTY SURVEY RESPONDENTS

- Mental Health: 445
- Alcohol and Drug Abuse: 386
- Gun Violence: 330
- Obesity: 310
- Domestic Violence: 285
WHAT THE COMMUNITY THINKS

- 81% are Satisfied with ACCESS to Health Care
- 79% are Satisfied with QUALITY of Health Care
- 51% are Satisfied with COST of Health Care
**Neighborhood Concerns**

**Safety**
- 32% are Concerned/Very Concerned about the crime rate

**Connectivity**
- 66% feel that access to sidewalks is good/excellent
- 65% feel that access to public transportation is good/excellent
- 27% are Concerned/Very Concerned about the lack of crime patrols/block watches
**Health Behaviors of Survey Respondents**

**Fast Food Consumption**
- Never: 12%
- Less than once a week: 23%
- 1-3 days a week: 38%
- 4-6 days a week: 21%
- Every day: 7%

**Physical Activity**
- Never: 19%
- Less than once a week: 49%
- 1-3 days a week: 26%
- 4-6 days a week: 4%
- Every day: 1%
The Forces of Change Assessment identifies local, state and national forces such as social, economic, political and technological that is or will be influencing the health and quality of life of the community and the work of the local public health system.
PRIORITIES

Reduce Obesity and Promote Healthy Lifestyles

By 2020, reduce by 1%, the proportion of adults in Champaign County who report fitting the criteria for obesity

By 2020, increase by 1%, the proportion of adolescents who report being at a healthy weight

By 2020, increase the Food Environment Index by 1

Increase Behavioral Health Awareness and Services

Implement early intervention and assessment practices to reduce the impact of mental and substance use disorders

Promote community awareness about behavioral health

Expand current available treatment and develop new treatment services

Reduce Violence

Decrease child abuse and neglect, gun violence, and domestic violence in the community by increasing community engagement, fostering better relationships between law enforcement and citizens, and implementing anti-violence initiatives
COMMUNITY PARTNERS

Carle Foundation Hospital
Champaign County Sheriff's Office
Champaign County Board of Health
Champaign County Head Start
Champaign County Health Care Consumers
Champaign County Mental Health Board
Champaign County Regional Planning Commission
Champaign Park District
Champaign Police Department
Champaign-Urbana Public Health District
Christie Clinic
City of Champaign Neighborhood Services
City of Urbana
Community Gardens at Leirman
Court Appointed Special Advocates for Children
CRIS Healthy Aging
Crisis Nursery
C-U at Home
C-U Mass Transit District
Cunningham Children's Home
Developmental Services Center
Faith in Action
Family Resiliency Center
Family Service Center
Greater Community AIDS Project
Habitat for Humanity
Healthy Champaign County
Illinois Dental Society
Land of Lincoln Legal Assistance
McKinley Health Center
Midwest Center for Investigative Reporting
National Alliance on Mental Illness
OSF HealthCare Heart of Mary Medical Center
Parkland College
Prairie Center
Prosperity Garden
Rosecrance
United Way of Champaign County
University of Illinois College of Medicine
University of Illinois at Urbana Champaign
University of Illinois Extension Office
University of Illinois Police Department
Urbana Adult Education
Urbana Neighborhood Connections Center
Urbana Park District
Urbana School District
Wells Fargo
RESOURCES

To access a complete copy of the Champaign County Community Health Improvement Plan, please visit

www.c-uphd.org

For additional data about Champaign County, visit

www.countyhealthrankings.org
http://www.dph.illinois.gov/data-statistics

To learn more about the MAPP process,
visit the National Association of City and County Health Officials (NACCHO) at

www.naccho.org/topics/infrastructure/mapp