



**Public Health**  
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

# - H1N1 FLU ALERT -

## **ATTENTION: Pregnant Women and/or Asthma Sufferers**

If you are **PREGNANT** or have **ASTHMA** and you get flu-like symptoms (**FEVER** with a Cough and/or Sore Throat) call your health care provider **IMMEDIATELY** to see if you require anti-virals.

**ASTHMA** and **PREGNANCY** have been linked with the most serious complications associated with H1N1. Anti-virals are most effective when used in the first 48 hours of becoming ill.

Do not wait to call your health care provider.

**H1N1 Flu Information Line: 1.866.848.2094**

**Additional Informational Resources**

**[www.c-uphd.org](http://www.c-uphd.org)**

**[www.champcoprepares.com](http://www.champcoprepares.com)**

*"Champaign County Prepares" is on Facebook. Become a fan and get updates.*