



**Public Health**  
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

# - FLU ALERT -

## ATTENTION: Pregnant Women and/or Asthma Sufferers

If you are **PREGNANT** or have **ASTHMA** and you get flu-like symptoms (**FEVER** with a Cough and/or Sore Throat) call your health care provider **IMMEDIATELY** to see if you require anti-virals.

**ASTHMA** and **PREGNANCY** have been linked with the most serious complications associated with H1N1. Anti-virals are most effective when used in the first 48 hours of becoming ill.

Do not wait to call your health care provider.

## GET A FLU SHOT

Additional Informational Resources

[www.c-uphd.org](http://www.c-uphd.org)

[www.champcoprepares.com](http://www.champcoprepares.com)

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