



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

- FLU ALERT -

ATTENTION: People Living with Diabetes



If you have **DIABETES** and you get flu-like symptoms (**FEVER** with a Cough and/or Sore Throat) call your health care provider **IMMEDIATELY** to see if you require anti-virals.

DIABETES has been linked with the most serious complications associated with H1N1. Anti-virals are most effective when used in the first 48 hours of becoming ill.

Do not wait to call your health care provider.

GET A FLU SHOT

Additional Informational Resources

www.c-uphd.org

www.champcoprepares.com

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