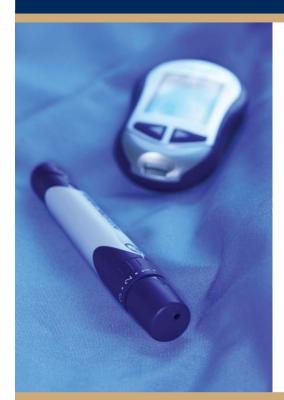


## - FLU ALERT -

## **ATTENTION:** People Living with Diabetes



If you have **DIABETES** and you get flu-like symptoms (**FEVER** with a Cough and/or Sore Throat) call your health care provider **IMMEDIATELY** to see if you require anti-virals.

**DIABETES** has been linked with the most serious complications associated with H1N1. Anti-virals are most effective when used in the first 48 hours of becoming ill.

Do not wait to call your health care provider.

## **GET A FLU SHOT**

Additional Informational Resources www.c-uphd.org www.champcoprepares.com

"Champaign County Prepares" is on Facebook. Become a fan and get updates.