



# CONSUMER ADVISORY

Champaign-Urbana Public Health District ♦ Champaign County Public Health Department

## EXAMPLES OF FOODS THAT WOULD REQUIRE A CONSUMER ADVISORY

### Raw Eggs

- Dressings or sauces such as Hollandaise or Caesar made with shell eggs, soft-cooked eggs
- Desserts such as meringue pie, some puddings and custards, mousse, eggnog, Tiramisu
- Mayonnaise “from scratch” or aioli
- Drinks such as egg-nog, cocktails containing raw egg (i.e. Gin Fizz, Pisco Sour)

### Raw or Rare Meat

- Hamburgers cooked “medium, medium-rare, rare”
- Steak tartare
- Mechanically blade-tenderized steaks (pinning, jaccarding, needling)
- Rare lamb chops

### Raw or Undercooked Molluscan Shellfish

### Raw Fish

- Sushi or sashimi
- Ceviche
- Tuna carpaccio
- Poke or roe
- Seared fish

### Purpose of an Advisory

The consumer advisory is meant to inform consumers, especially highly susceptible populations (older adults, preschool-age children, pregnant women, individuals with weakened immune systems) about the increased risk of foodborne illness from eating raw or undercooked animal foods through use of both a **disclosure and reminder**. The consumer advisory can be presented by using brochures, seafood case or menu advisories, label statements, table tents, placards, or other effective written means.

### When is a Consumer Advisory Required?

According to the Illinois Food Code, if any animal food such as beef, eggs, fish, lamb, pork, poultry, or shellfish is served or sold raw, undercooked, or without otherwise being processed to eliminate pathogens, either in ready-to-eat form or as an ingredient in another ready-to-eat food, then a consumer advisory is required.

Because raw or undercooked ground meat cannot be offered on children’s menus, a consumer advisory is not required.



### Disclosure Shall Include:

- 1) A description of the animal-derived foods, such as “oysters on the half-shell (raw oysters)”, “raw-egg Caesar salad dressing”, and “hamburgers (can be cooked to order)”; or
- 2) Identification of the animal-derived foods in a menu or other listing by asterisking them to a footnote that states that the items are served raw or undercooked or contain (or may contain) raw or undercooked ingredients.

### Reminder Shall Include:

Asterisking the animal-derived foods that require disclosure in a menu or other listing to a footnote that states that:

- 1) Written information regarding the safety of these items is available upon request;
- 2) Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness; or
- 3) Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions. →

Champaign-Urbana Public Health District  
Champaign County Public Health Department  
201 W. Kenyon Road, Champaign, IL 61820  
(217) 373-7900 or (217) 363-3269

# XYZ Café

## Sample Menu

### DISCLOSURE

\*

These are disclosure asterisks (\*). They tell the consumer that these menu items contain animal product offered raw or undercooked.

\*

“Cooked to order” items must also be marked with the disclosure asterisk (\*).

### REMINDER STATEMENT

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This is one of several acceptable reminder statements. It is marked with the exact same symbol (\*) used to indicate the disclosed menu items.

### APPETIZERS

#### Onion Rings

A plate of beer-battered Vidalia rings

#### Raw Oysters on the Half-Shell \*

Fresh half-dozen oysters on ice served with lemon wedges

#### Shrimp Cocktail

Six chilled extra-large shrimp with cocktail sauce and lemon

### SALADS

#### Caesar Salad \*

Romaine lettuce and croutons dressed with a mix of parmesan cheese, lemon juice, olive oil, raw egg, Worcestershire sauce, and a touch of pepper

#### Garden Salad

Spring mix lettuce, cherry tomatoes, bell peppers, cucumbers, and shredded carrots with your choice of dressing

#### Chef Salad

Hard-boiled eggs, ham strips, tomatoes, cucumbers, croutons and cheese all placed on a bed of lettuce with your choice of dressing

### CAFÉ FAVORITES

#### Grilled Chicken Sandwich

Flame-grilled chicken breast on a poppyseed bun, topped with lettuce, tomato, and honey mustard

#### Café Burger \*

Cooked to order and includes your choice of lettuce, pickles, onions, tomatoes and cheese on a toasted bun

#### Eggs Your Way \*

Two eggs cooked to order, served with hash browns, toast, and your choice of bacon or sausage links

\* Consuming raw or undercooked meat, poultry, seafood, shellstock or eggs may increase your risk of foodborne illness, especially if you have certain health conditions.