



**Champaign-Urbana Public Health District**

## Division of Wellness & Health Promotion June 2015

### Programs

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## Our new operatory at CUPHD



## Mobile Program/School Sealants

January: Visited 4 Schools - 166 Exams, 91 Cleanings, 90 Fluorides, 257 Sealants placed.  
February: Visited 6 Schools - 134 Exams, 71 Cleanings, 71 Fluorides, 114 Sealants placed.  
March: Visited 2 Schools - 72 Exams, 36 Cleanings, 36 Fluorides, 25 Sealants placed.  
April: Visited 3 Schools - 103 Exams, 66 Cleanings, 66 Fluorides, 118 Sealants placed.

The School Sealant Program does not see patients during the months of May, June, July and August. It will continue when school starts back up in September.



# Health Promotion

## Tobacco Programs

### Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney if they do not.

<b>CU</b>	# of Complaints	0
<b>County</b>	# of Complaints	0



### Break the Habit

We have transitioned Break the Habit to the Illinois Tobacco Quitline. People interested in quitting can call the Quitline and get individual phone counseling from Addiction Specialists. If interested call 866-QUIT-YES (866-784-8937).

### Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance with minimum age laws. After we test the stores, we send congratulatory letters if they pass, as well as notices of failure. This is in cooperation with local law enforcement. Vendors are checked for compliance 3 times per year.

<b>CU</b>	Checks	N/A	# of Sales	N/A
<b>County</b>	Checks	N/A	# of Sales	N/A

### Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit and reasons for wanting to be smoke-free. Then, they develop an individual plan to quit. Additional assistance can be obtained from the Illinois Tobacco Quitline, including patches for those who qualify.

<b>CU</b>	Total # of people	N/A
<b>County</b>	Total # of people	N/A



Let's talk about Sex, at the Art Theater.

## Events

We screened Let's Talk about Sex at the Art Theater followed by a panel discussion. There were 45 people in attendance.

We completed the School Health Index with Prairie Elementary School. There were 8 people present.

We held our annual CATCHing Up with CATCH meeting with all of our CATCH schools. Five schools were represented.

We collected post cards in support of smoke-free parks four times: once at the Champaign Dog Park, twice at the Urbana Market at the Square and also at King Park. We reached 100 people.

# Illinois Breast & Cervical Cancer Program (IBCCP)

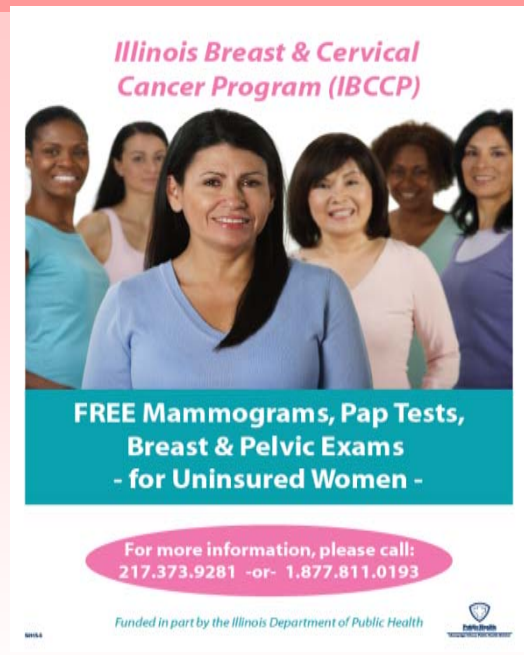
IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
<b>Number of Active Clients</b>	169	92	174	62	<b>497</b>
<b>New Clients Enrolled</b>	3	3	3	1	<b>10</b>
<b>Provider &amp; Community Outreach</b>	175	115	8	0	<b>298</b>

## June 2015

IBCCP fliers and client information was provided to 15 organizations within Champaign County at the Human Services Council Meeting. 125 IBCCP outreach bags including breast and cervical health brochures were distributed for clients at the Champaign County Christian Health Center. 100 fliers of IBCCP information was provided to the Refugee Center in Urbana.

IBCCP informational fliers were posted at 8 businesses and social service agencies in McLean County.



\*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits of Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division staff participate in the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering Committee for Prairie & Southside Safe Routes to School Programs
- Champaign-Urbana Campus Community Coalition
- C-U Safe Routes to School Steering Committee
- Lincoln Trail Elementary, Unity East & West, Leal, Thomas Paine, Wiley, Fisher, & Heritage Wellness Committees
- Urbana Bicycle Plan Steering Committee
- Coalition for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Coordinated School Health Grantee Meeting
- Healthy Champaign County
- Champaign-Urbana Youth Committee
- Champaign and Urbana School Districts Wellness Policy Committees



Please check out our informational websites.

[www.ccsexed.org](http://www.ccsexed.org)

[www.getcoveredillinois.gov](http://www.getcoveredillinois.gov)

<http://www.smoke-free.illinois.gov/>

[www.idph.state.il.us/about/womenshealth/ibccp/index.htm](http://www.idph.state.il.us/about/womenshealth/ibccp/index.htm)

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

[www.stock2forflu.com](http://www.stock2forflu.com)

[www.cdc.gov/cancer/nbccedp](http://www.cdc.gov/cancer/nbccedp)



# Wellness & Health Promotion Contacts

**217-373-7901**



The Division of Wellness & Health Promotion	<b>Deb Fruitt</b> Director	531-2921
Illinois Breast & Cervical Cancer Program	<b>Charli Kahler</b> Program Coordinator	531-2916
Health Promotion	<b>Nikki Hillier</b> Program Coordinator	531-2914
Dental	<b>Alicia Ekhoﬀ</b> Program Coordinator	531-4538
Urbana School Health Center	<b>Teresa Turner</b> Program Coordinator	239-4220

**Have questions about Wellness and Health Promotion?  
Get more information on our website!**  
<http://c-uphd/wellness-health-promotion.html>

<b>Nurses</b>  Bette Chapman	<b>Dental Hygienists</b>  Amanda Musson, RDH Michelle Kramer, RDH Jill Hart, RDH Yasmin Gonzalez, RDH	<b>Health Educators</b> Jennifer Jackson Talia Oakley  <b>Special Projects Coordinator</b>
<b>Dentists</b>  Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS	<b>Dental Assistants</b>  Marda Keys-Wilcoxon Lucero Olmedo	<b>Administrative Assistant II</b>  Crystal Anderson Laura Shobe Leah Brunkow
<b>Volunteers</b>  <b>PRN Dental Hygienists</b> Sophia Wan, RDH David Moon, RDH Lindy Hewerdine, RDH Jaclyn Mathis, RDH	<b>Interns</b>  Kristin Ryder - WHP	<b>IBCCP Intake Specialists</b>  Kathy Reardon
		<b>Dental Intake</b> Karen Bryson Chantiere Harden  Division of Wellness and Health Promotion