



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of
Wellness & Health Promotion
April 2014

Programs

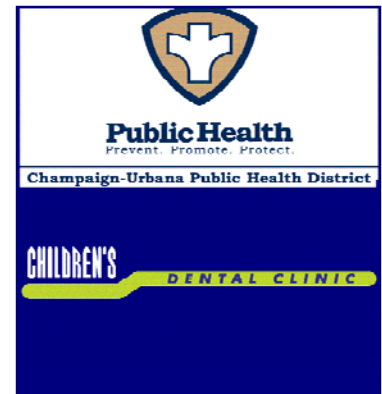
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU and Co. Combined
New Patient	81
Visits by Patients of Record	474
Total Patient Visits	555
Total Procedures Performed	2,185



Number of Days Clinic Open **21**

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	32
Visits by Patients of Record	103
Total Patient Visits	135
Total Procedures Performed	589
Number of Days Clinic Open	12



Mobile Program/School Sealants

January: Visited 3 Schools - 238 Exams, 128 Cleanings, 128 Fluorides, 337 sealants placed.
February: Visited 3 Schools - 151 Exams, 72 Cleanings, 72 Fluorides, 157 sealants placed.
March: Visited 2 Schools - 102 Exams, 59 Cleanings, 58 Fluorides, 124 sealants placed.
April: Visited 4 Schools - 151 Exams, 83 Cleanings, 83 Fluorides, 182 sealants placed.



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	3
County	# of Complaints	2



Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

CU	Checks	n/a	# of Sales	n/a
County	Checks	n/a	# of Sales	n/a

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	Total # of people	4
County	Total # of people	1

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

County	# of times presented (Count complete programs, not sessions)	1	Total # of people served	32
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Other Education Programs



Events

April 1, We traveled to Springfield with 19 of our youth from J.W. Eater. We met with Senator Mike Frerichs and went to a rally where two students spoke.

April 3, We participated in the Prairie School Health Fair. There were 20 participants. We helped families learn the language of Go, Slow, and Whoa Foods, and offered ideas for being active as a family.

April 4, We participated in Leal's Science Night. We showed the students how much sugar is in drinks that they commonly drink, and how that can affect our bodies. The second week in April was Recess Week at Leal. We visited every PE class that week and taught them Recess Games from the Recess Book we developed during Recess Training. Then we held a kick-off and assisted with recess the following week. The kids loved playing Dragon Tails and Artists and Waves.

April 10, we helped Unity East, one of our CATCH schools, hold a Red Pepper Taste Test with the students at lunch.

April 11, we had a table at the Carle Neuroscience Institute where we provided information on the Illinois Tobacco Quitline and encouraged providers to partner with the Quitline.

April 16, we presented on CATCH for all the Urbana Elementary School Principals. The three Urbana Schools that are already doing CATCH shared the benefits they have seen at their schools.

April 24, we held a Lucky Tray Day at Unity East ⁵Elementary.

Division of Wellness Health Promotion
April 2014 Board Report

April 24, we held a Lucky Tray Day at Unity East Elementary.

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	302	179	361	251	1093
New Clients Enrolled	4	2	4	2	12
Provider & Community Outreach	6	6	4	3	19

April 2014

4/7/14: IBCCP Client Satisfaction Surveys were sent to 25% of caseload. 2 referral tear-off sheets were included with every survey.

4/8/14: IBCCP Booth at the IL Heart & Lung Foundation Women's Health Fair in Normal, IL. 2000-2500 attendees.

4/15/14: IBCCP Provider Satisfaction Surveys were sent out.

4/15/14: ACA/Medicaid letters sent to IBCCP Providers.

4/24/14: IBCCP Presentation for U of I Nursing Students, 25 students.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

of Champaign County women served.

Division staff participate on the following coalitions and community meetings

- Champaign County Tobacco Prevention Coalition
- Illinois Cancer Prevention and Control Program
- Human Services Council
- Steering committee for Prairie & Southside Safe Routes to School Program
- Champaign-Urbana Campus Community Coalition
- C-U Safe Routes to School Steering Committee
- Unity East & West, Leal, Thomas Paine, Wiley & Heritage Wellness Committee
- Urbana Bicycle Plan Steering Committee
- Coalition for Comprehensive Sex Education
- Illinois Health Cares about Domestic Violence
- Coordinated School Health Grantee Meeting
- Healthy Champaign County
- Fisher Grade School Wellness Team Meeting



Please check out our informational websites.

www.getcoveredillinois.gov

<http://www.smoke-free.illinois.gov/>

www.idph.state.il.us/about/womenshealth/ibccp/index.htm

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com

www.cdc.gov/cancer/nbccedp



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer	Cathy Propst Program Coordinator	531-2916
Health Promotion	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Teresa Turner Program Coordinator	531-2890

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

Nurses Bette Chapman	Dental Hygienists Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Yasmin Gonzalez ,RDH	Health Educators Jennifer Jackson Talia Oakley Special Projects Coordinator Tara McCauley
Dentist Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS Yolanda Wright, DMD	Dental Assistants Marda Keys Lucero Olmedo	Administrative Assistant II Crystal Anderson Laura Shobe
Volunteers Nedra Brown	Interns Angela Lopez-HP Patricia Zavos-HP Samantha Mistar-IBCCP Syed Kausar-Dental Shashank Saxena-Dental Naimi Shah-Dental Vivian Castellanos-Dental	IBCCP Intake Specialists Leah Brunkow Cristina Dongo
		Dental Intake Karen Bryson Chauntiere Harden