



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of
Wellness & Health Promotion
August 2013

Programs

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Oral Surgery

One Saturday morning each month a local Oral Surgery Resident performs difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

Oral Surgery Residents:

Blake Kitamura, DMD March 2012-Present

January: No Resident Available
February 23rd: 7 Patients
March: No Resident Available
April: No Resident Available
May: No Resident Available
June: No Resident Available
July 20: 8 Patients
August 24: 5 Patients

Mobile Program/School Sealants

January: Visited 2 Schools - 54 Exams, 29 Cleanings, 29 Fluorides, 76 sealants placed.
February: Visited 3 Schools - 107 Exams, 60 Cleanings, 59 Fluorides, 149 sealants placed.
March: Visited 4 Schools - 80 Exams, 45 Cleanings, 45 Fluorides, 90 sealants placed.
April: Visited 3 Schools - 127 Exams, 75 Cleanings, 75 Fluorides, 173 Sealants.

The school sealant program will resume in September of 2013.



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	1
County	# of Complaints	0



Break the Habit

People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists. We have transitioned Break the Habit to the Illinois Tobacco Quitline. If interested call 866-QUIT-YES (866-784-8937).

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who do an official check for compliance 3 times a year.

CU	Checks	n/a	# of Sales	n/a
County	Checks	n/a	# of Sales	n/a

Freedom From Smoking

A 7-week, 8 session class that focuses on giving people who want to quit tools for success. Before the participants quit, they look at their habit, and reasons for wanting to be smoke-free, and develop an individual plan to quit. Patches are offered with this program.

CU	Total # of people	n/a
County	Total # of people	n/a

Tar Wars

A 3- session program delivered in 4th and 5th grade classes. This programs focus is on changing normative beliefs about the prevalence of tobacco use. Further, instead of giving participants reasons not to use tobacco, it equips participants with decision-making and effective communication skills. Through this program students get a chance to develop counter-marketing strategies.

County	# of times presented (Count complete programs, not sessions)	n/a	Total # of people served	n/a
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Other Education Programs

We had two CATCH trainings again in August. We invited staff from schools who had completed the SHI and wanted to implement CATCH. We focused mostly on schools who haven't started implementing CATCH, but invited other CATCH schools who had completed the SHI.

We held training on August 9th and 12th.

We had 60 total staff people attend the trainings.



Events

We participated in the site visit with PHAB on August 13th and 14th.

Whitney attended the National Safe Routes to School Conference in Sacramento, California on August 13-15.

We completed the SHI with Booker T. Washington STEM Academy.

On August 22, Nikki presented information on the Quitline to providers at Carle. There were 30 providers present.

On August 25th, we staffed a table at the Lifestyles Expo. We served 20 People.

We held a Germ Buster Training with our 5 Germ Buster volunteers.

Talia finished Media Sharp at the Juvenile Detention Center, 7 youth completed the program.

On August 28th, we had a presentation to all the staff at Gilman.

Whitney presented at the Farmers Market in Urbana and purchased fresh food items.





Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	360	214	438	302	1314
New Clients Enrolled	6	2	11	3	22
Provider & Community Outreach	4	4	0	0	8

August 2013

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

of Champaign County women served.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting
Urbana Bicycle Plan Steering Committee
Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer Illinois Wisewomen	Cathy Propst Program Coordinator	531-2916
Health Promotion	Nikki Hillier Program Coordinator	531-2914
Dental	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Teresa Turner Program Coordinator	531-2890

**Have questions about Wellness and Health Promotion?
Get more information on our website!**

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p style="text-align: center;">Judy Krumwiede Amy Johnson Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p style="text-align: center;">Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH</p>	<p style="text-align: center;">Health Educators</p> <p style="text-align: center;">Jennifer Jackson Talia Oakley Whitney Hayes</p>
<p style="text-align: center;">Dentist</p> <p style="text-align: center;">Kara Ruffatto, DMD Gurjeet Sidhu, DDS Robert Grenda, DDS Blake Kitamura, DDS Yolanda Wright, DMD</p>	<p style="text-align: center;">Dental Assistants</p> <p style="text-align: center;">Marda Keys Lucero Olmedo</p>	<p style="text-align: center;">Administrative Assistant II</p> <p style="text-align: center;">Crystal Anderson Laura Shobe</p>
<p style="text-align: center;">Volunteers</p> <p style="text-align: center;">Nedra Brown</p>	<p style="text-align: center;">Interns</p> <p style="text-align: center;">Allison Wiley</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p style="text-align: center;">Leah Brunkow Christy Foster</p>
		<p style="text-align: center;">Dental Intake</p> <p style="text-align: center;">Karen Bryson</p>