



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion October 2011

Programs

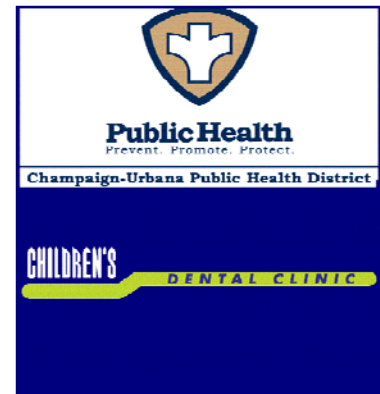
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	46	0
Visits by Patients of Record	388	2
Total Patient Visits	434	2
Treatment Provided		
Diagnostic & Preventative Care	1,034	
General Dental Care*	255	



Number of Days Clinic Open 19

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	17
Visits by Patients of Record	78
Total Patient Visits	95
Treatment Provided	
Diagnostic & Preventative Care	216
General Dental Care	56

Number of Days Clinic Open 12

Oral Surgery

One Saturday morning each month, CUPHD employs an oral surgeon resident, who is a licensed dentist, to perform difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

No Clinics were available in July and August; the next Oral Surgery Clinic is scheduled for September 24th.

Special Events

October marked Dental Hygiene Month. Dental Interns, Paige Ligon & Mansi Jailwala created a display board for CUPHD WIC clients with the theme "Keep It Simple".

Informational handouts talked about the basics of oral health care: Brush 2X daily, Floss 1X daily & limit sugary snacks and drinks.

Mobile Dental Clinics: 2011-12

During the 2011-12 School Year, Urbana Students in Grades PK - 6th and Champaign Students in Grades PK, K, 2nd and 6th will be eligible for Mobile Dental Services at their school. Through Medicaid Reimbursement and an IDPH Grant, students will receive an exam, dental cleaning, fluoride treatment, and dental sealants on the first and second permanent molars to seal out tooth decay.

During August School Registration all students in these grades will have the opportunity to complete a consent form allowing the CUPHD Mobile Dental Clinic to provide preventative dental care at school. Schools are contacted after registration to determine the best time to schedule their clinic.

All students treated during the clinics receive a Home Oral Health Care Kit that includes a toothbrush, toothpaste, and dental floss. Students are referred to CUPHD Dental Clinics to establish and Dental Home and receive continued follow up care.

Champaign, IL

Barkstall (EXT) September 7
Bottenfield March 26
BT Washington February 7
Carrie Busey February 15
Champaign EC Sept 27-30
Dr. Howard April 3
Edison Middle January 10
Franklin Middle January 17
Garden Hills December 13
Jefferson Middle January 24-26
Kenwood (EXT) September 13
Robeson April 10
South Side March 13
Stratton December 5-6
Westview February 21

Urbana, IL:

Leal Oct. 26, 27
ML King Oct. 12-14
Prairie Oct. 5-7
Thomas Paine Nov. 2, 3, 9
Urbana Middle Sept. 21-23
Washington (EC) Oct. 18-20
Wiley Elementary Nov. 16-18
Yankee Ridge Nov. 30, Dec. 1, 2

In October, 499 children were seen in their school for preventative dental care & 222 Dental Sealants were placed.

Adult Immunization

Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

Immunizations	C-U	Co	Other
Hepatitis A	1	1	1
Hepatitis B	2	3	2
Polio	1		
Mumps, Measles, Rubella	3		
Tetanus and diphtheria			
Tetanus, diphtheria and acellular pertussis	3	2	1
Hepatitis A and Hepatitis B	3		
Typhoid	2		
Varicella /chickenpox	2		
Flu/Pneumonia	31	8	1
Wesley Food Pantry Flu Clinic -Flu Shots Only	50		
Total Immunizations for	98	14	5
		117	



Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 –Ask for Theresa



Health Promotion

Tobacco Programs

Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

CU	# of Complaints	11
County	# of Complaints	1



Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.



CU	Total # of people	1
County	Total # of people	0

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	20	# of Sales	5
County	# of Attempts	32	# of Sales	6

Other Education Programs



CATCH Program

CATCH[®]

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

In the Media

October 31, WANDtv interviewed Nikki Hillier regarding a study released that highlighted the benefits (economic and health-related) of a sugar-loaded beverage tax.

<http://www.wandtv.com/global/Category.asp?c=182814&clipId=6403677&autostart=true>

Events

October 4, Dr. Howard held their annual Wellness Fair. Health Promotion educated students on healthy eating and active living. [300 people were served.](#)

October 5, was International Walk and Roll to School Day. Several school participated. We walked with Dr. Howard and Booker T. Washington.

October 11, Health Promotion had a booth at the East Central Illinois Low Vision Fair. The Illinois Tobacco Quitline was promoted. [150 people were served](#)

October 22, We had a booth at the Disability Expo at Lincoln Square mall. We promoted the Illinois Tobacco Quitline. [500 people were served](#)

Health Promotion is working to make sure that providers have the tools they need to refer smoking patients to the Illinois Tobacco Quitline.

In October, we held an Illinois Tobacco Quitline Referral training for several groups: C-UPHD Maternal and Child Health Division and C-UPHD Infectious Disease. The Training was also presented on the Quitline in a Community Health class on drug use and abuse and for the deaf advisory group at People Assuming Control of their Environment (PACE).

Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	41	169		210	2			2
Rescreened								
Threshold								
Referred	6	6		12				

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	87	90		177	2			2
Rescreened								
Referred	6			6				
w/ Glasses	3			3				
w/ Glasses- Referred								

Schedule

November 2011 Preschool Hearing & Vision Screening Schedule

- 11/2, American Lutheran Preschool / Rantoul
- 11/7, Washington Early Childhood / Urbana
- 11/9, Child Delopement Lab / Urbana
- 11/16, Countryside Preschool / Champaign
- 11/17, University Primary / Urbana

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	442	268	452	356	1518
New Clients Enrolled	12	4	16	12	44
Provider & Community Outreach	7	2	10	10	29

Events

October was Breast Cancer Awareness Month. IBCCP staff provided breast cancer information to 4 local churches, held 3 enrollment day events, did a live TV interview, and ran Breast Cancer Awareness ads in local newspapers.

Enrollment Day Events

Champaign County:

Frances Nelson Health Center - 14 women
819 W. Bloomington Rd. Champaign

Tuesday 10/11/11 from 8:30am noon and 1– 4:30pm..

McLean County:

John M. Scott Health Resources Center - 12 women
607 S. Gridley in Bloomington

Wednesday October 26th from 9am – noon and 1 – 3:30pm.

Vermilion County:

10 women

Aunt Martha's Vermilion Area Community Health Center
614 N. Gilbert St in Danville

Tuesday October 18th from 8:30am – noon and 1 – 3:30pm.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns indicate the number of Champaign County women served.

Division of Wellbeing Health Promotion
www.c-uphd/wellness-health-promotion.html

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number of Champaign County women served.

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WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	191	110	5	306
New clients enrolled	1	1	0	2
Number of clients completing an integrated visit	13	9	0	22
# of LSI classes held	1 English			1
Average number of women attending LSI class	7	0	0	7

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

The Spanish LSI-3 classes will be held on Nov. 1, 8, 15, 22.

The English LSI-3 classes will be held on Sept 25, Nov. 1, 8, 15.

Wellness & Health Promotion



Nedra Brown has worked with CUPHD IBCCP since August 2008 as an RSVP volunteer (RSVP – Retired Senior Volunteer Program). Nedra was recently honored for her extensive volunteerism at the annual RSVP banquet. Nedra received awards for the following: Over 400 hours of volunteer service in the past year, 20 years of volunteering through RSVP, and a Community Service Award (nominated by Kathy Reardon in IBCCP).

Nedra is a retired administrative

secretary who brings extensive experience and professionalism to her position at CUPHD. Nedra is very organized and efficiently manages all the paperwork associated with her IBCCP tasks. She is willing to do any task asked of her and quickly masters new assignments. Due to Nedra's hard work, positive attitude and pleasant personality, it is a blessing to have her working with us. Since August of 2008, Nedra has volunteered 1228 hours with IBCCP! In addition to the hours spent at CUPHD, Nedra volunteers for other agencies, including Willard Airport where she has volunteered for 20 years.

Three things that stand out about her is her professionalism, dedication and her job ethics/experience. She is devoted to helping our patients and hangs in there when the going gets tough.

Nedra helps us by scheduling most of our patient appointments, which helps get clients in for their annual exam and or mammogram in a timely fashion (and does so without complaint). Without her help, our work would be backed up and she lightens that work load for us. She is always willing to take on any task or challenge. We appreciate her organization, dependability, and service. She not only helps us here, but is busy with others that she assists.

October 5, Cathy Propst, Coordinator of IBCCP was live on WCIA discussing "Pink Week".



October 31, WANDtv interviewed Nikki Hillier, coordinator of Health Promotion, regarding a study released that highlighted the benefits (economic and health-related) of a sugar-loaded beverage tax.

<http://www.wandtv.com/global/Category.asp?c=182814&clipId=6403677&autostart=true>

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Meet the Team

Charlene Johnson started with us this month in Dental, as our Intake Specialist. Charlene greets clients when they first come in for a dental appointment and filters all the dental calls. Charlene is originally from Mississippi and grew up there. She has 25 years experience as a program coordinator that she brings to the team. In her free time she enjoys decorating, gardening, cooking and sewing.

Three fun facts about Charlene

- She always loses at UNO.
- She is a Champion at the card game Old Maid.
- She can do the Michael Jackson "moon walk".

Stop by the dental window and say hi.

Karen Bryson also started with us part-time this month in Dental as an Intake Specialist on Tuesdays and Thursdays. Karen also helps out at the dental front desk and greets clients and takes calls. She grew up here in Champaign-Urbana. Karen has worked for dental offices in Champaign and Chicago. In her free time she likes tickling her nieces and nephews, reading, going to movies and cooking.

Three fun facts about Karen

- She has a twin brother
- She always wanted an identical twin sister
- She has green eyes and grey eyes

Stop by the dental window on Tuesday and Thursdays to say hi.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



The Division of Wellness & Health Promotion	Deb Fruitt Director	531-2921
Illinois Breast & Cervical Cancer Illinois Wisewomen Adult Immunization	Cathy Propst Program Coordinator	531-2916
Health Promotion	Nikki Hillier Program Coordinator	531-2914
Dental Hearing & Vision	Alicia Ekhoﬀ Program Coordinator	531-4538
Urbana School Health Center	Jessie McClusky Program Coordinator	531-2890

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p>Nurses Theresa Truelove Judy Krumwiede Vickie Ellis Bette Chapman</p>	<p>Dental Hygienists Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Terri Jesiolowski, RDH (PRN)</p>	<p>Health Educators Jennifer Jackson Janice Walker Deanna Williams</p>
<p>Dentist Kara Ruffatto, DDS James Wahl, DDS Robert Grenda, DDS (PRN) Cole Anderson, DDS (PRN)</p>	<p>Dental Assistants Marda Keys Becky Black</p>	<p>Administrative Assistant II Maria Capps Pam Simmons</p>
<p>Volunteers Nedra Brown Kathleen Conlisk Liz Reynolds Ross Eckert</p>	<p>Interns Cecilia Ramirez Mansi Jailwala Paige Ligon Amy Han</p>	<p>IBCCP Intake Specialists Kathy Reardon Leah Brunkow Talia Oakley</p>
<p>Vision & Hearing Tech Shirley Lincione</p>		<p>Dental Intake Charlene Johnson Karen Bryson</p>