



Public Health
Prevent. Promote. Protect.

Champaign-Urbana Public Health District

Division of Wellness & Health Promotion September 2011

Programs

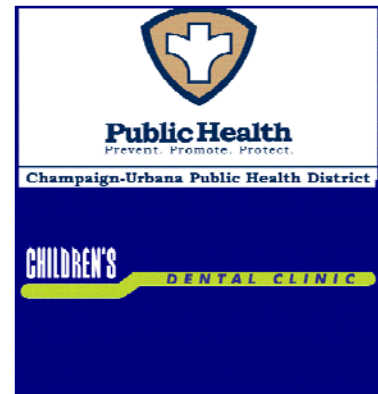
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CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

Champaign Visits	CU	Co.
New Patient	43	0
Visits by Patients of Record	412	1
Total Patient Visits	465	1
Treatment Provided		
Diagnostic & Preventative Care	1,135	
General Dental Care*	280	



Number of Days Clinic Open 21

Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



Urbana Visits	
New Patient	15
Visits by Patients of Record	99
Total Patient Visits	114
Treatment Provided	
Diagnostic & Preventative Care	273
General Dental Care	15

Number of Days Clinic Open 15

Oral Surgery

One Saturday morning each month, CUPHD employs an oral surgeon resident, who is a licensed dentist, to perform difficult extractions for children who are referred by CUPHD general dentists. The clinic utilizes volunteer dental and pre-dental students for infection control, instrument processing, post-op instructions, and clinic flow. Only local anesthetic is utilized, no anesthesia services are available.

No Clinics were available in July and August; the next Oral Surgery Clinic is scheduled for September 24th.

Special Events



The Oral Health Network's "Fall for Smiles" September Fall for Smiles Event was celebrated at C-UPHD with:

Mondays 1pm-3pm Free apples & information about finding a Dental Home for your family; 60 apples were given away.

Wednesdays 1pm-3pm "Color a Smile" project with Dental Activities in the Main Lobby; 100 children participated to create a Smile Canvas that will be displayed in the Dental Reception area.



Mobile Dental Clinics: 2011-12

During the 2011-12 School Year, Urbana Students in Grades PK - 6th and Champaign Students in Grades PK, K, 2nd and 6th will be eligible for Mobile Dental Services at their school. Through Medicaid Reimbursement and an IDPH Grant, students will receive an exam, dental cleaning, fluoride treatment, and dental sealants on the first and second permanent molars to seal out tooth decay.

During August School Registration all students in these grades will have the opportunity to complete a consent form allowing the CUPHD Mobile Dental Clinic to provide preventative dental care at school. Schools are contacted after registration to determine the best time to schedule their clinic.

All students treated during the clinics receive a Home Oral Health Care Kit that includes a toothbrush, toothpaste, and dental floss. Students are referred to CUPHD Dental Clinics to establish and Dental Home and receive continued follow up care.

Champaign, IL

Barkstall (EXT) September 7
Bottenfield March 26
BT Washington February 7
Carrie Busey February 15
Champaign EC Sept 27-30
Dr. Howard April 3
Edison Middle January 10
Franklin Middle January 17
Garden Hills December 13
Jefferson Middle January 24-26
Kenwood (EXT) September 13
Robeson April 10
South Side March 13
Stratton December 5-6
Westview February 21

Urbana, IL:

Leal Oct. 26, 27
ML King Oct. 12-14
Prairie Oct. 5-7
Thomas Paine Nov. 2, 3, 9
Urbana Middle Sept. 21-23
Washington (EC) Oct. 18-20
Wiley Elementary Nov. 16-18
Yankee Ridge Nov. 30, Dec. 1, 2

In September, 254 children were seen in their school for preventative dental care & 77 Dental Sealants were placed.



Health Promotion

Tobacco Programs

Education/enforcement
the state for Cham
comply with the law

CU
County



all the complaints from
We help businesses to
not.



Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.



CU	Total # of people	1
County	Total # of people	2

Not Here

A tobacco sales compliance program. We notify all tobacco vendors that we will check for compliance. After we test the stores, we send congratulatory letters if they pass. We forward those who fail on to law enforcement, who does an official check for compliance. 3 times a year

CU	# of Attempts	57	# of Sales	3
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Media Sharp

An important tool to help middle- and high-school youth evaluate those messages and make healthy, life-saving choices. Through 4-5 interactive sessions using various forms of technology and media, participants learn how media influences our behaviors and decisions. The curriculum focuses on tobacco and alcohol, but address media's influence on all of our choices from cars to tennis shoes.

County	# of times presented (Count complete programs, not sessions)	2	Total # of people served	28
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Other Education Programs

LET'S GET IT STARTED

Let's get it started is a program that in collaboration with University of Illinois Extension and County Market help families plan, purchase, prepare, and enjoy cost-effective and healthy meals together. Families also participate in a variety of fun activities to promote getting up and moving. Subjects covered include portion control, label reading, food and fire safety in the kitchen, food demo's and a grocery store tour with a nutritionist.

New classes start October 20, 2011



CATCH Program

CATCH®

Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

Schools currently participating in CATCH are:

	# of students
Dr. Howard Elementary, Champaign	390
Thomasboro Elementary, Thomasboro	185
Unity West Elementary, Tolono	490
Fisher Grade School, Fisher	318
Carrie Busey	390

In the Media

September 12, Nikki Hillier, Coordinator for Health Promotion appeared on the WCIA Morning Show to promote CUPHD's new Teen Scene.

Events



September 1, We participated in the open house at Unity West to welcome back students and families. Unity West is one of our CATCH schools and we reminded families of Go-Slow-and-Whoa foods, and of the rules they should follow to avoid spreading germs:

- 1) Stay home when you are sick
- 2) Wash your hands
- 3) Don't Touch your T-zone
- 4) Cough and sneeze in your sleeve

There were 300 participants.

September 2, Walk n Roll to School Day is a national event held each year on the first Wednesday in October. Because the balanced calendar schools were scheduled to be on break during WnR to School Day, they celebrated on September 2. At Barkstall, once students arrived at the school, they walked around school grounds to say the pledge together outside at the flag pole. At Barkstall, students who walked or rolled to school received stickers. The busses dropped students off a few blocks from school so that they could walk. Senator Mike Frerichs met the students as they exited the bus.



September 16, Attended Stratton's Safety Fair. We talked to every student about food safety and hand washing; 480 students participated.



September 17, Carrie Busey held their second annual CATCH Family Kick-off 3K. After a Zumba warm up and stretching out with Yoga lead by the students at CB, families took off to walk/run the 3K course near CB. After the walk, they visited 4 tailgate stations:

- 2-bite fruit station
- 2-bite vegetable station
- 2-bite whole grain station

Savoy Schnuck's donated the funds for the fresh fruits and vegetables. Great Harvest Bread donated the whole grain bites. The Illinois Girls Soccer team also participated in all the events!

September 20 & 27, We participated for 2 nights of the Community Medical School- which presented several talks on obesity. We highlighted our efforts with the CATCH program

program

Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	101	41	0	142	6	0	0	6
Rescreened	0	0	0	0	0	0	0	0
Threshold	0	0	0	0	0	0	0	0
Referred	1	1	0	2	0	0	0	0

Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
Screened	99	41	0	140	1	0	0	1
Rescreened	0	0	0	0	0	0	0	0
Referred	1	3	0	4	0	0	0	0
w/ Glasses	0	0	0	0	0	0	0	0
w/ Glasses- Referred	0	0	0	0	0	0	0	0

Schedule

October 2011 Preschool Hearing & Vision Screening Schedule

October 5, 2011 Kingswood School-Urbana

October 6, 2011 St. John Lutheran School-Champaign

October 25, 2011 Prince Of Peace-St. Joseph

Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
Number of Active clients	441	262	447	347	1497
New Clients Enrolled	5	7	12	3	27
Provider & Community Outreach	2	2	1	2	7

Events

BCCP had a booth at the News Gazette's Ladies Out Night event on 9/29. Approximately 1000 women attended this event. Many women sought information from our booth.

October is Breast Cancer Awareness Month. IBCCP staff will present or provide breast cancer information at local churches and women's clubs as the opportunity becomes available. We will also hold an IBCCP enrollment day in each of the counties in our service area where women can come meet with an IBCCP intake specialist and complete the enrollment paperwork.

Champaign County: Frances Nelson Health Center located at 819 W. Bloomington Rd. Champaign on Tuesday 10/11/11 from 8:30am noon and 1– 4:30pm..

McLean County: John M. Scott Health Resources Center located at 607 S. Gridley in Bloomington on Wednesday October 26th from 9am – noon and 1 – 3:30pm.

Vermilion County: Aunt Martha's Vermilion Area Community Health Center located at 614 N. Gilbert St in Danville on Tuesday October 18th from 8:30am – noon and 1 – 3:30pm.

*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.

Division of Wellness Health Promotion
www.c-uphd/wellness-health-promotion.html
 September 2011 Board Report

number of Champaign County women served.

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WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
Number of active clients	193	109	5	307
New clients enrolled	4	3	0	7
Number of clients completing an integrated visit	13	1	0	14
# of LSI classes held				0
Average number of women attending LSI class				n/a

News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

The next English LSI-3 classes are scheduled for October 25th, November 1, 8, and 15. We are also making arrangements for a Spanish LSI-3.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition
Illinois Cancer Prevention and Control Program
Human Services Council
Steering committee for Stratton Elementary's Safe Routes to School Program
Champaign-Urbana Campus Community Coalition
East Central Illinois Asthma Partnership
Regional Prevention Group
C-U Safe Routes to School Steering Committee
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

http://www.cuphd.org/diabetes_resources.html

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

www.ifloss.org

www.stock2forflu.com



Wellness & Health Promotion Contacts

217-373-7901



<p>The Division of Wellness & Health Promotion</p>	<p>Deb Fruitt Director</p>	<p>531-2921</p>
<p>Illinois Breast & Cervical Cancer Illinois Wisewomen Adult Immunization</p>	<p>Cathy Propst Program Coordinator</p>	<p>531-2916</p>
<p>Health Promotion</p>	<p>Nikki Hillier Program Coordinator</p>	<p>531-2914</p>
<p>Dental Hearing & Vision</p>	<p>Alicia Ekhoﬀ Program Coordinator</p>	<p>531-4538</p>
<p>Urbana School Health Center</p>	<p>Jessie McClusky Program Coordinator</p>	<p>531-2890</p>

Have questions about Wellness and Health Promotion?

Get more information on our website!

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;">Nurses</p> <p>Theresa Truelove Judy Krumwiede Vickie Ellis Bette Chapman</p>	<p style="text-align: center;">Dental Hygienists</p> <p>Amanda Niles, RDH Michelle Kramer, RDH Jill Hart, RDH Terri Jesiolowski, RDH (PRN)</p>	<p style="text-align: center;">Health Educators</p> <p>Jennifer Jackson Janice Walker Deanna Williams</p>
<p style="text-align: center;">Dentist</p> <p>Kara Ruffatto, DDS James Wahl, DDS Robert Grenda, DDS (PRN) Cole Anderson, DDS (PRN)</p>	<p style="text-align: center;">Dental Assistants</p> <p>Marda Keys Becky Black</p>	<p style="text-align: center;">Administrative Assistant II</p> <p>Maria Capps Pam Simmons</p>
<p style="text-align: center;">Volunteers</p> <p>Nedra Brown Kathleen Conlisk Liz Reynolds Ross Eckert</p>	<p style="text-align: center;">Interns</p> <p>Cecilia Ramirez Mansi Jailwala Paige Ligon Amy Han</p>	<p style="text-align: center;">IBCCP Intake Specialists</p> <p>Kathy Reardon Leah Brunkow Talia Oakley Tina Seechurm</p>
<p style="text-align: center;">Vision & Hearing Tech</p> <p>Shirley Lincione</p>		<p style="text-align: center;">Dental Intake</p> <p>Charlene Johnson</p>