



**Public Health**  
Prevent. Promote. Protect.

**Champaign-Urbana Public Health District**

# Division of Wellness & Health Promotion January 2011

## Programs

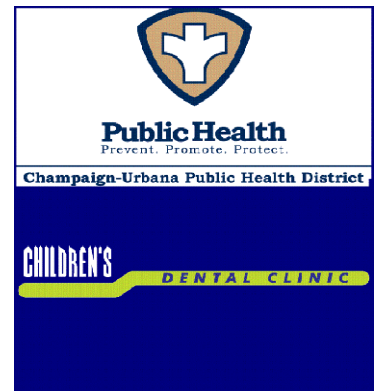
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# CUPHD Dental Program

Champaign-Urbana Public Health District's Champaign Dental Clinic provides a Dental Home for children with All Kids who are residents of Champaign or Urbana. Appointments are available Monday - Friday, 8am - 4pm with Emergency and Urgent Care appointments also available. Parents are encouraged to schedule dental visits after their child's first birthday.

The clinic is staffed by a dentist and 2 hygienists however, beginning February 1st the patient case load required that we increase to 2 dentists on Tuesdays and Thursdays.

<b>Champaign Visits</b>	<b>CU</b>	<b>Co.</b>
New Patient	77	1
Visits by Patients of Record	281	10
<b>Total Patient Visits</b>	<b>358</b>	<b>0</b>
<b>Treatment Provided</b>		
Diagnostic & Preventative Care	872	
General Dental Care*	440	



**Number of Days Clinic Open**      **19**

**Oral Surgery Patients**              **4**

# Urbana School Health Center Dental Program

Urbana School Health Center dental program sees children age 3-18 who are students in Urbana schools. Services include: cleanings, fluoride, x-rays, sealants, restorative care, and simple extractions. We see patients by appointment Monday through Friday, 8 a.m. to 4 p.m. Please call 217-239-4220 for an appointment.



<b>Urbana Visits</b>	
New Patient	12
Visits by Patients of Record	103
<b>Total Patient Visits</b>	<b>115</b>
<b>Treatment Provided</b>	
Diagnostic & Preventative Care	188
General Dental Care	71
<b>Number of Days Clinic Open</b>	<b>10</b>

## Mobile Dental Clinics: 2010-11

**Bottenfield** : March 28, 2011

**Edison Middle School:** December 7, 2011

**Carrie Busey:** February 15, 2011

**Pavilion School:** TBA

**Dr. Howard** : January 18, 2011

**Robeson** : March 15, 2011

**South Side** : February 1, 2011

**B.T. Washington** : February 8, 2011

**Westview** : February 23, 2011

**Jefferson Middle School:** January 25-27, 2011

# Adult Immunization

## Adult Immunization Program

Serves adults over 18 years for routine, educational requirements, accidents and travel immunizations using scheduled appointments.

Immunizations	C-U	Co	Other
Hepatitis A	1	1	
Hepatitis B	5	3	2
Polio			
Mumps, Measles, Rubella	4	1	
Tetanus and diphtheria	3	3	
Tetanus, diphtheria and acellular pertussis	12	1	
Hepatitis A and Hepatitis B	4	2	
Typhoid	2	1	
Varicella /chickenpox	2		
Flu/Pneumonia	7	2	
<b>Total Immunizations for</b>	<b>40</b>	<b>14</b>	<b>2</b>

56



Adult and Travel vaccines are available Monday & Wednesdays by appointment. Call 531-2922 –Ask for Theresa

## Diabetes Outreach Meetings

20 people people attended the 3 diabetes outreach programs in January.

## The CUPHD Diabetes Program

The CUPHD Diabetes Program is funded in part by the Illinois Diabetes Prevention and Control Program (IDPCP) with a grant from the Center for Disease Control. In cooperation with U of I Extension Services a bimonthly newsletter is sent out to person with pre-diabetes or diabetes who have enrolled in the diabetes program. The statistics from their enrollment and yearly reviews help to form the picture of diabetes care in Champaign County, the state and the nation.

IDPCP Enrollment /Reviews 4  
 Diabetes Newsletter distribution 260



# Health Promotion

## Tobacco Programs

### Break the Habit

Break the Habit is a partnership between the Illinois Tobacco Quitline and CUPHD. People interested in quitting can call the Quitline and get individual phone counseling from Addictions Specialists, and CUPHD issues nicotine patches based on what the Addictions Specialists suggest.

<b>CU</b>	Total # of people	4
<b>County</b>	Total # of people	2



### Smoke Free Illinois compliance

Education/enforcement program for Smoke Free Illinois. We handle all the complaints from the state for Champaign County as well as those from our website. We help businesses to comply with the laws, and report to the State's Attorney's if they do not.

<b>CU</b>	# of Complaints	3
<b>County</b>	# of Complaints	1



### Media Sharp

An important tool to help middle- and high-school youth evaluate those messages and make healthy, life-saving choices. Through 4-5 interactive sessions using various forms of technology and media, participants learn how media influences our behaviors and decisions. The curriculum focuses on tobacco and alcohol, but address media's influence on all of our choices from cars to tennis shoes.

<b>County</b>	# of times presented (Count complete programs, not sessions)	2	Total # of people served	14
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### Juvenile Detention Center Outreach

Various days throughout the month, our health educators provide a variety of programs to the youth in the Juvenile Detention Center. This months topic was tobacco education

# of times presented	1	Total # of people	16
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## Other Education Programs

### Reproductive Health

Age-appropriate sexual health programs are provided by our health educators, topics include puberty, self-image, sexually transmitted infection, and contraception.

CU	# of times presented (Count complete programs, not sessions)	1	Total # of people served	9
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### CATCH Program



Lucky Tray Day is offered to our partner CATCH schools. We send CUPHD staff, interns, and volunteers to schools at lunch. If the students are eating their GO foods, they get a raffle ticket. At the end of the day 3 students are selected to win prizes. Fitness Fridays/Moving Mondays are days that our CATCH schools ask students to move when told over the intercom. We also offer structured physical activities at recess.

#### Schools currently participating in CATCH are:

	# of students
<b>Dr. Howard Elementary, Champaign</b>	390
<b>Thomasboro Elementary, Thomasboro</b>	185
<b>Unity West Elementary, Tolono</b>	490
<b>Fisher Grade School, Fisher</b>	318
<b>Carrie Busey</b>	390

## SPECIAL EVENTS

Cessation Talk at Urbana Adult Education 50 people were present

### In the Media

**January 13**, Morning Show Appearance discussing NY Resolutions: Getting Healthy as a family and smoking cessation

**January 14**, article on cessation in the NG

**January 19**, radio interview on my connect FM for cessation

# Champaign Urbana Public Health District's Vision & Hearing Screening Program



CUPHD employs a State Certified Auditory and Vision Technician to provide State mandated Hearing and Vision screenings to children enrolled in a Licensed Daycare, Preschool, or Private School in Champaign County. The Hearing and Vision Screening Program is funded through a IDPH Grant and Medicaid / All Kids Reminbursement.

## Hearing Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
<b>Screened</b>	20	77		<b>97</b>				<b>0</b>
<b>Rescreened</b>				<b>0</b>				<b>0</b>
<b>Threshold</b>				<b>0</b>				<b>0</b>
<b>Referred</b>	1			<b>1</b>				<b>0</b>

## Vision Screenings

	Pre K				School Age			
	C-U	County	Other	Total	C-U	County	Other	Total
<b>Screened</b>	18	76		<b>94</b>				<b>0</b>
<b>Rescreened</b>				<b>0</b>				<b>0</b>
<b>Referred</b>				<b>0</b>				<b>0</b>
<b>w/ Glasses</b>				<b>0</b>				<b>0</b>
<b>w/ Glasses- Referred</b>				<b>0</b>				<b>0</b>

- Jan. 12, 2011 -Hugs & Bugs (Philo)
- Jan. 19, 2011 -Kindercassel Learning Center (Champaign)
- Jan. 20, 2011 -Hugs & Bugs (Philo)
- Jan. 26, 2011 -Little Wings Child Care Learning Center (Rantoul)

## Illinois Breast & Cervical Cancer Program (IBCCP)

IBCCP contracts with local medical providers to provide free breast and cervical cancer screening for Illinois women ages 35-64 with no health insurance, Medicaid, or Medicare part B. The CUPHD IBCCP serves women from Champaign, McLean and Vermilion Counties. CUPHD IBCCP provides community outreach as well as educational materials and presentations throughout our service area to encourage all women to have their annual screenings done and to seek new client enrollment in order to provide uninsured screenings for women who would otherwise have no access to these services. Approximately 40% of the screening tests yield abnormal results requiring IBCCP medical case management and diagnostics services. While women under the age of 35 are not eligible for screening through this program, they may be eligible for medically indicated diagnostic services if referred by their medical provider. If diagnosed, eligible women are transferred into Medicaid for cancer treatment.

	*Champaign-Urbana	*Champaign County	McLean County	Vermilion County	Total
<b>Number of Active clients</b>	530	327	520	431	<b>1808</b>
<b>New Clients Enrolled</b>	7	5	9	5	<b>26</b>
<b>Provider &amp; Community Outreach</b>	2	2	1	2	<b>7</b>

January 2011

January is National Cervical Cancer Awareness Month. The proclamation from Gov. Quinn was distributed to local media and information was posted on the CUPHD web-site.



\*Champaign-Urbana indicates women residing in the city limits of Champaign and Urbana. Champaign Co. indicates women residing in Champaign County, but outside the city limits and Champaign and Urbana. These columns must be added together for the total number of Champaign County women served.



## WISEWOMAN



ILLINOIS DEPARTMENT OF PUBLIC HEALTH

The mission of the IWP is to provide low-income, uninsured 40 – 64 year-old women with knowledge, skills, cardiovascular screenings, and opportunities to improve their diet, physical activity, and other life habits to prevent, delay, or control cardiovascular and other chronic diseases.

The Illinois WiseWoman Program (IWP) is a cardiovascular disease risk factor screening, intervention and evaluation program that is currently being implemented among women who participate in the Illinois Breast and Cervical Program.

	Champaign-Urbana	Champaign County	Vermilion County	Total
<b>Number of active clients</b>	199	113	5	<b>317</b>
<b>New clients enrolled</b>	3	1	0	<b>4</b>
<b>Number of clients completing an integrated visit</b>	9	3	0	<b>12</b>
<b># of LSI classes held</b>	4 Spanish	1 English	0	<b>5</b>
<b>Average number of women attending LSI class</b>	6.5 Span: 6 Eng.	2.75 Span: 0 Eng.		<b>9.25 Span: 6 Eng</b>

## News

Following lipid, glucose, and blood pressure measurements, IWP participants can choose one of four lifestyle interventions that best suits their risks and motivations. Unique to the IWP is Level 3 Lifestyle Intervention, which consists of four fun dietary and physical activity sessions designed to empower Illinois WISEWOMAN Program participants to prevent, delay, and control cardiovascular and other chronic diseases.

The Spanish LSI-3 classes were held on Jan 5, 12, 19, 26.  
The English LSI-3 classes are scheduled for Jan.20. 27, Feb 3, 10.

Division staff participate on the following coalitions and community meetings

Champaign County Tobacco Prevention Coalition  
Illinois Cancer Prevention and Control Program  
Human Services Council  
Steering committee for Stratton Elementary's Safe Routes to School Program  
Champaign-Urbana Campus Community Coalition  
East Central Illinois Asthma Partnership  
Regional Prevention Group  
C-U Safe Routes to School Steering Committee  
Unity West Wellness Committee Meeting

Campaign for Comprehensive Sex Education

Illinois Health Cares about Domestic Violence

Illinois Coalition for School Health Centers

National Assembly for School Health Care

Coordinated School Health Grantee Meeting

C-U Fit Families

Fisher Grade School Wellness Team Meeting

Childhood Wellness Task Force

C-U Area Fitness



Please check out our informational websites.

<http://www.cuphd.org/chronicdisease.html>

<http://www.ada.org/>

<http://www.smoke-free.illinois.gov/>

[http://www.cuphd.org/diabetes\\_resources.html](http://www.cuphd.org/diabetes_resources.html)

<http://www.cuphd.org/ccsafekids/>

<http://www.illinoisAAP.org/oralhealth.htm>

[www.ifloss.org](http://www.ifloss.org)

[www.stock2forflu.com](http://www.stock2forflu.com)



# Wellness & Health Promotion Contacts

**217-373-7901**



<b>The Division of</b> Wellness & Health Promotion	<b>Deb Fruitt</b> Director	531-2921
<b>Illinois Breast &amp; Cervical Cancer</b> Illinois Wisewomen	<b>Cathy Propst</b> Program Coordinator	531-2916
<b>Health Promotion</b> Adult Immunization	<b>Nikki Hillier</b> Program Coordinator	531-2914
<b>Dental</b> Vision-Cooperative/ Hearing & Vision	<b>Alicia Ekhoﬀ</b> Program Coordinator	531-4538
<b>Urbana School</b> Health Center	<b>Jessie McClusky</b> Program Coordinator	531-2890

**Have questions about Wellness and Health Promotion?**

**Get more information on our website!**

<http://c-uphd/wellness-health-promotion.html>

<p style="text-align: center;"><b>Nurses</b></p> <p>Theresa Truelove Judy Krumwiede Mimi Rivera</p>	<p style="text-align: center;"><b>Dental Hygienists</b></p> <p>Amanda Wright Michelle Kramer Jill Hart Terri Jesiolowski (PRN) Allie Winland (PRN)</p>	<p style="text-align: center;"><b>Health Educators</b></p> <p>Jennifer Jackson Janice Walker Deanna Williams</p>
<p style="text-align: center;"><b>Dentist</b></p> <p>Dr. Jim Wahl Dr. Kara Ruffatto Dr. Grenda</p>	<p style="text-align: center;"><b>Dental Assistants</b></p> <p>Marda Keys Crystal Ott</p>	<p style="text-align: center;"><b>Administrative Assistants</b></p> <p>Maria Capps Pam Simmons</p>
<p style="text-align: center;"><b>Volunteers</b></p> <p>Nedra Brown Max Woolf Kelsey Miller Kelly Boyle Kourtney Radochonski Sami Cordell Elizabeth Foster Kelsey Miller Kara Bartholme</p>	<p style="text-align: center;"><b>Interns</b></p> <p>Francesca Moral Michael Ori Nikki Hagen Karen Gomez Elizabeth Sams Kelly Podkowa</p>	<p style="text-align: center;"><b>IBCCP Intake Specialists</b></p> <p>Kathy Reardon Leah Brunkow Talia Oakley Megan Eiten</p>
		<p style="text-align: center;"><b>Vision &amp; Hearing Tech</b></p> <p>Becky Black</p>